Healthy for Life
1-Minute Surveys
Facilitator Instructions for Administration

Note: Each pre/post survey is specific to a Healthy for Life experience.

Checklist of important items:

☑ Paper surveys to administer to participants (either print double-sided copies or staple the 2 pages together)

Instructions:

1. Distribute paper surveys to every participant at the beginning of the session. Note that if you printed the document double-sided each participant will only get 1 paper (with a survey on each side). If you printed the document on 2 separate pages, each participant will get 2 papers (one should say PRE-Survey and the other should say POST-Survey in the title).

2. Ask the participants to complete the pre-survey or the first page of the document before you start the session. Ask them to keep the paper survey nearby as they will be completing the second page at the end of the experience.

3. At the end of your session, ask the participants to turn to the second page and complete the post-survey. Once both pages are completed, have the participants hand in the surveys to you before they leave.

*If the names on the pre-and-post surveys do not match, please discard the paper survey.