Leading Causes of death in Hawaii in 2010*

- Heart Disease 23%
- Cancer 24%
- Unintentional Injury 4%
- All Others 27%
- Heart Disease is the No. 2 killer in Hawaii*
- Stroke 6%
- Stroke is the No. 3 killer in Hawaii*
- Influenza & Pneumonia 3%
- Nephritis 2%
- Alzheimer's Disease 2%
- Diabetes Mellitus 3%
- Unintentional Injury 4%
- Adults who are current smokers
- Adults who participate in 150+ min of aerobic physical activity per week
- Adults who are overweight or obese+
- Adults who have been told that they have had a heart attack
- Adults who have been told that they have angina or coronary heart disease
- Population of adults (18-64) who have some kind of health care coverage
- High school Students who are obese++

Hawaii has the 48th highest death rate from cardiovascular disease in the country.**

- Heart disease is the No. 2 killer in Hawaii*
- 2,239 people in Hawaii died of heart disease in 2010*
- Stroke is the No. 3 killer in Hawaii*
- 605 people in Hawaii died of stroke in 2010*

Heart Disease and Stroke Risk Factors in Hawaii

<table>
<thead>
<tr>
<th>Factor</th>
<th>Hawaii</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adults who are current smokers</td>
<td>16.8%</td>
<td>21.1%</td>
</tr>
<tr>
<td>Adults who participate in 150+ min of aerobic physical activity per week</td>
<td>58.5%</td>
<td>51.6%</td>
</tr>
<tr>
<td>Adults who are overweight or obese+</td>
<td>55.7%</td>
<td>63.5%</td>
</tr>
<tr>
<td>Adults who have been told that they have had a heart attack</td>
<td>3.2%</td>
<td>4.4%</td>
</tr>
<tr>
<td>Adults who have been told that they have had a stroke</td>
<td>2.5%</td>
<td>2.9%</td>
</tr>
<tr>
<td>Adults who have been told that they have angina or coronary heart disease</td>
<td>3%</td>
<td>4.1%</td>
</tr>
<tr>
<td>Population of adults (18-64) who have some kind of health care coverage</td>
<td>88.6%</td>
<td>78.9%</td>
</tr>
<tr>
<td>High school Students who are obese++</td>
<td>13.2%</td>
<td>13%</td>
</tr>
</tbody>
</table>

* Based on total number of deaths in 2010. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2010.


+ Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.

++ Students who were ≥ 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2011.