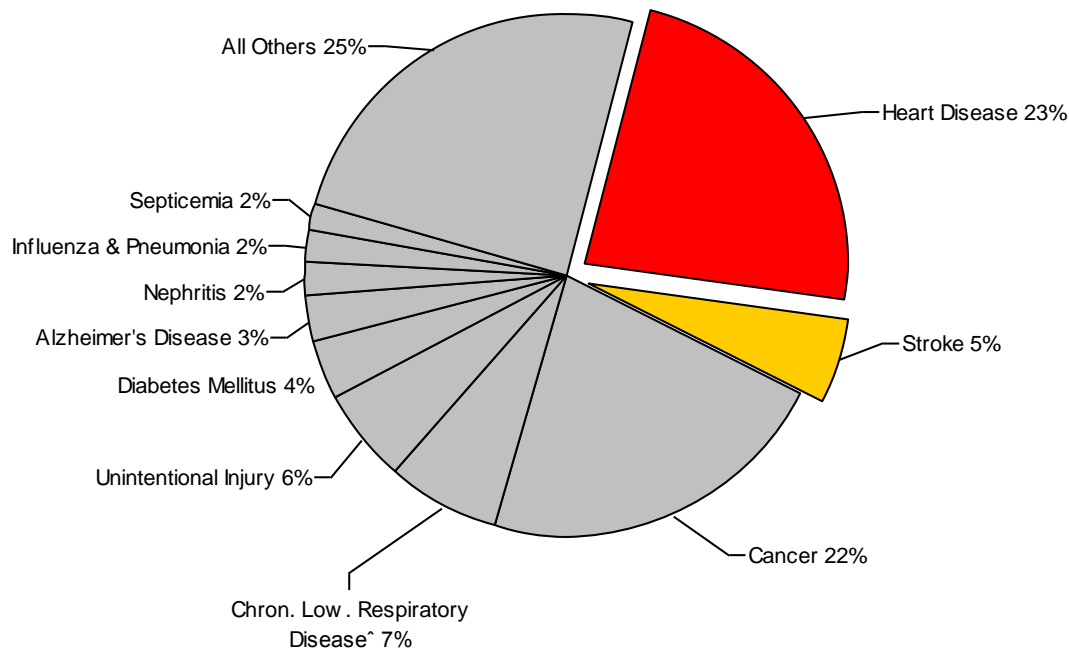




## West Virginia State Fact Sheet

**Leading Causes of death in West Virginia in 2010\***



**West Virginia has the 4th highest death rate from cardiovascular disease in the country.\*\***

- Heart disease is the No. 1 killer in West Virginia\*
- Stroke is the No. 5 killer in West Virginia\*
- 4,897 people in West Virginia died of heart disease in 2010\*
- 1,104 people in West Virginia died of stroke in 2010\*

### Heart Disease and Stroke Risk Factors in West Virginia

	<u>West Virginia</u>	<u>US</u>
Adults who are current smokers	28.6%	21.1%
Adults who participate in 150+ min of aerobic physical activity per week	43%	51.6%
Adults who are overweight or obese+	68.9%	63.5%
Adults who have been told that they have had a heart attack	6.2%	4.4%
Adults who have been told that they have had a stroke	3.9%	2.9%
Adults who have been told that they have angina or coronary heart disease	6.7%	4.1%
Population of adults (18-64) who have some kind of health care coverage	75%	78.9%
High school Students who are obese++	14.6%	13%

\* Based on total number of deaths in 2010. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2010.

^ Also known as COPD (Chronic Obstructive Pulmonary Disorder); COPD and allied conditions (including asthma); the term in the ICD/10 is "chronic lower respiratory diseases."

\*\* List includes Puerto Rico and D.C. Based on 2007-09 age-adjusted death rates (ranked from worst to best CVD health). American Heart Association. Heart Disease and Stroke Statistics, 2013 Update: A Report from the American Heart Association. Circulation. Accessed, Jan. 18, 2013.

\*\*\*Centers for Disease Control and Prevention. Behavioral Risk Factor Surveillance System Survey, 2011.

+ Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.

++ Students who were ≥ 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2011.