## Pennsylvania Fact Sheet



Pennsylvania has the $17^{\text {th }}$ lowest death rate from cardiovascular disease in the country.**

- Heart disease is the no. 1 killer in PA*
- 32,312 people in PA died of heart disease in 2017*
- Stroke is the no. 4 killer in PA*
-6,700 in PA died of stroke in 2017*

Heart Disease and Stroke Risk Factors in PA***

|  | PA | $\underline{\text { US }}$ |
| :--- | :--- | :--- |
| Adults who are current smokers | $18.8 \%$ | $17.5 \%$ |
| Adults who participate in $150+$ min of aerobic physical activity per week | $53 \%$ | $51 \%$ |
| Adults who are overweight or obese+ | $67.1 \%$ | $65.3 \%$ |
| Adults who have been told that they have had a heart attack | $4.7 \%$ | $4.2 \%$ |
| Adults who have been told that they have had a stroke | $3.8 \%$ | $2.9 \%$ |
| Adults who have been told that they have angina or coronary heart disease | $5.1 \%$ | $3.9 \%$ |
| Population of adults (18-64) who have some kind of health care coverage | $93.1 \%$ | $91 \%$ |
| High school Students who are obese++ | $14 \%$ | $13.9 \%$ |
| Percentage of population covered by Medicaid/Chip+++ | $19 \%$ | $20 \%$ |

[^0]
[^0]:    * Based on total number of deaths in 2015. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2017.
    $\wedge$ Also known as COPD (Chronic Obstructive Pulmonary Disorder): COPD and allied conditions (including asthma); the term in the ICD/10 is "chronic lower respiratory diseases."
    ** List includes Puerto Rico and D.C. Based on 2014-2016 age-adjusted death rates. American Heart Association. Heart Disease and Stroke Statistics: 2019 Update. A Report from the American Heart Association. Circulation.
    ***Centers for Disease Control and Prevention. Behavioral Risk Factor Surveillance System Survey, 2017.
    + Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.
    ++ Students who were $\geq 95$ th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2015
    +++ Kaiser Family Foundation US and State Medicaid Fact Sheets, 2016

