Life's Simple 7® Journey to Health™

Science Based • Evidence Informed

Take the Integrated Health Assessment
My Life Check® Enhance

Select a Health Screening
Onsite Provider
Laboratory Pharmacy

Know Your Numbers

Workplace Health Achievement Index
Science-based performance measures
Pre-populated aggregate data reporting

Benefit from Health Actions
Consumer activation and engagement
35 actions to help improve health

Overall Health Improvement
8.6

Incentive Management • Data Analytics

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It's never too late to make better health choices. We know that even simple, small changes can make a big difference in living healthier.

**Scheduling Tool**
- Pricing model: no site minimums and fully bundled pricing
- Retail pharmacy voucher program and LabCorp voucher program
- Staffing model: always send extra staff (3:1 ratio) and no agencies
- Flexible implementation
- Transmit results to multiple parties
- Types: onsite, PCP, lab, retail Rx, home test kit

**Interactive Online Reporting**
- Point & click functionality with interactive map
- Cohort analysis (year over year analysis of population health change)
- Evaluation of specific wellness programs
- Age, gender, and employee classification-specific views
- Import historical biometrics, program participation and claims data

**My Life Check Enhance Health Assessment**
- Science-based Life's Simple 7 health assessment tool
- Pre-populated lab values from screenings
- Health actions provided to Focus and Improve health in needed areas as identified by the assessment

**Incentive Management**
- Incentive tracking: participation-based, percent improvement, progress-based,
  - Appeals handling
- System flexibility: thresholds, test menu, activity based
- Intuitive work flow & incentive scorecard

**Biometric Screenings**
- Highly customizable online registration experience
- Online HIPAA authorization
- Communication engine to drive participation
- ADA compliant