LEARN CPR
For drowning, the American Heart Association recommends rescue breaths along with compressions.

REMEMBER LIFE JACKETS
Half of all boating deaths could be prevented with their use.

LEARN TO SWIM
Drowning is the second-leading cause of death in children between ages 1 and 4.

SECURE THE POOL
Install fencing with self-closing gates at least 4-feet high to separate the pool from the house and yard.

STAYING SAFE in the water

TEACH SAFETY
Talk about risky behavior: diving or swimming in unfamiliar water, and alcohol or drug use while in or near water.

FAMILY’S SAFETY PLAN
It’s important for everyone in the family to be trained in CPR.

CLEAR OUT POOL TOYS
Make sure children aren’t tempted to play unsupervised.

Sources: Centers for Disease Control and Prevention, National Drowning Prevention Alliance
Published June 15, 2018