South Dakota State Fact Sheet

Leading Causes of death in South Dakota in 2013*

- Heart Disease 23%
- Stroke 6%
- Cancer 22%
- Alzheimer's Disease 6%
- Accident 6%
- Chronic Low. Respiratory Disease 6%
- Diabetes Mellitus 3%
- Liver Disease 2%
- Suicide 2%
- Influenza & Pneumonia 3%
- All Others 21%

South Dakota has the 29th highest death rate from cardiovascular disease in the country.**

- Heart disease is the No. 1 killer in South Dakota*
- Stroke is the No. 5 killer in South Dakota*
- 1,630 people in South Dakota died of heart disease in 2013*
- 418 people in South Dakota died of stroke in 2013*

Heart Disease and Stroke Risk Factors in South Dakota

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>South Dakota</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adults who are current smokers</td>
<td>19.6%</td>
<td>19%</td>
</tr>
<tr>
<td>Adults who participate in 150+ min of aerobic physical activity per week</td>
<td>53.7%</td>
<td>50.5%</td>
</tr>
<tr>
<td>Adults who are overweight or obese+</td>
<td>67%</td>
<td>64.3%</td>
</tr>
<tr>
<td>Adults who have been told that they have had a heart attack</td>
<td>5.1%</td>
<td>4.4%</td>
</tr>
<tr>
<td>Adults who have been told that they have had a stroke</td>
<td>2.8%</td>
<td>2.8%</td>
</tr>
<tr>
<td>Adults who have been told that they have angina or coronary heart disease</td>
<td>4.6%</td>
<td>4.1%</td>
</tr>
<tr>
<td>Population of adults (18-64) who have some kind of health care coverage</td>
<td>85.1%</td>
<td>80%</td>
</tr>
<tr>
<td>High school Students who are obese++</td>
<td>11.9%</td>
<td>13.7%</td>
</tr>
</tbody>
</table>

* List includes Puerto Rico and D.C. Based on total number of deaths in 2013. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2013.

** Also known as COPD (Chronic Obstructive Pulmonary Disorder): COPD and allied conditions (including asthma); the term in the ICD/10 is "chronic lower respiratory diseases."


+ Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.

++ Students who were ≥ 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2013.