I’m not even thinking about the flu. 😞

But the flu is likely to spread easily this season.

🤔 We didn’t get the flu last year.

Yes, but since it wasn’t as active, our bodies have less protection 😞

I’m hesitant to get a flu shot.

😊 Don’t be. It’s safe and will protect you from getting sick.

Why should I get the flu shot?

To help keep those around you healthy and safe too!

👍 So, it protects more than just me?

Yes, the flu shot helps keep you and your loved ones safe. 😍

Get your flu shot today!
heart.org/flu