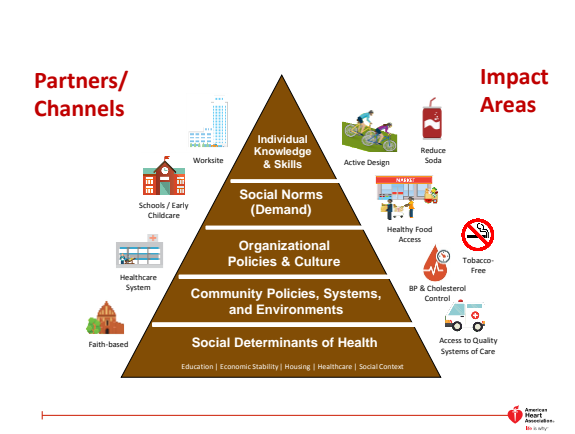
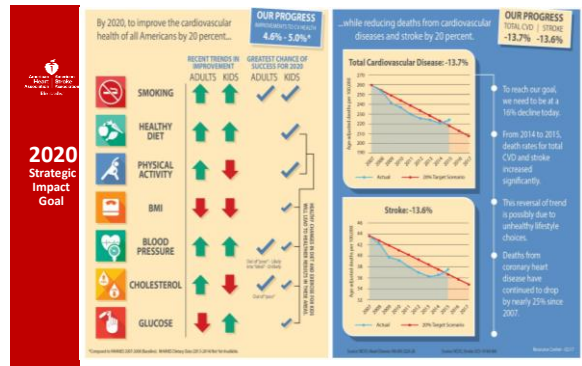


**MISSION** ▶ Build healthier lives, free of cardiovascular diseases and stroke.

**2020 IMPACT GOAL** ▶ By 2020, to improve the cardiovascular health of all Americans by 20% while reducing deaths from cardiovascular diseases and stroke by 20%.



**COMMUNITY IMPACT**

**CONTROL YOUR BLOOD PRESSURE**  
Helpful resources for you.

**Check. Change. Control. CHOLESTEROL**  
DRIVING MILLIONS TO BETTER CHOLESTEROL MANAGEMENT

**Check. Change. Control.**

Adults with diabetes are up to **2-4 TIMES** more likely to have cardiovascular disease than people without diabetes.

### AHA and Million Hearts®: Spotlight on Wyoming

*Get With The Guidelines & Mission: Lifeline Quality Awards*

CHEYENNE REGIONAL MEDICAL CENTER

- GWTG- Heart Failure
- GWTG- Stroke



WYOMING MEDICAL CENTER

- GWTG- Heart Failure
- GWTG- Stroke



### AHA and Million Hearts®: Spotlight on Wyoming: Advocacy

POLICY PRIORITIES

Organized by category, based on scientific research and modified each year based on latest data and how many people impacted

YOU'RE THE CURE NETWORK, WY STATE ADVOCACY COMMITTEE

Grassroots advocacy network and statewide grassroots advocates



### Policy Priorities in Wyoming

HEALTHY EATING/ ACTIVE LIVING

Support efforts to increase active living and healthy eating through policy

SYSTEMS OF CARE

Support policy that establishes best practices and streamlined protocols of care throughout the state

TOBACCO FREE

Support efforts to decrease tobacco use in Wyoming



ADVOCACY SUCCESS: PULSE OXIMETRY

Wyoming recently adopted a policy ensuring all newborns are screened for Critical Congenital Heart Defects using pulse oximetry testing.



The policy went into effect on January 1, 2018

Heart Heroes from across Wyoming met with Governor Mead to thank him for signing the amended rules in a swift manner

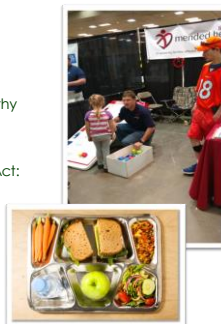


HEALTHY EATING AND ACTIVE LIVING

Support efforts to increase active living and healthy eating through policy

Supplemental Nutrition Assistance Program: Healthy food incentives program

Every Student Succeeds Act: Increasing quality and quantity of Physical Education in schools through ESSA



SYSTEMS OF CARE TELEPHONE CPR (T-CPR)

Dispatchers are seen as lifelines

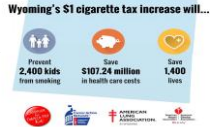
T-CPR would add high-quality CPR training to state required 911 dispatch training (an additional 4 hours)

T-CPR has been shown to dramatically increase bystander CPR rates and is associated with improved patient survival



**TOBACCO FREE**

- ▶ A minimum \$1 tax increase on tobacco products
  - Last tobacco tax increase was in 2004
  - Revenue Committee sponsored bill in 2018
- ▶ State-wide/Local Smoke-Free
  - Cheyenne, Casper, Laramie, Evanston, Cowley
  - Afton, Green River, Rock Springs
- ▶ Tobacco 21
  - Increase legal age to purchase tobacco
- ▶ Tobacco Cessation Funding
  - Protecting and securing funding



**ADVOCATING FOR HEART**

- ▶ You're the Cure advocates gathered at the State Capitol Building to meet their lawmakers and advocate for AHA policies
- ▶ Gov. Mead signed a proclamation declaring February 'Heart Month' in Wyoming



**ADVOCATE TODAY!**



- Text '**HEART**' to **46839** to receive campaign updates via text
- Sign a petition card



**ONLINE TOOLS**

- ▶
  - AHA Wyoming Facebook Page
  - Sign up For You're the Cure
  - My Life Check
  - Heart Attack Risk Calculator
  - AHA's Smoking Cessation Tools and Resources
  - AHA Workplace Health Solutions



**RESOURCES**

- ▶
  - EmPowered to Serve
  - Get With The Guidelines
  - Check.Change.Control
  - Target: BP



**DISCUSSION**

- ▶ Is there a program you were unaware of that you would like to explore further for implementation or application in the state?
- ▶ On which topics would you like additional information?
- ▶ Other questions or areas to discuss?



**CONTACT INFORMATION**

- ▶ **Kristen Waters**, Government Relations & Community Integration Director  
♥ Jackson, WY / Cheyenne WY  
♥ [Kristen.Waters@heart.org](mailto:Kristen.Waters@heart.org)
- ▶ **Debbie Hornor**, Senior Vice President, Health Strategies, SouthWest Affiliate  
♥ Denver, CO  
♥ [Debbie.Hornor@heart.org](mailto:Debbie.Hornor@heart.org)

- ▶ Facebook.com/ahawyoming/
- ▶ @heart\_south

