Tennessee has the 7th highest death rate from cardiovascular disease in the country.**

* Heart disease is the No. 1 killer in Tennessee*

* Stroke is the No. 5 killer in Tennessee*

* 14,582 people in Tennessee died of heart disease in 2010*

* 3,205 people in Tennessee died of stroke in 2010*


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**Leading Causes of death in Tennessee in 2010***

- Heart Disease 24%
- Cancer 23%
- All Others 23%
- Stroke 5%
- Suicide 2%
- Nephritis 2%
- Influenza & Pneumonia 2%
- Diabetes Mellitus 3%
- Alzheimer's Disease 4%
- Unintentional Injury 6%
- Chron. Low. Respiratory Disease 6%

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**Heart Disease and Stroke Risk Factors in Tennessee**

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>Tennessee</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adults who are current smokers</td>
<td>23%</td>
<td>21.1%</td>
</tr>
<tr>
<td>Adults who participate in 150+ min of aerobic physical activity per week</td>
<td>39%</td>
<td>51.6%</td>
</tr>
<tr>
<td>Adults who are overweight or obese+</td>
<td>66.5%</td>
<td>63.5%</td>
</tr>
<tr>
<td>Adults who have been told that they have had a heart attack</td>
<td>5.2%</td>
<td>4.4%</td>
</tr>
<tr>
<td>Adults who have been told that they have had a stroke</td>
<td>3.8%</td>
<td>2.9%</td>
</tr>
<tr>
<td>Adults who have been told that they have angina or coronary heart disease</td>
<td>5%</td>
<td>4.1%</td>
</tr>
<tr>
<td>Population of adults (18-64) who have some kind of health care coverage</td>
<td>78.3%</td>
<td>78.9%</td>
</tr>
<tr>
<td>High school Students who are obese++</td>
<td>15.2%</td>
<td>13%</td>
</tr>
</tbody>
</table>

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* Based on total number of deaths in 2010. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2010.

**Also known as COPD (Chronic Obstructive Pulmonary Disorder): COPD and allied conditions (including asthma); the term in the ICD/10 is “chronic lower respiratory diseases.”


* Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.

++ Students who were ≥ 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2011.