Advancing Million Hearts®:
AHA and Heart Disease and Stroke Prevention
Partners Working Together in Washington

THURSDAY, AUGUST 10, 2017
8:30 AM - 3:00 PM PST

Seattle Airport Marriott Hotel
3201 South 176th St.
Seattle, Washington 98188
MEETING PURPOSE:
Connecting staff from AHA Affiliates, state health departments and other state and local heart disease and stroke prevention partners to establish and engage in meaningful relationships around Million Hearts® efforts.

MEETING OBJECTIVES:
At the end of the meeting, participants will be able to:

1) Identify Million Hearts® focused activities for 2017
2) Recognize Million Hearts® evidence-based and practice-based CVD prevention strategies and approaches
3) List partner programs and resources that align with Million Hearts®
4) Identify programs efforts that align and ways to work together
5) Create plan for follow-up to increase engagement
6) Recognize key contacts within heart disease and stroke prevention

MEETING OUTCOMES
Attendees will have expanded their knowledge of evidence based programs, collaboration strategies, tools, resources and connections to align programs and new initiatives that support Million Hearts®.
AGENDA

8:30 AM  CONTINENTAL BREAKFAST AND PARTNER NETWORKING

9:00 AM  WELCOME AND OVERVIEW OF THE DAY
Julie Harvill
Operations Manager, Million Hearts® Collaboration

Pama Joyner
Director, Office of Healthy and Safe Communities, Prevention and Community Health, Washington State Department of Health

INTRODUCTIONS
John Bartkus
Pensivia

In one sentence, what excites you about your role in heart disease and stroke prevention?

9:30 AM  MILLION HEARTS® 2022
Robin Rinker, MPH, CHES,
Health Communications Specialist, Division for Heart Disease and Stroke Prevention, Centers for Disease Control and Prevention

• Million Hearts® Accomplishments
• What must happen to prevent?
• 2017 Focus

Q AND A / GROUP INTERACTION

10:15 AM  BREAK

10:30 AM  WASHINGTON STATE HEALTH DEPARTMENT PROGRAMS AND RESOURCES THAT ALIGN WITH MILLION HEARTS®
Cheryl Farmer, MD
Manager, Heart Disease, Stroke, and Diabetes Prevention Program Community-Based Prevention Section, Washington State Department of Health

Susan S. Buell
Association Director of Adult Healthy Lifestyles and Chronic Disease YMCA of Pierce and Kitsap Counties

Q AND A / GROUP INTERACTION

11:00 AM  QUALIS HEALTH PROGRAMS AND RESOURCES THAT ALIGN WITH MILLION HEARTS®
Jeff Sobotka, PMP, MBA, CPHIMS, CHP
Quality Improvement Consultant, Practice Coach, Qualis Health, Healthy Hearts Northwest Project

Q AND A / GROUP DISCUSSION
11:15 AM  **AHA/ASA PROGRAMS AND RESOURCES THAT ALIGN WITH MILLION HEARTS®**

Western States Affiliate Lindsay Hovind  
*Senior Director, Government Relations*

Elaine Kitamura  
*Regional Director, Multicultural Initiatives*

Kristen VanWart  
*Sr. Community Health Director, Field Operations/Development*

Elizabeth Peterson  
*Regional Director, Quality & Systems Improvement*

**Q AND A**

11:30 AM  **CATERED LUNCH**

12:30 PM  **AFTERNOON BREAKOUTS/FACILITATED DISCUSSIONS**

John Bartkus  

Group 1. Hypertension Control  
Group 2. Role of community health workers and community based organizations in addressing CVD  
Group 3. Worksite Wellness  
Group 4. Public Health Policy - Tobacco and Pharmacist

**WAYS TO WORK TOGETHER AND NEXT INTERACTIONS**

John Bartkus  

- Plan for follow-up to increase engagement  
- Key contacts within heart disease and stroke prevention with state

2:45 PM  **EVALUATION**

Whitney Garney

3:00 PM  **WRAP UP / ADJOURN**

April Wallace