Kentucky State Fact Sheet

Leading Causes of death in Kentucky in 2013*

- Heart Disease 23%
- Cancer 23%
- Chronic Low. Respiratory Disease 7%
- All Others 25%
- Suicide 2%
- Influenza & Pneumonia 2%
- Nephritis 2%
- Diabetes Mellitus 3%
- Alzheimer’s Disease 3%
- Accident 6%
- Stroke 5%

Kentucky has the 8th highest death rate from cardiovascular disease in the country.**

* Heart disease is the No. 2 killer in Kentucky*
* Stroke is the No. 5 killer in Kentucky*
* 9,971 people in Kentucky died of heart disease in 2013*
* 1,990 people in Kentucky died of stroke in 2013*

Heart Disease and Stroke Risk Factors in Kentucky

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>Kentucky</th>
<th>US</th>
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</thead>
<tbody>
<tr>
<td>Adults who are current smokers</td>
<td>26.5%</td>
<td>19%</td>
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<tr>
<td>Adults who participate in 150+ min of aerobic physical activity per week</td>
<td>46%</td>
<td>50.5%</td>
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<tr>
<td>Adults who are overweight or obese+</td>
<td>67.3%</td>
<td>64.3%</td>
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<tr>
<td>Adults who have been told that they have had a heart attack</td>
<td>6%</td>
<td>4.4%</td>
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<tr>
<td>Adults who have been told that they have had a stroke</td>
<td>4.2%</td>
<td>2.8%</td>
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<tr>
<td>Adults who have been told that they have angina or coronary heart disease</td>
<td>6.1%</td>
<td>4.1%</td>
</tr>
<tr>
<td>Population of adults (18-64) who have some kind of health care coverage</td>
<td>78%</td>
<td>80%</td>
</tr>
<tr>
<td>High school Students who are obese++</td>
<td>18%</td>
<td>13.7%</td>
</tr>
</tbody>
</table>

* List includes Puerto Rico and D.C. Based on total number of deaths in 2013. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2013.
* Also known as COPD (Chronic Obstructive Pulmonary Disorder): COPD and allied conditions (including asthma); the term in the ICD/10 is “chronic lower respiratory diseases.”
+ Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.
++ Students who were ≥ 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2013.