



## Nevada has the 11<sup>th</sup> highest death rate from cardiovascular disease in the country.\*\*

• Heart disease is the no. 1 killer in Nevada\*

• Stroke is the no. 5 killer in Nevada\*

1,137 in Nevada died of stroke in 2017\*

• 6,417 people in Nevada died of heart disease in 2017\*

## Heart Disease and Stroke Risk Factors in Nevada\*\*\*

	<u>Nevada</u>	<u>US</u>
Adults who are current smokers	17.6%	17.1%
Adults who participate in 150+ min of aerobic physical activity per week	47.1%	50.6%
Adults who are overweight or obese+	65.7%	66.6%
Adults who have been told that they have had a heart attack	4.8%	4.2%
Adults who have been told that they have had a stroke	3%	3%
Adults who have been told that they have angina or coronary heart disease	4.3%	3.9%
Population of adults (18-64) who have some kind of health care coverage	84.7%	89.5%
High school Students who are obese++	14%	14.8%
Percentage of population covered by Medicaid/Chip+++	18%	19%

<sup>\*</sup> Based on total number of deaths in 2017. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2017. ^ Also known as COPD (Chronic Obstructive Pulmonary Disorder): COPD and allied conditions (including asthma); the term in the ICD/10 is "chronic lower respiratory

diseases." \*\* List includes Puerto Rico and D.C. Based on 2014-2016 age-adjusted death rates. American Heart Association. Heart Disease and Stroke Statistics: 2019 Update. A Report

 <sup>\*\*</sup>Control and Prevention. Behavioral Risk Factor Surveillance System Survey, 2017.
+ Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.
++ Students who were ≥ 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2017

<sup>+++</sup> Kaiser Family Foundation US and State Medicaid Fact Sheets, 2016