



Tennessee has the 6th highest death rate from cardiovascular disease in the country.**

- Heart disease is the no. 1 killer in Tennessee*
- 16,019 people in Tennessee died of heart disease in 2017*
- Stroke is the no. 5 killer in Tennessee*
- 3,519 in Tennessee died of stroke in 2017*

Heart Disease and Stroke Risk Factors in Tennessee***

	<u>Tennessee</u>	<u>US</u>
Adults who are current smokers+	22.6%	17.1%
Adults who participate in 150+ min of aerobic physical activity per week	47%	50.6%
Adults who are overweight or obese++	68.2%	66.6%
Adults who have been told that they have had a heart attack	5.9%	4.2%
Adults who have been told that they have had a stroke	4.5%	3%
Adults who have been told that they have angina or coronary heart disease	4.9%	3.9%
Population of adults (18-64) who have some kind of health care coverage	85.6%	89.5%
High school Students who are obese+++	20.5%	14.8%
Percentage of population covered by Medicaid/Chip++++	20%	19%

- + Includes only cigarette smoking
- + Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more. +++ Students who were ≥ 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2017 ++++ Kaiser Family Foundation US and State Medicaid Fact Sheets, 2017

^{*} List includes Puerto Rico and D.C. Based on total number of deaths in 2015. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2017

[^] Also known as COPD (Chronic Obstructive Pulmonary Disorder): COPD and allied conditions (including asthma); the term in the ICD/10 is "chronic lower respiratory diseases

^{**} Based on 2014-2016 age-adjusted death rates. American Heart Association. Heart Disease and Stroke Statistics: 2019 Update. A Report from the American Heart Association. Circulation. ***Centers for Disease Control and Prevention. Behavioral Risk Factor Surveillance System Survey, 2017.