Managing Cholesterol and Pursuing a Healthier Lifestyle
September 23, 2015
1 – 2pm CT

Objectives:
At the end of the webinar, participants will be able to:
- Define Life’s Simple 7
- Describe 10-year risk for heart attack and stroke using a risk calculator
- Identify how to improve cholesterol management and control
- Identify the role of public health in cholesterol awareness.

Audience:

Host:
The National Forum for Heart Disease & Stroke Prevention and the American Heart Association

Presenters:
John Clymer, Executive Director, National Forum for Heart Disease & Stroke Prevention
Jennifer G. Robinson, MD, MPH, FAHA, Professor, Departments of Epidemiology & Medicine Director, Prevention Intervention Center, University of Iowa
Eduardo Sanchez, M.D., M.P.H., Chief Medical Officer for Prevention, American Heart Association
April Wallace, MHA, Program Manager, Million Hearts® Collaboration, American Heart Association

Agenda:
- Welcome and Introductions, John Clymer
- Million Hearts® and Cholesterol, John Clymer
- Improving Cholesterol Management and Control, Dr. Jennifer G. Robinson
- Public Health Role in Cholesterol awareness, Dr. Eduardo Sanchez
- Review of Cholesterol Tools and Resources, April Wallace
- Q and A and Final Remarks, John Clymer