

Transforming Cardiovascular Care

After 40 consecutive years of reductions in heart attacks and stroke death rates, there has been a worrisome upswing, especially in minority populations. Investment in innovation for new cardiovascular disease treatments is lagging, and while risk factor modifications could reduce the odds of CVD by 80%, a majority of preventable deaths remain attributable to cardiovascular disease. At the same time, access to optimal medical therapies is increasingly influenced by an individual's economic situation and financial resources. Eliminating barriers to care— those that limit provider and patient ability to access the best and most appropriate care and medicines—is a guiding value of the American Heart Association and a critical component to improving patient outcomes and quality of care for all.

Background:

In spring 2018, the American Heart Association convened the *Value in Healthcare Summit* to begin an important conversation about the problems facing cardiovascular patients in accessing and deriving quality and value from the healthcare system. In order to accelerate solutions to improve patient access and outcomes, participants were asked to share their expertise, experience and vision and bring creative energy, new attention and a willingness to take action on behalf of the patient public. As a result, forty pharmaceutical, pharmacy, payer, pharmacy benefit manager, healthcare provider, health system, government and technology leaders made bold new commitments in support of a shared vision for the healthcare system of the future.

Following the Summit, the American Heart Association and the Duke-Margolis Center for Health Policy announced an innovative collaboration, the Value in Healthcare Initiative - Transforming Cardiovascular Care. Together, the two organizations will model and test solutions in cardiovascular care and treatment, document impact and results and develop a framework for system-wide reform that supports an equitable and affordable system of care.

This bold new alliance aims to bring enterprise-wide solutions and leadership to the urgent issues facing patients.

Learning Collaboratives:

The Initiative has stood up four Learning Collaboratives as forums to convene participant organizations in addressing key opportunities for transforming care. These Learning Collaboratives bridge our nation's top researchers, regulators, and innovators and focus on:



Implementing value-based payment models for cardiovascular drugs, devices and care to incent appropriate use of both existing and innovative treatments and products



Partnering with regulators to offer new clinical trial methods and designs that support a more efficient model of cardiovascular innovation and ready the system for product uptake



Developing predict and prevent models that combine data, technology, and analytics to forecast future events and shift to upstream prevention rather than downstream treatment



Transforming the prior authorization process to better support the matching of patients with appropriate therapies

The Collaboratives, with guidance from an esteemed group of leaders on the Initiative's Executive Committee, work together to identify shared solutions and, as appropriate, roll out a series of pilots to evaluate these promising areas of reform. The pilots would leverage the collective data platforms and analytics of participating organizations to allow for rigorous measurement and evaluation of their impact on patients across the health continuum.

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Expected Outcomes:

With the guidance and expertise from the American Heart Association and the Duke-Margolis Center for Health Policy, and an Initiative Executive Committee, participating organizations work together virtually and in-person to identify key barriers and obstacles in the current system and develop disruptive solutions for models of care delivery and payment. **This unique work drives toward the following outcomes**:

- A Call to Action that lays out the current landscape of cardiovascular innovation and treatment and highlights needed reforms and opportunities to improve patient outcomes. (Published January 2019, Circulation)
- Actionable Learning Collaborative recommendations in high-priority areas. Together these
 outputs will guide change in support of a consumer-centric and sustainable system that
 promotes value, affordability and innovation to create the best and most appropriate
 healthcare for all. The products will analyze the current system, and synthesize the
 conversations and learnings generated to make recommendations for actionable and
 effective steps to bring concepts to scale. Building on these efforts, it will lay out potential
 solutions that will better align providers, insurers, and patients to address the remaining
 problems, and effective steps that can be taken to accelerate progress.
- A Patient Survey examining how cardiovascular disease and stroke patients assess "value" when interacting with the healthcare system. A group of AHA "Patient Ambassadors" assisted in designing the survey and serve as ongoing advisors to the Initiative to ensure it consistently and genuinely incorporates the patient perspective. (Findings published May 2020, Circulation: Cardiovascular Quality and Outcomes)
- High-profile publication and presentation of Roadmaps in journals and venues to give
 visibility to these transformational resources and ensure highest system-wide impact.
 (Forthcoming in Circulation: Cardiovascular Quality and Outcomes, May and July 2020)

Participating Organizations:

Amazon Amgen Anthem Apple

Association for Accessible Medicines
Association of Black Cardiologists

AstraZeneca

Becton, Dickinson & Co. Bristol-Myers Squib Boston Scientific

Biotechnology Innovation Organization (BIO)
Blue Cross Blue Shield of North Carolina
Centers for Medicare and Medicaid Services (CMS)

CVS Health

Diplomat Specialty Pharmacy Duke University Health Edwards Life Sciences

Eli Lilly Express Scripts

US Food and Drug Administration (FDA)

Genentech GE Healthcare HCA Humana Inova

Janssen North America Johnson & Johnson Kaiser Permanente LifeBridge Health The Medicines Company

Medtronic Merck

National Institutes of Health (NIH)

Novartis Pfizer Philips PhRMA

Quest Diagnostics Regeneron

Robert Wood Johnson Foundation

Sanofi UPMC

UPMC Enterprises
UnitedHealth Group

UT Southwestern Medical Center Walgreens Boots Alliance

Leadership:



Mark McClellan, M.D., Ph.D.

Director & Robert J. Margolis, MD, Professor of Business and Policy, Duke-Margolis Center for Health Policy; Former Administrator, CMS; Former Commissioner, FDA



Robert Califf, M.D., MACC

Head, Policy and Strategy Verily Life Sciences; Former Commissioner, FDA



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