## South Dakota Fact Sheet

South Dakota has the $\mathbf{2 2}{ }^{\text {rd }}$ lowest death rate from cardiovascular disease in the country.**

- Heart disease is the no. 1 killer in South Dakota*
- 1,710 people in SD died of heart disease in 2017*
- Stroke is the no. 6 killer in South Dakota*
- 414 in South Dakota died of stroke in 2017*

Heart Disease and Stroke Risk Factors in SD***

|  | SD | $\underline{\text { US }}$ |
| :--- | :--- | :--- |
| Adults who are current smokers | $19.3 \%$ | $17.1 \%$ |
| Adults who participate in $150+$ min of aerobic physical activity per week | $50.9 \%$ | $50.6 \%$ |
| Adults who are overweight or obese+ | $67.8 \%$ | $66.6 \%$ |
| Adults who have been told that they have had a heart attack | $4.9 \%$ | $4.2 \%$ |
| Adults who have been told that they have had a stroke | $2.7 \%$ | $3 \%$ |
| Adults who have been told that they have angina or coronary heart disease | $4.7 \%$ | $3.9 \%$ |
| Population of adults (18-64) who have some kind of health care coverage | $89.5 \%$ | $89.5 \%$ |
| High school Students who are obese++ | N/A | $14.8 \%$ |
| Percentage of population covered by Medicaid/Chip+++ | $15 \%$ | $19 \%$ |

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[^0]:    * List includes Puerto Rico and D.C. Based on total number of deaths in 2015. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2017
    ${ }^{\wedge}$ Also known as COPD (Chronic Obstructive Pulmonary Disorder): COPD and allied conditions (including asthma); the term in the ICD/10 is "chronic lower respiratory diseases."
    ${ }^{* *}$ Based on 2014-2016 age-adjusted death rates. American Heart Association. Heart Disease and Stroke Statistics: 2019 Update. A Report from the American Heart Association. Circulation.
    ***Centers for Disease Control and Prevention. Behavioral Risk Factor Surveillance System Survey, 2017.
    + Includes only cigarette smoking
    ++ Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.
    +++ Students who were $\geq 95$ th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2017
    ++++ Kaiser Family Foundation US and State Medicaid Fact Sheets, 2017

