

Coke: 13 tsp
Starbucks Frapp: 9 tsp
Gatorade: 6.8 tsp
Red bull: 7.8 tsp
Tropicana: 6.6 tsp

Dr. Pepper: 12.8 tsp
Vitamin Water: 6.2 tsp
Lipton Iced Tea: 6.6 tsp
Monster: 5.4 tsp
Ocean Spray: 9 tsp