CELEBRATED yesterday's successes.

HONORED today's leaders.

INSPIRED tomorrow's innovations.
Jeannine Rivet was drawn to a career in nursing because “I would be working with individuals and their families to provide the best care possible.” But Jeannine was just getting started on a career in health care that would leave a legacy stretching across the business, health, and philanthropic arenas.

She joined UnitedHealth Group in 1990 as VP of Health Service Operations and quickly advanced through the company to EVP of UnitedHealth Group and CEO of UnitedHealthcare, Ingenix and Optum before retiring in 2018. She continues to serve on numerous corporate boards and foundations.

With all of her success, Jeannine’s generous spirit and humble beginnings were never forgotten. “My husband, Warren, and I grew up in small towns. Our parents lead by example – sharing and helping whenever they could. We have been blessed with wonderful careers and now can purposely give of our treasure and time.”

And give she did, leading several initiatives making corporate social responsibility part of the culture at UnitedHealth Group. She got involved with the American Heart Association after watching her mom suffer from obesity, Type 2 diabetes and later several strokes, hoping to move the agenda on heart education and research. “She is a driving force in challenging industry to enhance health and well-being through information, collaboration, social responsibility, corporate giving and advancement of optimal healthcare,” said Holly Messick, executive director of the American Heart Association, Minnesota. "She is a mentor to so many."

Jeannine has been recognized as one of the most powerful women in American business by numerous organizations. At the 25th anniversary Heart Ball on Nov. 1, 2019, the American Heart Association honored her with the Heart of the City Award for her exceptional leadership and philanthropy to advance the health of our community.

“We have been blessed with wonderful careers and now we can purposely give of our treasure and time.”

- Jeannine Rivet
MPH, BSN, RN, FAAN
Headaches had become a weekly occurrence for Jason over the last few years. More of an annoyance than a hindrance since they were intermittent. But one thing that kept bugging him in the back of his mind was his father’s suffering and ultimately death from a stroke in 2016. Even though Jason was a healthy, active 44-year-old, he knew the chances of a stroke for him were higher now that there was a family history. Could these pesky headaches be the early signs that a stroke was in his future too?

“I remember my dad complained of headaches before he had his stroke, so I really felt like I needed to pursue this and be an advocate for my health,” recalls Jason. That concern pushed him to see a physician and get it checked. Because of the family history, his doctor ordered an MRI to rule out anything. An abnormal MRI of his heart prompted a CT scan. After weeks of testing, Jason was ultimately diagnosed with an aortic aneurysm which required immediate attention before it ruptured. Jason was incredibly lucky. Eight out of 10 people with a ruptured aortic aneurysm either die before they reach the hospital or don’t survive surgery. “My dad’s stroke created a family history that got us to pay much closer attention to our health. My father saved my life” explains Jason.

In April 2018, Jason had a repaired heart and went through intensive cardiac rehab with an ambitious goal in mind: to walk at the Twin Cities Heart Walk the next month. “I wanted to set a goal for myself. It was an opportunity to get out of the house, feel normal again and celebrate my recovery,” recalls Jason. And he did walk in the Heart Walk that year and returned this spring to walk again and celebrate his full recovery as well as his brother’s life -- who was diagnosed with the same genetic condition as Jason.

The Heart Walk allowed Jason and his family to celebrate his father’s life, the gift of knowledge he gave them, and the advancements in cardiac care that allowed Jason and his brother to both experience a full recovery. Jason noted that 25 years ago the procedure to fix his heart didn’t exit. There have been so many advancements over the past 25 years. “I’m happy to share my story because I see the advancements and want to give back.”

“My dad’s stroke created a family history that got us to pay closer attention to our health. My father saved my life.”

- Jason Tschetter
<table>
<thead>
<tr>
<th>Year</th>
<th>Event</th>
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<tr>
<td>1994</td>
<td>FDA approves use of stents to open blocked arteries.</td>
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<td>1995</td>
<td>California is first state to enact state-wide public indoor smoking ban. Studies have shown smoking bans drive down heart attack rates by one-third.</td>
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<td>1997</td>
<td>Florida is first state to enact laws requiring AEDs, external defibrillators, be in public spaces. Today, all states require AEDs in public spaces like schools and airports.</td>
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<td>2002</td>
<td>First robotically-assisted heart surgery in U.S.</td>
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<td>2004</td>
<td>Go Red For Women launched to raise awareness of women’s No. 1 killer – heart disease. Today, 34 percent fewer women die of heart disease.</td>
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<td>2007</td>
<td>Minnesota becomes 20th state to go smoke-free with the Freedom to Breathe Act, restricting the act of smoking tobacco products in all public places and protecting Minnesotans from secondhand smoke.</td>
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<td>2012</td>
<td>Minnesota passes CPR in Schools law requiring all students learn &quot;Hands-Only CPR&quot; before graduation.</td>
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<td>2015</td>
<td>Minnesota first state to establish state-wide stroke system of care.</td>
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<td>2019</td>
<td>More than 40 cities and counties in Minnesota have raised the tobacco purchase age to 21 preventing 30,000 Minnesota youth from ever starting the deadly addiction.</td>
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THANK YOU!

Because of the generosity of our donors, sponsors and volunteers we raised over $1 million at our 25th anniversary event to support research innovations and improve health equity in our community.

Heart of the City HONOREE

Jeannine Rivet
Retired EVP
UnitedHealth Group

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Jenny O’Brien
Chief Compliance Officer
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Celebrity Chef

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