



American Heart Association®

Target: Pulmonary Embolism

AMERICAN HEART ASSOCIATION'S

Target: Pulmonary Embolism National Model-Sharing Series

2026

Pulmonary embolism (PE), a type of venous thromboembolism (VTE), or blood clots in the veins, sends more than half a million people to U.S. hospitals each year, highlighting its growing impact as a leading cause of cardiovascular morbidity and mortality.

To learn more, visit: [Heart.org/TargetPE](https://heart.org/TargetPE)



Stryker Peripheral Vascular is proud to support the American Heart Association's Target: Pulmonary Embolism initiative.



American Heart Association®

Target: Pulmonary Embolism

CONNECTION FORUM:

PE is a time-sensitive emergency, requiring rapid assessment, diagnosis, coordinated care, and informed treatment decisions. Opportunities exist to improve how hospitals identify, risk-stratify, intervene, and manage PE patients, as care variability continues to drive preventable complications, poorer outcomes, and disparities.

To address these gaps, the American Heart Association launched the three-year “Target: Pulmonary Embolism” initiative designed to better understand gaps in PE care and highlight what’s working well, so more patients get the timely, effective treatment they need.

In its first year, the initiative delivered educational resources — including a webinar and forum — that convened national experts to share insights and strengthen team-based PE care.

Why Watch?

- Hear first-hand experiences shared by healthcare professionals and patients
- Translate the 2026 AHA/ACC Acute PE Guidelines into real-world practice
- Learn strategies on how to build and sustain effective PE programs
- Advance PE systems of care
- Compare care models across diverse hospital settings



Scan to Watch

Watch Target: PE's Connection Forum now to expand your knowledge and advance PE systems of care.

Learn from leading PE experts across America by watching sessions from this unique forum:



Rohit Amin, MD
Interventional Cardiologist
Ascension Sacred Heart Hospital



Mona Ranade, MD
Vascular & Interventional Radiologist
Stanford Health Care



John Babb, BSN, RN
Cardiac Cath Lab Nurse & PE Survivor
Ascension Sacred Heart Hospital



Eric Bondarsky, MD
Pulmonologist & Critical Care Specialist
NYU Langone Health



Matthew J. Scheidt, MD, FSIR
Vascular & Interventional Radiologist
Froedtert Hospital



Vikas Aggarwal, MD, MPH
Interventional & Endovascular Cardiologist
Henry Ford Health



Lisa Baumann Kreuziger, MD, MS
Hematologist
Froedtert Hospital



Justin Morrison, MD, FSCAI, FACC, FSVM, RPVI
Interventional & Endovascular Cardiologist
OhioHealth



Jamie Aranda, MD
Emergency Medicine Physician
Froedtert Hospital



Sara Anderson, BS, RN
Heart & Vascular Program Coordinator
OhioHealth

Understanding Pulmonary Embolism from a Patient Lens

Rohit R. Amin, MD | John Babb, BSN, RN



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This session brings the patient voice to the forefront, highlighting lived experiences of PE and recovery through the real-life story of a cardiac cath lab nurse who was treated by his very own care team at Ascension Sacred Heart Pensacola after a life-threatening PE. His journey underscores the urgency of PE recognition, the impact of coordinated, patient-centered care, and the true “why” behind the Target: PE initiative.

Practical Implementation of 2026 AHA/ACC Acute PE Guidelines

Mona Ranade, MD | Matthew J. Scheidt, MD, FSIR | Lisa Baumann Kreuziger, MD, MS | Jamie Aranda, MD



Scan to
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This panel discussion explores early, real-world experiences implementing or adapting to the 2026 AHA/ACC Acute PE Guidelines. Panelists from Stanford Health Care and Froedtert Hospital share practical approaches, initial challenges, and early lessons learned as their institutions begin aligning PE workflows and protocols with the updated recommendations. A case review from one of the co-authors of the 2026 guidelines also highlights a few key nuances and common challenges clinicians face when applying the new guidance in practice.

Building a PE Program

Vikas Aggarwal, MD, MPH | Eric Bondarsky, MD



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This session highlights real-world strategies for building and sustaining a comprehensive PE program. Speakers from NYU Langone Health and Henry Ford Health share how their health systems designed outpatient PE clinics, standardized referrals and follow-up, built multidisciplinary teams, and earned leadership support. Practical examples from their institutions illustrate scalable models that enhance continuity of care and improve long-term outcomes across the PE care continuum.

Strengthening PE Care Pathways Through ED Relationship-Building

Justin Morrison, MD, FSCAI, FACC, FSVM, RPVI | Sara Anderson, BS, RN



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This session examines how strong partnerships with the Emergency Department can enhance PE care pathways. Drawing on real-world experience, speakers from OhioHealth discuss strategies for effective education, ongoing relationship-building with ED leadership and clinicians, and the use of clear, algorithmic approaches to reduce variability in PE care. Listeners will gain practical insights into improving communication, standardization, and trust across ED and inpatient teams to support timely, coordinated PE management.

WEBINAR:

Clinical Fundamentals of Pulmonary Embolism Care

The American Heart Association

Target: PE initiative will also showcase webinars to advance PE care nationwide.

This 60-minute webinar offers a practical review of the core clinical principles that guide effective management of PE patients.

Hear two PE clinical leaders walk through each part of the PE care pathway, from identification and risk stratification to clinical decision-making and treatment.

Topics & Speakers:

PART 1: Epidemiology, Pathophysiology, and How PE is Defined & Diagnosed



Steven Pugliese, MD
Pulmonologist &
Critical Care Specialist
Penn Medicine

Dr. Pugliese serves as the Director of PERT and the Comprehensive PE Program at Penn Medicine. He is a co-author of the 2026 American Heart Association/American College of Cardiology Acute PE Guidelines and specializes in pulmonary vascular disease.

Why Watch?

- Learn the core clinical principles guiding PE management — from pathophysiology to treatment strategies
- Explore guideline-supported practices and model shares
- Learn from insights and experiences shared by leading clinical experts in the PE space



Scan to Watch

Watch Target: PE's 1st Webinar to learn the core clinical principles guiding PE management.

PART 2: Current Evidence-Based Therapies and Treatments & ED VTE Algorithm Model



Srinivas Yallapragada, MD, FACC, RPVI
Interventional Cardiologist
Medical City Heart Hospital (HCA)

Dr. Yallapragada chairs the Medical City Healthcare PERT Council, overseeing PE programs across 18 hospitals. He has been a cardiovascular research Principal Investigator and holds roles as Section Chief of Cardiology, Cath Lab Co-Director, and Cardiology Medical Director across multiple Medical City locations.

2026 AHA/ACC Acute PE Guidelines



Target: PE Initiative Website



Target: PE Initiative Press Release



AHA PE Patient Education Page

