



Arizona has the 6<sup>nd</sup> lowest death rate from cardiovascular disease in the country.\*\*

Heart disease is the no. 1 killer in Arizona\*

- Stroke is the no. 6 killer in Arizona\*
- 2,681 in Arizona died of stroke in 2017\*
- 12,398 people in Arizona died of heart disease in 2017\*
  - Heart Disease and Stroke Risk Factors in Arizona\*\*\*

	<u>Arizona</u>	<u>US</u>
Adults who are current smokers	15.6%	17.1%
Adults who participate in 150+ min of aerobic physical activity per week	52.7%	50.6%
Adults who are overweight or obese+	64.8%	66.6%
Adults who have been told that they have had a heart attack	4.1%	4.2%
Adults who have been told that they have had a stroke	2.8%	3%
Adults who have been told that they have angina or coronary heart disease	3.7%	3.9%
Population of adults (18-64) who have some kind of health care coverage	87.4%	89.5%
High school Students who are obese++	12.3%	14.8%
Percentage of population covered by Medicaid/CHIP+++	21%	19%

\* Based on total number of deaths in 2017. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2017.
^ Also known as COPD (Chronic Obstructive Pulmonary Disorder): COPD and allied conditions (including asthma); the term in the ICD/10 is "chronic lower respiratory diseases."
\*\* List includes Puerto Rico and D.C. Based on 2014-2016 age-adjusted death rates. American Heart Association. Heart Disease and Stroke Statistics: 2019 Update. A Report from the American Heart Association. Circulation.
\*\*\*Centers for Disease Control and Prevention. Behavioral Risk Factor Surveillance System Survey, 2017.
\* Overweight is defined as having a body mass index (BII) of 25.0-29.9. Obsee is defined as having a body mass index of 30.0 or more.
\* Students who were 2 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention. System, 2017
\* Haiser Family Foundation US and State Medicaid Fact Sheets, 2016