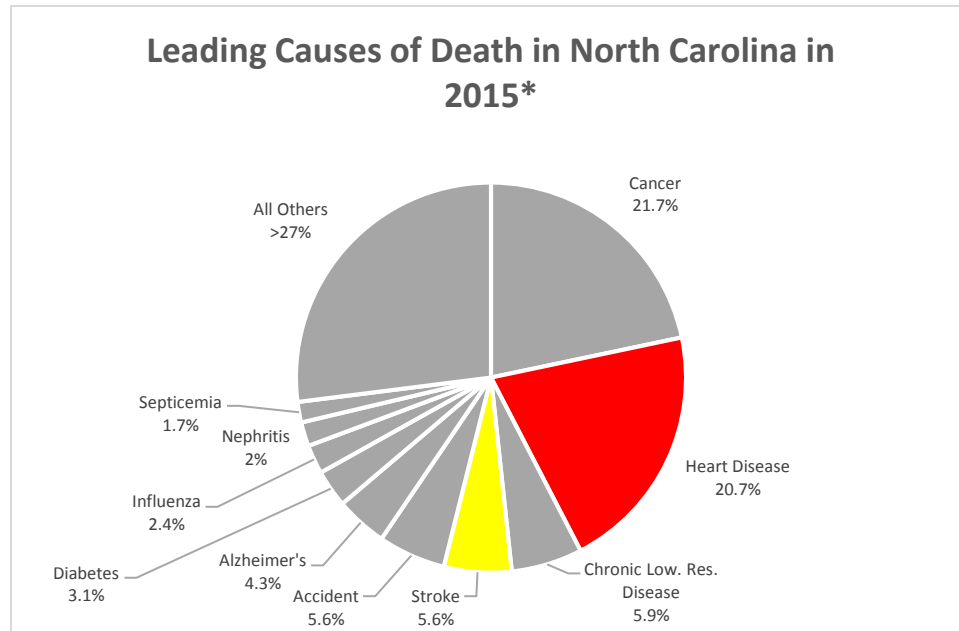


North Carolina Fact Sheet



North Carolina has the 22nd highest death rate from cardiovascular disease in the country.**

- Heart disease is the no. 2 killer in NC*
- 18,474 people in NC died of heart disease in 2015*
- Stroke is the no. 4 killer in NC*
- 5,033 in NC died of stroke in 2015*

Heart Disease and Stroke Risk Factors in NC***

	NC	US
Adults who are current smokers	19%	17.5%
Adults who participate in 150+ min of aerobic physical activity per week	48.1%	51%
Adults who are overweight or obese+	65.9%	65.3%
Adults who have been told that they have had a heart attack	4.3%	4.2%
Adults who have been told that they have had a stroke	3.7%	2.9%
Adults who have been told that they have angina or coronary heart disease	4.7%	3.9%
Population of adults (18-64) who have some kind of health care coverage	84.6%	91%
High school Students who are obese++	16.4%	13.9%
Percentage of population covered by Medicaid/Chip+++	18%	20%

* List includes Puerto Rico and D.C. Based on total number of deaths in 2015. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2015.
 ^ Also known as COPD (Chronic Obstructive Pulmonary Disorder); COPD and allied conditions (including asthma); the term in the ICD/10 is "chronic lower respiratory diseases."
 ** Based on 2012-2014 age-adjusted death rates. American Heart Association. Heart Disease and Stroke Statistics: 2017 Update. A Report from the American Heart Association. Circulation.
 ***Centers for Disease Control and Prevention. Behavioral Risk Factor Surveillance System Survey, 2015.
 + Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.
 ++ Students who were ≥ 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2015
 +++ Kaiser Family Foundation US and State Medicaid Fact Sheets, 2015