

# CREATE A COMMUNITY OF LIFESAVERS

The Kids Heart Challenge and American Heart Challenge are service-learning programs that give students a meaningful opportunity to give back to their communities while developing valuable leadership and life skills. It's a way for students to better their lives — all while changing someone else's.



Raise funds to help kids with special hearts



**Support** the social, emotional and physical health of your students, families and staff



**Acquire the lifesaving skill** of Hands-Only CPR

## Learn Hands-Only CPR. Save a Life.

Children as young as 4 years old can play a lifesaving role in the chain of survival.



Call 911 if you see a teen or adult suddenly collapse.



**Push hard and fast** in the center of the chest.

Join schools across the country in building a nation of lifesavers as we work to end heart disease and stroke!

**HEART.ORG/GETSTARTED** 



your students can make a difference.





### **JOIN IN**

with 20,000 schools across the country to build a nation of lifesavers!

### **TEAM UP**

with your American Heart Association partner who will customize the program for your campus and be by your side all year.

### **SAVE LIVES**

and celebrate the difference you and your students made in your community and beyond!



SIGN UP TODAY!

# READY TO CHANGE AND SAVE LIVES?

### **Benefits include:**



**Educational resources** on topics like teamwork, kindness, anti-vaping, positive thinking, sleep, STEAM and physical activity videos.



**Students** will develop leadership skills, can earn volunteer hours, receive thank-you gifts and have the opportunity to apply for scholarships.



School and teacher benefits include the ability to earn grant funding, wellness resources and equipment, direct check givebacks and professional development.



**Teacher well-being resources** to support mental health.



**Parent engagement activities** to support and improve the learning, development, and health of their student.



Turnkey and flexible program that can be completed in 2-4 weeks, when it works for you.

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