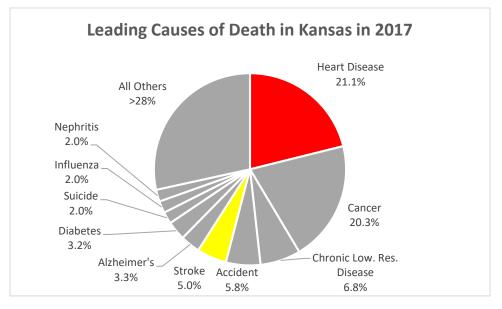


## **Kansas Fact Sheet**



## Kansas has the 20th highest death rate from cardiovascular disease in the country.\*\*

Heart disease is the no. 1 killer in Kansas\*

Stroke is the no. 5 killer in Kansas\*

1,355 in Kansas died of stroke in 2017\*

• 5,723 people in Kansas died of heart disease in 2017\*

## Kansas US 17.4% 17.5% Adults who are current smokers 49.3% 51% Adults who participate in 150+ min of aerobic physical activity per week 67.3% 65.3% Adults who are overweight or obese+ 4.2% 4.2% Adults who have been told that they have had a heart attack 2.9% 2.9% Adults who have been told that they have had a stroke 4% 3.9% Adults who have been told that they have angina or coronary heart disease 91% Population of adults (18-64) who have some kind of health care coverage 87.5% 13.9% High school Students who are obese++ 13.1% 20% Percentage of population covered by Medicaid/Chip+++ 14%

Heart Disease and Stroke Risk Factors in Kansas\*\*\*

<sup>1</sup> Based on total number of deaths in 2017. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2017.

Also known as COPD (Chronic Obstructive Pulmonary Disorder): COPD and allied conditions (including asthma); the term in the ICD/10 is "chronic lower respiratory

- diseases. \* List includes Puerto Rico and D.C. Based on 2014-2016 age-adjusted death rates. American Heart Association. Heart Disease and Stroke Statistics: 2019 Update. A Report from the American Heart Association. Circulation.
- \*\*\*Centers for Disease Control and Prevention. Behavioral Risk Factor Surveillance System Survey, 2017. + Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.

++ Students who were ≥ 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2017

+++ Kaiser Family Foundation US and State Medicaid Fact Sheets, 2016