



American
Heart
Association.



2025 GREATER BOSTON IMPACT REPORT

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Our Mission

Since our founding in 1924, the American Heart Association has made remarkable strides, helping to cut deaths from cardiovascular disease by half. Yet, our mission is far from complete.

Recent years have seen a troubling rise in death rates and widening equity gaps. If current health and demographic trends persist, by 2050, more than 60% of adults will face hypertension and obesity. The cost of treating cardiovascular diseases will more than triple. This is why our work in our second century is more critical than ever.

In Greater Boston, our efforts are making a difference. We're investing in local organizations tackling food access. We're providing our most vulnerable residents with tools and resources to help them manage their blood pressure. And we're teaching people CPR and increasing access to AEDs. Additionally, our advocacy on Beacon Hill is creating public policies that ensure every resident can live their healthiest life.

We are proud of our achievements, but we know there is more to do. Together, we can drive breakthroughs in science, policy, and care, transforming lives and advancing health and hope for everyone, everywhere.



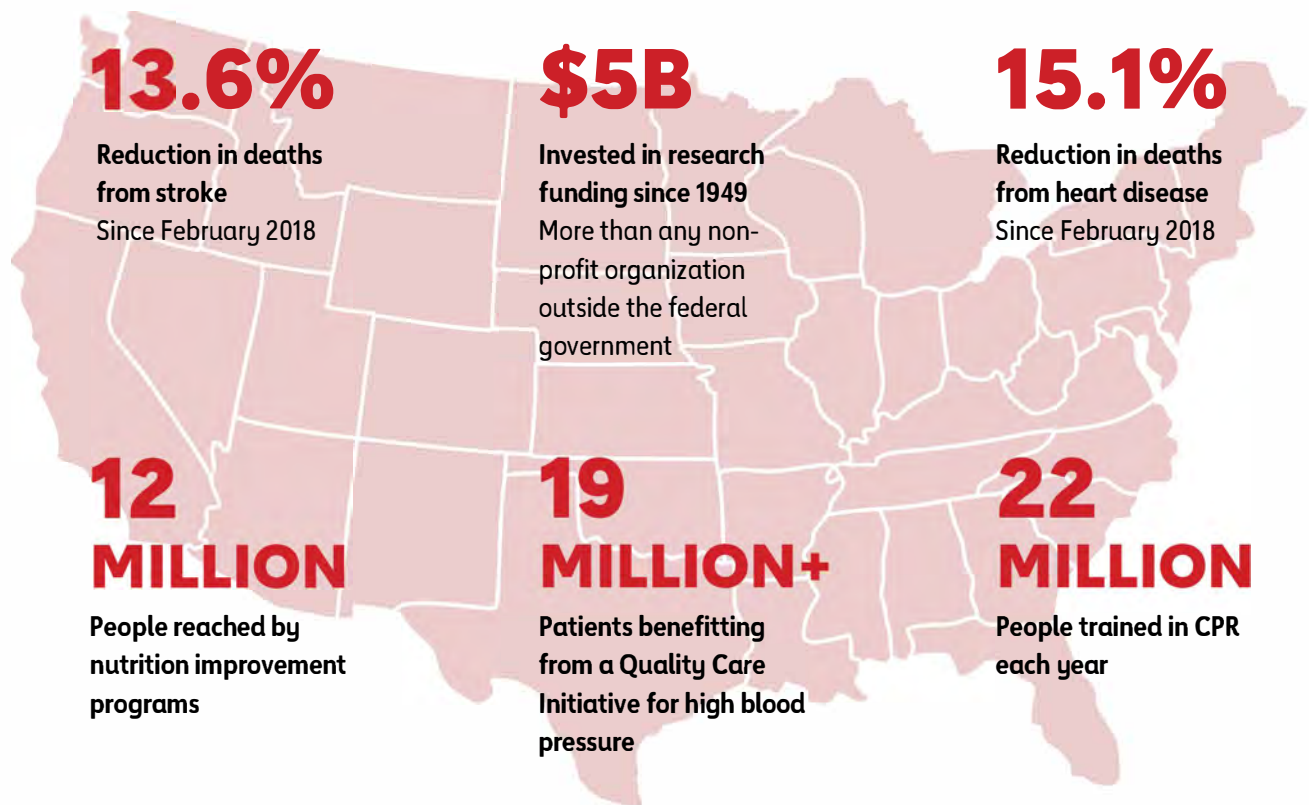
Karen A. Whitefield

*Executive Director, Greater Boston
American Heart Association
karen.whitefield@heart.org*



National Impact

Over our 100-year history, the American Heart Association has been fighting heart disease and stroke and helping families and communities thrive. Our supporters have made a difference across our nation, in the places you and your loved ones call home.



2028 Impact Goal

By 2028, the American Heart Association aims to make big advances in science, policy and healthcare to help people live healthier lives. It's important that the best health discoveries reach everyone, no matter where they are. To make this happen, we're focusing on these key areas.

Access to Healthcare

We're working to preserve and expand Medicaid coverage and increase enrollment in Affordable Care Act plans. Our focus is on improving equity, especially for socio-economically disadvantaged populations.



Quality of Healthcare

We're helping hospitals follow the latest research-based treatment guidelines for cardiovascular disease. By doing so, these hospitals uphold high standards, giving their patients the best chance for a higher quality of life.



Health Factors

Nearly half of American adults have high blood pressure, and many are unaware of it. We're helping healthcare organizations and communities with high rates of hypertension improve blood pressure control using the latest scientific evidence.



CPR

CPR can mean the difference between life and death for someone experiencing cardiac arrest. We've launched a national campaign called Nation of Lifesavers to turn bystanders into lifesavers. Our goal: Doubling the survival rate from out-of-hospital cardiac arrests by 2030 and increasing the use of automated external defibrillators (AEDs).



Priority Neighborhoods



**“YOUR ZIP CODE IS
FAR MORE
PREDICTIVE OF
CARDIOVASCULAR
RISK THAN ANY
TYPE OF GENETIC
PREDISPOSITION.”**

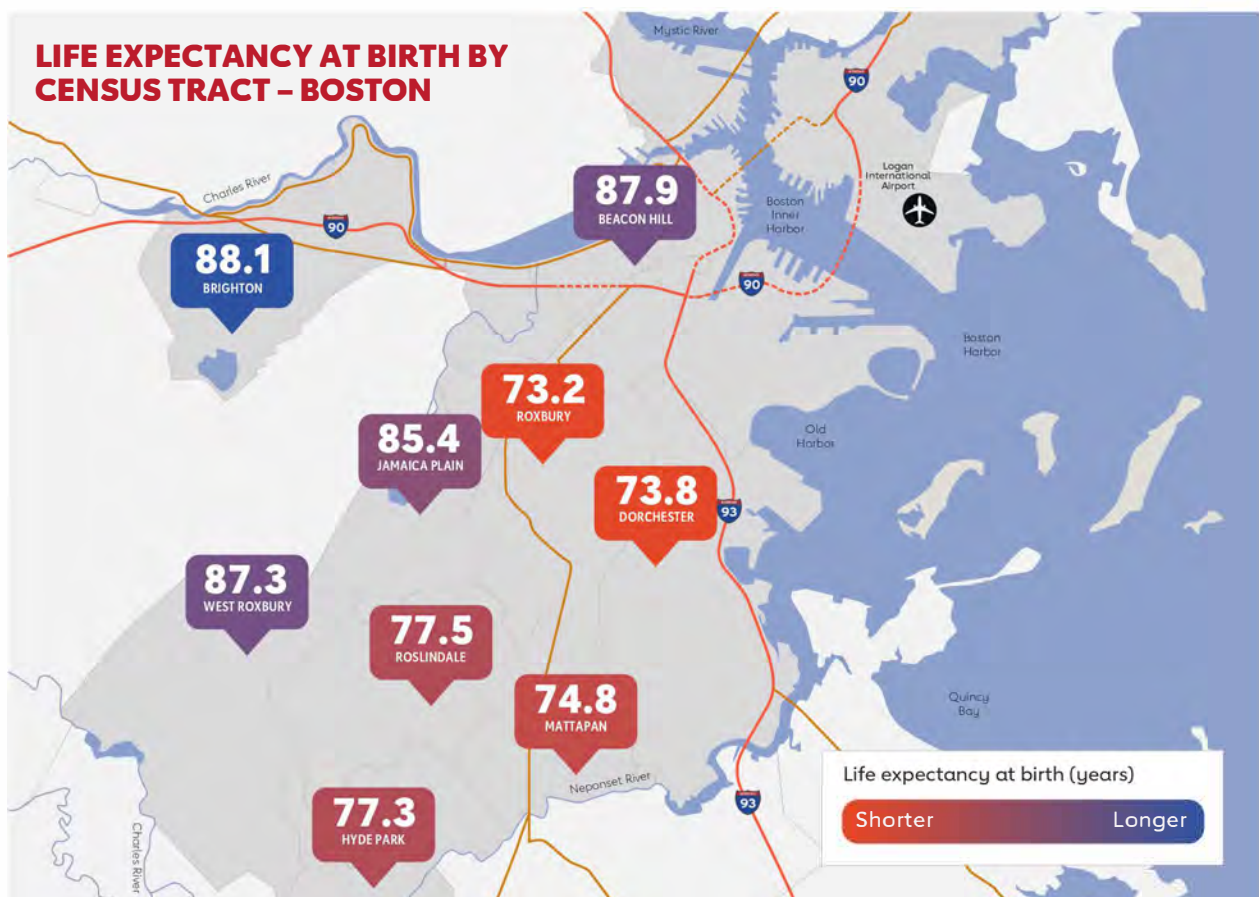
Dr. Boback Ziaeian
*Cardiologist, Fellow of the
American Heart Association*

The Health of Boston

Health gaps across Boston aren't just numbers—they're real lives. In some neighborhoods, people live longer, healthier lives. In others, chronic disease and early death are far too common. That's not by chance.

Things like good housing, quality schools, decent wages, safe streets, and access to healthy food and medical care all shape our health. But for too many, systemic barriers make these basic needs harder to get, leading to worse health outcomes.

That's not right, and it's why we're working to change it.



Source: Centers for Disease Control and Prevention

A Tale of Two Bus Stops

Where you live shouldn't dictate how long or how well you live—but in Greater Boston, it often does. For example, a five-mile ride on the Route 1 bus, from Cambridge to Roxbury, reveals stark differences in health outcomes between its first stop and its last.

That's why we're focusing our efforts where they're needed most—working in neighborhoods facing the toughest health challenges to ensure everyone has a fair chance at a healthier life.



HEALTH DATA FOR ADULTS 18 AND OLDER - CAMBRIDGE



HEALTH DATA FOR ADULTS 18 AND OLDER - ROXBURY

Source: Centers for Disease Control and Prevention

Community Impact

Every person deserves the chance to live a healthy, fulfilling life, no matter where they come from or what challenges they face. But for too long, too many communities have been left behind, struggling with poverty and barriers to good health. We're working with the people who know these communities best to tackle health inequities head-on and make sure no one is overlooked. Here are some of the ways we're making a difference.



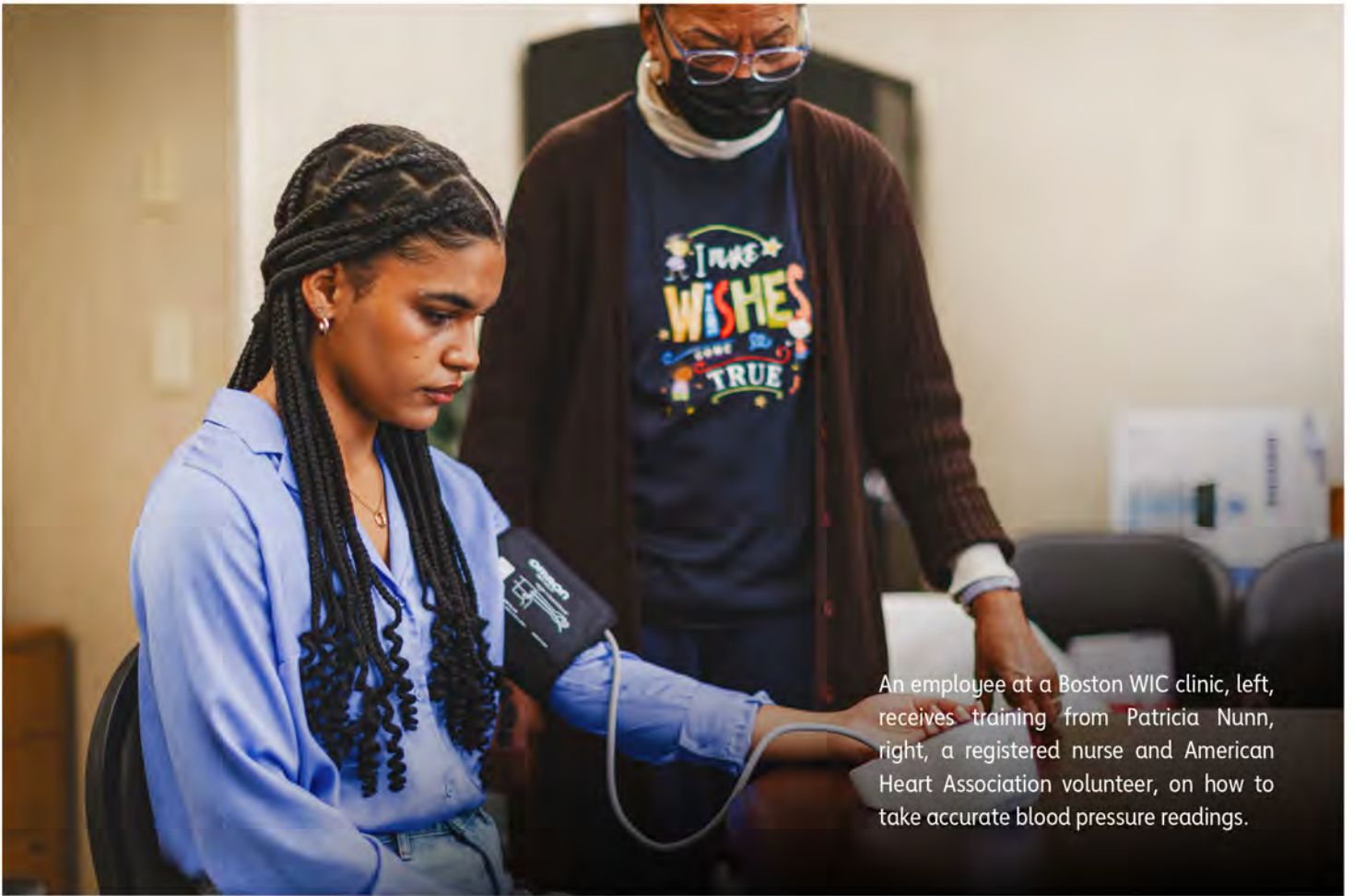


Adriene Worthington, vice president of community impact for the American Heart Association in Greater Boston, guides local church leaders through a CPR and blood pressure self-monitoring training session.

Teaming with Local Churches to Advance Cardiovascular Health

Greater Boston churchgoers are improving their cardiovascular health through our Have Faith in Heart initiative. Supported by a grant from UnitedHealthcare, we're working with local faith leaders to deliver vital health resources to worshippers and the community, including blood pressure screenings and education, CPR and AED training, and funding for AEDs, CPR kits and educational resources.





An employee at a Boston WIC clinic, left, receives training from Patricia Nunn, right, a registered nurse and American Heart Association volunteer, on how to take accurate blood pressure readings.

Supporting Maternal Heart Health at Boston WIC Clinics

The American Heart Association is enhancing maternal health in Boston through WIC With Heart, a program offering free blood pressure screenings, health referrals and educational materials at local Women, Infants and Children (WIC) clinics.

This initiative addresses high blood pressure—a significant health concern disproportionately affecting Black and Hispanic adults in Boston—and is made possible through support from Sage Therapeutics.

Staff at four WIC clinics in Dorchester, Mattapan and Hyde Park have been trained to provide blood pressure screenings during appointments, ensuring women receive essential care and resources during pregnancy and postpartum.

“IDENTIFYING INDIVIDUALS WHO MAY HAVE HIGH BLOOD PRESSURE, PARTICULARLY DURING PREGNANCY, IS HUGE.”

Elisa Cardoso
WIC Program Director
Upham’s Corner Health Center



Elisa Cardoso, WIC program director at Upham's Corner Health Center in Dorchester, and Barry Greene, CEO of Sage Therapeutics, proudly present a plaque that will be showcased at each WIC clinic enrolled in the WIC With Heart program.



In addition to training staff to take blood pressure readings, the American Heart Association has equipped each WIC clinic with resources focused on maternal health, hypertension and mental health for patients to take home.



A Madison Park Development Corporation employee installs an AED at Hibernian Hall in Roxbury, made possible by funding from the American Heart Association.



Leslie Stafford, health equity and wellness manager at Madison Park Development Corporation, showcases a new AED installed at Hibernian Hall.

Boosting Cardiac Emergency Response at Boston Arts Center

To enhance cardiac emergency preparedness, the American Heart Association provided funding for Madison Park Development Corporation to purchase and install an AED at Hibernian Hall, a community arts center in Roxbury.

This critical resource addresses a pressing need: more than 350,000 out-of-hospital cardiac arrests occur annually in the U.S., with a survival rate of just 10% due to delayed intervention. Immediate CPR and AED use can double or triple survival chances.

Funded with support from local philanthropists Dorene and Tom McCourt, this initiative also includes Hands-Only CPR and AED training for MPDC staff and community members, empowering them to save lives.

**"IN OUR
UNDERSERVED
COMMUNITIES...WE
HAVE HIGH RISK OF
HEART ATTACKS. WE
HAVE HIGH RISK OF
DIABETES, OBESITY,
HYPERTENSION."**

Leslie Stafford
*Health Equity and Wellness
Manager, Madison Park
Development Corporation*



Alexis Lyman, social recreation coordinator at the Boys & Girls Clubs of MetroWest's Hudson Clubhouse, practices Hands-Only CPR.

Enhancing Cardiac Safety at the Boys & Girls Clubs

The American Heart Association has enhanced lifesaving preparedness at the Boys & Girls Clubs of MetroWest's Hudson and Framingham locations by providing two new AEDs, staff CPR training, and customized emergency response plans to ensure swift action in a cardiac emergency.

In addition to staff training, youth members are also learning CPR, empowering them with critical skills.

This effort aligns with the Nation of Lifesavers campaign, which aims to double cardiac arrest survival rates by 2030 by training more people in CPR and increasing AED access.

"WE WANTED TO TURN THIS INTO A COMPREHENSIVE EFFORT. THIS IS ABOUT CREATING A RIPPLE EFFECT OF PREPAREDNESS AND SAFETY IN OUR COMMUNITY."

Barbara Tolland
*Director of Operations
Boys & Girls Clubs of
MetroWest*



Stephanie Voltaire, community impact director for the American Heart Association in Greater Boston, demonstrates Hands-Only CPR and AED usage to staff at the Boys & Girls Clubs.



Representatives from the American Heart Association and Boys & Girls Clubs of MetroWest display a CPR kit that will provide staff and children at the Hudson and Framingham locations with CPR and AED training. Dorene McCourt (front row, right), who along with her husband, Tom, helped fund the initiative, joins the group.



A guest practices Hands-Only CPR at the American Heart Association's new interactive training kiosk at the Museum of Science in Boston. The kiosk, unveiled at a press conference featuring Johnson & Johnson MedTech executive Melissa Schooley (bottom), aims to make lifesaving CPR skills accessible to all.

Bringing Lifesaving CPR Training to the Museum of Science

The American Heart Association, with financial support from Johnson & Johnson MedTech, launched a Hands-Only CPR training kiosk at the Museum of Science in Boston in February 2025. This state-of-the-art, interactive video game-style kiosk will be located in the museum's Hall of Human Life exhibit. The kiosk gives museum visitors a fun way to learn Hands-Only CPR in just minutes—because in a cardiac emergency, every second counts.





The American Heart Association's Hands-Only CPR training kiosk will remain at the Museum of Science in Boston for the next three years, offering visitors an opportunity to learn this lifesaving skill.



Representatives from the American Heart Association, Johnson & Johnson MedTech, and the Museum of Science cut a ribbon during the unveiling of an American Heart Association Hands-Only CPR kiosk at the museum.



Daun Morales, site director for the afterschool programs at the Dorchester YMCA, stands beside a new refrigerator funded by the American Heart Association, now used to store fresh, nutritious meals for local children.

Nourishing Kids, Strengthening Communities at Boston YMCAs

The American Heart Association is tackling food insecurity and promoting healthy lifestyles for children by providing funding to the YMCA to purchase industrial-sized refrigerators for their locations in Dorchester, Roxbury, Hyde Park and Oak Square.

These refrigerators ensure safe storage of fresh fruits, vegetables, and balanced meals, benefiting nearly 400 children daily in afterschool programs, with even higher numbers during summer camps. The meals, which meet federal nutrition standards, are more than just snacks—they provide some children with their only reliable healthy meal of the day. This initiative was made possible with funding from local philanthropist Patricia Salic.

“WE SEE THIS AS AN OPPORTUNITY TO SUPPORT NOT ONLY THE KIDS BUT ALSO THEIR FAMILIES, SO THEY HAVE ONE LESS THING TO WORRY ABOUT.”

Eilisha Manandhar
Senior Director of Hunger Prevention, YMCA of Greater Boston



Working With Local Health Leaders

Dr. Tanveer Khan, director of clinical quality assurance and quality improvement at Harvard Street Neighborhood Health Center in Dorchester, was honored with the American Heart Association's Live Fierce Award (sponsored by Encompass Health Rehabilitation Hospitals). Dr. Khan has played a key role in raising awareness about hypertension in Greater Boston. Her work has provided residents with vital tools and resources to prevent and manage high blood pressure, helping our efforts to build a healthier community.

Quality of Care

Every patient deserves access to high-quality heart and stroke care, regardless of where they live. The American Heart Association recognizes hospitals across the country—from rural areas to the most populated cities—for consistently following up-to-date, research-based treatment guidelines for cardiovascular disease.

The 2,800 nationwide hospitals awarded through these Get With The Guidelines programs maintain unrelenting standards to help patients live longer, healthier lives and have the opportunity for a higher quality of life.

Scan the QR code to read more about this recognition from the American Heart Association and find an award-winning hospital near you.



EVERY 40 SECONDS

someone in America dies of cardiovascular disease.

HEART DISEASE AND STROKE REMAIN

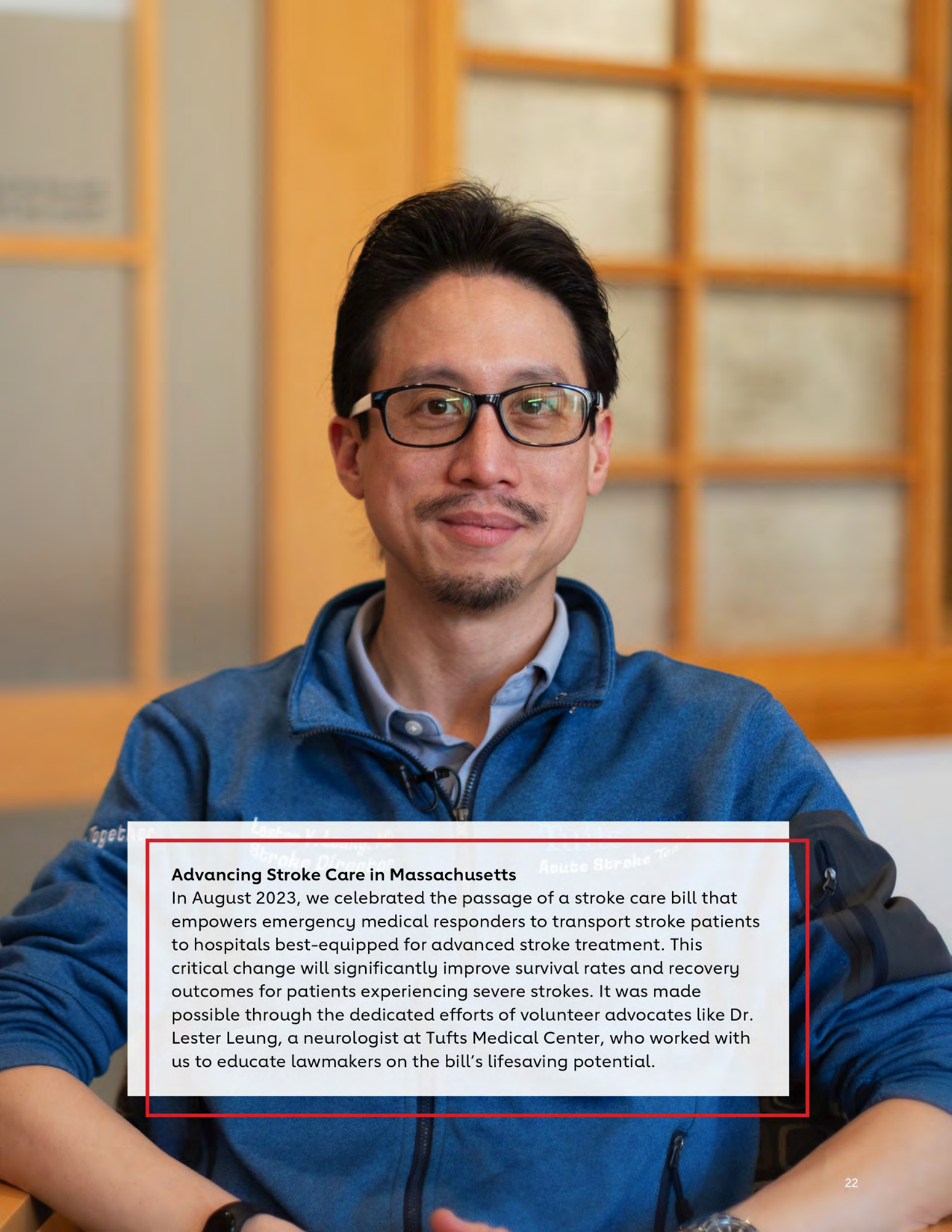
the No. 1 and No. 5 leading causes of death, respectively.

IN 2020, MORE PEOPLE DIED

from cardiovascular disease than in any year since 2003, with Asian, Black and Hispanic people most significantly impacted.

HEART DISEASE AND STROKE CLAIMED

more lives in the U.S. in 2021 than all forms of cancer and chronic lower respiratory disease combined.



Advancing Stroke Care in Massachusetts

In August 2023, we celebrated the passage of a stroke care bill that empowers emergency medical responders to transport stroke patients to hospitals best-equipped for advanced stroke treatment. This critical change will significantly improve survival rates and recovery outcomes for patients experiencing severe strokes. It was made possible through the dedicated efforts of volunteer advocates like Dr. Lester Leung, a neurologist at Tufts Medical Center, who worked with us to educate lawmakers on the bill's lifesaving potential.

Public Policy Agenda

A key way the American Heart Association stands with our communities is by advocating for policies that improve lives and create healthier communities. These are the legislative issues we are focusing on in Massachusetts in 2025.

Tobacco Use

Why is this issue important?

Tobacco is the leading cause of preventable death in the United States.

How are we working to solve it?

We support increasing per-pack cigarette taxes, which deter smoking. We also support funding programs to help people quit tobacco and educate young people on the dangers of tobacco use.



Quality of Healthcare

Why is this issue important?

Too many people die or are disabled because they do not get available lifesaving treatment when having a stroke or a cardiac arrest.

How are we working to solve it?

We are working to ensure patients experiencing the most severe cases of stroke receive appropriate treatment immediately. We also support training all 911 dispatchers to deliver CPR instructions and making CPR education a high school graduation requirement.



Healthy Diet

Why is this issue important?

People, especially kids, are consuming too many sugary drinks, which are a major contributor to heart disease and diabetes.

How are we working to solve it?

We are advocating for taxes on sugar-sweetened beverages, working to make kids' meals healthier and expanding access to clean drinking water.





Advocating for Healthier Cities and Towns

Every voice matters in the fight for public policies that create healthier lives and communities. We rely on everyday advocates across Massachusetts and the nation to drive legislative and regulatory change. Among these advocates is Dr. Lisa Owens, who turned tragedy into action after losing her 15-year-old son, Preston Settles, to sudden cardiac arrest during a basketball game in North Andover in 2022. Her passion and dedication exemplify the power of advocacy in building a healthier future.

Public Policy Milestones

Here is a sampling of recent public policy changes in Massachusetts that the American Heart Association successfully advocated for and helped enact.

2023

School Meals for All

Massachusetts lawmakers announce they will permanently fund free school meals for all students, regardless of household income, under an expansion of a federal free school lunch program.

2022

SNAP Produce Match

Massachusetts provides \$24 million to fund the Healthy Incentive Program, which allows people who receive SNAP benefits to earn an instant, dollar-for-dollar match on their EBT cards when buying fresh fruits and vegetables.

2022

Bicycle and Pedestrian Infrastructure

The state announces plans to invest more than \$460 million in infrastructure improvements to provide safe and accessible travel options for walking, biking, transit and vehicles – for people of all ages and abilities.

2022

AEDs in Emergency Vehicles

A new grant program provides funding to equip municipal emergency response vehicles across nearly 70% of the state's cities and towns with AEDs.

2020

Elimination of Flavored Tobacco

Massachusetts becomes the first state in the country to eliminate the sale of flavored tobacco products. The state also increases taxes on e-cigarettes, expands access to programs to help people quit tobacco, and increases fines for businesses caught selling tobacco products to minors.

2018

Heart Screenings for Newborns

Massachusetts passes a law ensuring all newborn babies will be screened for congenital heart defects.



Joe Quigley, of Winthrop, joins fellow volunteers from Massachusetts on Capitol Hill to advocate for legislation expanding access to CPR training and AEDs in schools nationwide. Quigley's efforts are driven by his daughter, Olivia, who survived a cardiac arrest at school at age 6. At bottom, Quigley and other advocates meet with U.S. Rep. Richard Neal, D-Mass., to discuss the proposed measures.

Advocating in Washington, D.C., to Make Schools Safer

In schools with access to AEDs and CPR, students are seven times more likely to survive cardiac arrest. Volunteers from Massachusetts joined us in Washington, D.C., in May 2024 to champion legislation to develop cardiac emergency response plans and authorize funding for CPR and AED training in public schools nationwide. The bipartisan bill, known as the HEARTS Act, was signed into law by President Joe Biden in December.







National Wear Red Day: Uniting for Women's Heart Health

Each year, on the first Friday of February, the American Heart Association celebrates National Wear Red Day to raise awareness about cardiovascular disease, the leading cause of death for women. This annual movement unites millions—from online communities to neighborhoods to news anchors—all working toward a common goal: saving more women's lives. In Boston, the festivities kick off with a press conference at the Massachusetts State House, which sees dozens of lawmakers wear red in support of the cause.

Scientific Research

The American Heart Association has invested \$5.9 billion in research funding since 1949, resulting in monumental scientific breakthroughs that have saved and improved lives. In Massachusetts, we awarded \$16.51 million in funding to 90 researchers in 2024 alone.

THE AHA FUNDS THE MOST MERITORIOUS SCIENCE ANYWHERE

to give us the greatest chance of saving lives everywhere.



THE URGENCY FOR DISCOVERY IS GREAT

Heart disease is the No. 1 killer in the world. Stroke is No. 2. We lose 17 million lives each year, and there is no cure.

AHA-FUNDED RESEARCH

has resulted in discoveries that have saved lives in every community in the United States.



THE AHA HAS INVESTED

\$5.9 BILLION

in research since 1949, second only to the federal government.



THE AHA INVESTS

in the careers of the best and brightest young investigators

and established researchers and works to ensure diversity of perspectives across our research.

THE NEW KNOWLEDGE THAT RESULTS FROM

AHA-FUNDED RESEARCH

benefits millions of lives in every community and in every nation, and is translated into guidelines to provide the best, most updated care.



FUNDING RESEARCH

is a cornerstone of the American Heart Association's lifesaving mission. It always has been and always will be.



TO ENSURE OUR CONTINUED IMPACT

the AHA is boldly moving into innovative, transformational areas, such as precision medicine, multidisciplinary research teams, big data and accelerating emerging technologies.

THE AHA RESEARCH FUNDING PROCESS

maximizes the impact of donor dollars by funding the most meritorious research across the country. Current AHA-funded research projects total \$500 million and support 1,800 awardees.



In fiscal 2023-2024, the AHA received 2,500 research applications, totaling \$730 million, that we could not fund. This means many scientific projects were shelved, and the knowledge that would result from them deferred. The need for more research funding is critical.



1960 First Artificial Heart Valve

The first successful artificial heart valve replacement is performed by Dr. Albert Starr, who develops the mechanical heart valve with hydraulic engineer Lowell Edwards. The Starr-Edwards valve is still used today, along with other artificial heart valves that have saved the lives of millions of people.

1968 Cholesterol Inhibitors

Dr. William Conner uses funds from the American Heart Association to show that cholestyramine can lower cholesterol in the blood.

1990 Treatment for Infant Respiratory Distress Syndrome

The FDA approves Exosurf Neonatal to treat respiratory distress syndrome, a life-threatening condition for premature infants with heart and lung defects. The drug is developed by Association investigator Dr. John Clements.

2008 CPR Without Breaths

Dr. Gordon Ewy accumulates evidence from multiple studies that shows uninterrupted, high-quality chest compressions – without mouth-to-mouth respiration – are important for keeping blood circulating to vital organs. As a result of this research, the Association determines Hands-Only CPR can help an adult or teen who suddenly collapses.

2020 COVID-19 Rapid Response Grant

The American Heart Association puts out an unprecedented rapid response call for cardiovascular/cerebrovascular research proposals to address the growing crisis of the COVID-19 pandemic. The focus is on innovative, highly impactful short-term proposals that can show progress within the 9-12 month period of the award.

2022 Life's Essential 8™

The American Heart Association commits \$100 million over five years for new research initiatives focused on equitable health and programs that support diversity in the biomedical workforce pipeline.

1957 First Pacemaker

The first battery-operated, wearable pacemaker is implanted in a patient. The research, led by Dr. William Weirich, leads to the development of today's fully implanted pacemakers.

1961 Techniques and Standards for CPR

Drs. William Kouwenhoven, James Jude and Guy Knickerbocker report on the value of external cardiac massage – better known as CPR – in providing blood flow to vital organs for people in cardiac arrest.

1961 Microsurgery

Dr. Julius Jacobson performs surgery with the aid of a microscope and becomes a pioneer in microsurgery.

2003 Drug-Coated Stents

The FDA approves the first drug-coated stent to keep blocked arteries open while also releasing medications, developed by Dr. Andrew Marks, a researcher funded by the AHA.

2013 AHA Collaboration Launches Personalized Medicine Initiative

The Cardiovascular Genome-Phenome Study launches to accelerate groundbreaking research into personalized medicine. The project is a partnership between the Association, Boston University and University of Mississippi Medical Center, the academic coordinating center homes of the Framingham Heart Study and the Jackson Heart Study.

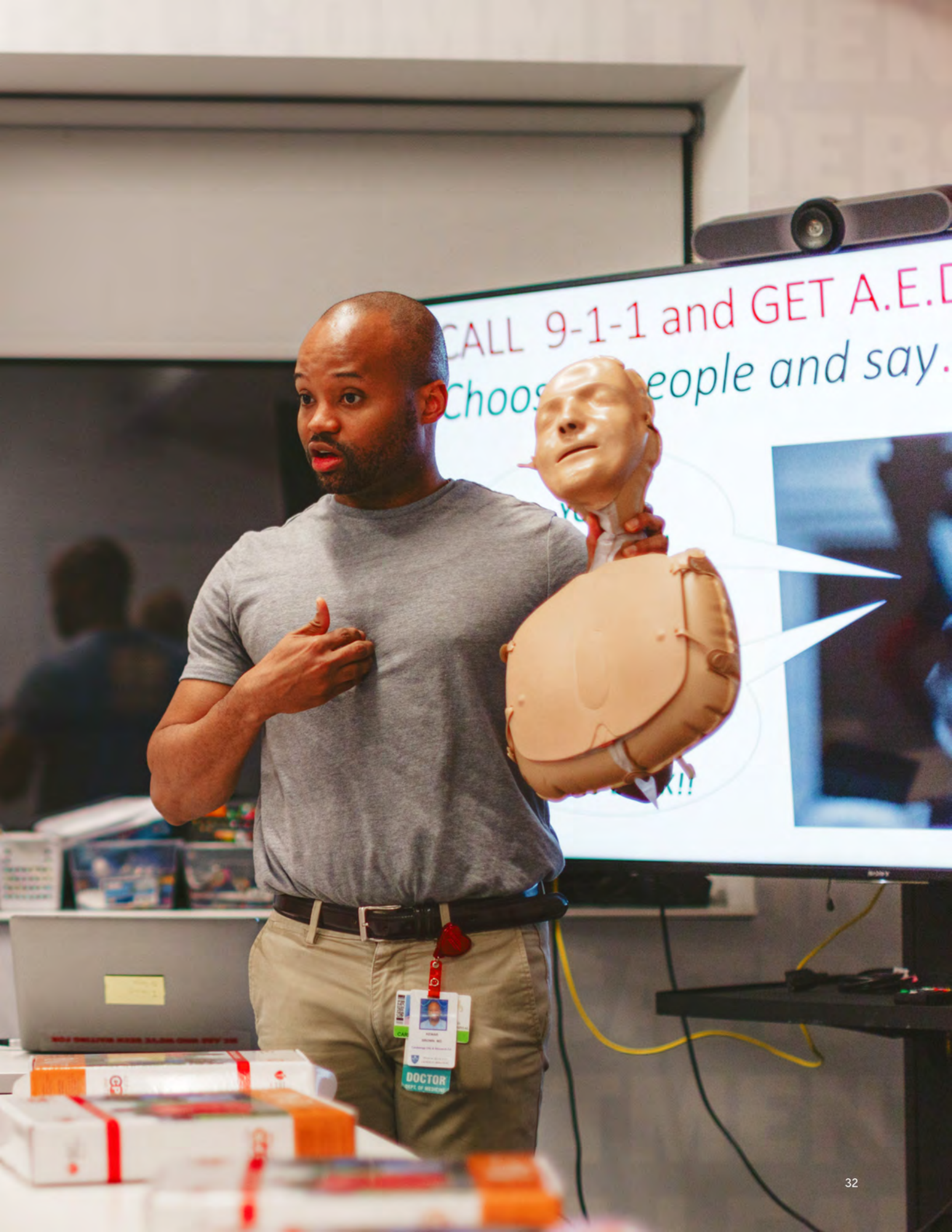
2021 American Heart Association Presidential Advisory Calls for Action on Structural Racism and Health Disparities

The American Heart Association commits \$100 million over five years for new research initiatives focused on equitable health and programs that support diversity in the biomedical workforce pipeline.



Empowering Communities with Lifesaving Skills

Dr. Kemar Brown, a clinical and research fellow in cardiovascular medicine at Massachusetts General Hospital, is making a significant impact as an American Heart Association volunteer. Through Hands-Only CPR trainings in our priority neighborhoods, Dr. Brown is equipping community members with the knowledge to recognize cardiac arrest, call for help, and deliver CPR. These efforts are helping to build healthier, safer communities by empowering more people to act in emergency situations.



Fundraising Campaigns

Our signature fundraising campaign events bring supporters, survivors, volunteers and sponsors together in the fight against heart disease and stroke. The following annual gatherings are key to fueling our mission in Greater Boston and beyond.





American Heart Association®

Heart and Stroke Ball™ *Boston*



Boston Heart and Stroke Ball

The Heart and Stroke Ball, our annual gala at the Omni Boston Hotel at the Seaport, raises lifesaving funds while driving impact beyond the ballroom as part of our Heart of Boston campaign. This initiative tackles critical community health challenges, including improving nutrition security, strengthening the chain of survival, reducing tobacco and vaping use, and lowering high blood pressure.



heart.org/BostonHB





Overcoming Stroke and Becoming a National Advocate

Kylie Lough was in New Zealand for a competitive rowing program in 2022 when she suffered a stroke. In 2024, the North Andover native and Boston University student was selected to join the American Heart Association as a Go Red for Women ambassador. In this role, Kylie served as a national spokesperson. She shared her story about taking back control of her health, offered advice on how other patients can do the same, and raised awareness about stroke warning signs and prevention.

American Heart Association®



Go Red for Women

Losing even one woman to heart disease is too many. The American Heart Association is committed to meeting the needs of women in every age, stage and season of life. Go Red for Women is funding critical research to address the unique risk factors and needs of women. Our signature luncheon event celebrates women taking charge of their health, unites Circle of Red members and honors heart disease and stroke survivors. A vast array of nationwide events ensure that women everywhere learn to pay attention to their hearts.



heart.org/BostonGoRed





American Heart Association®

Lawyers Have Heart™



Lawyers Have Heart 5K

The Lawyers Have Heart 5K is an annual road race held in the Boston Seaport that brings runners, walkers, and wheelchair racers together to raise awareness of cardiovascular health, particularly among members of the legal community.



LHHBoston.org





American Heart Association®
Heart Walk.

Boston Heart Walk

The Heart Walk is our largest event, uniting corporate teams, families and communities on Boston Common. We recently integrated Nation of Lifesavers into every aspect of the Heart Walk campaign, empowering participants to take action and drive toward the goal of having one person in every household confident and prepared to perform CPR.

With the introduction of the Heart Walk CPR Digital Experience, every registered participant can learn Hands-Only CPR, mobilizing thousands of Greater Boston residents to be ready to act in the face of a cardiac emergency.



BostonHeartWalk.org



School Engagement

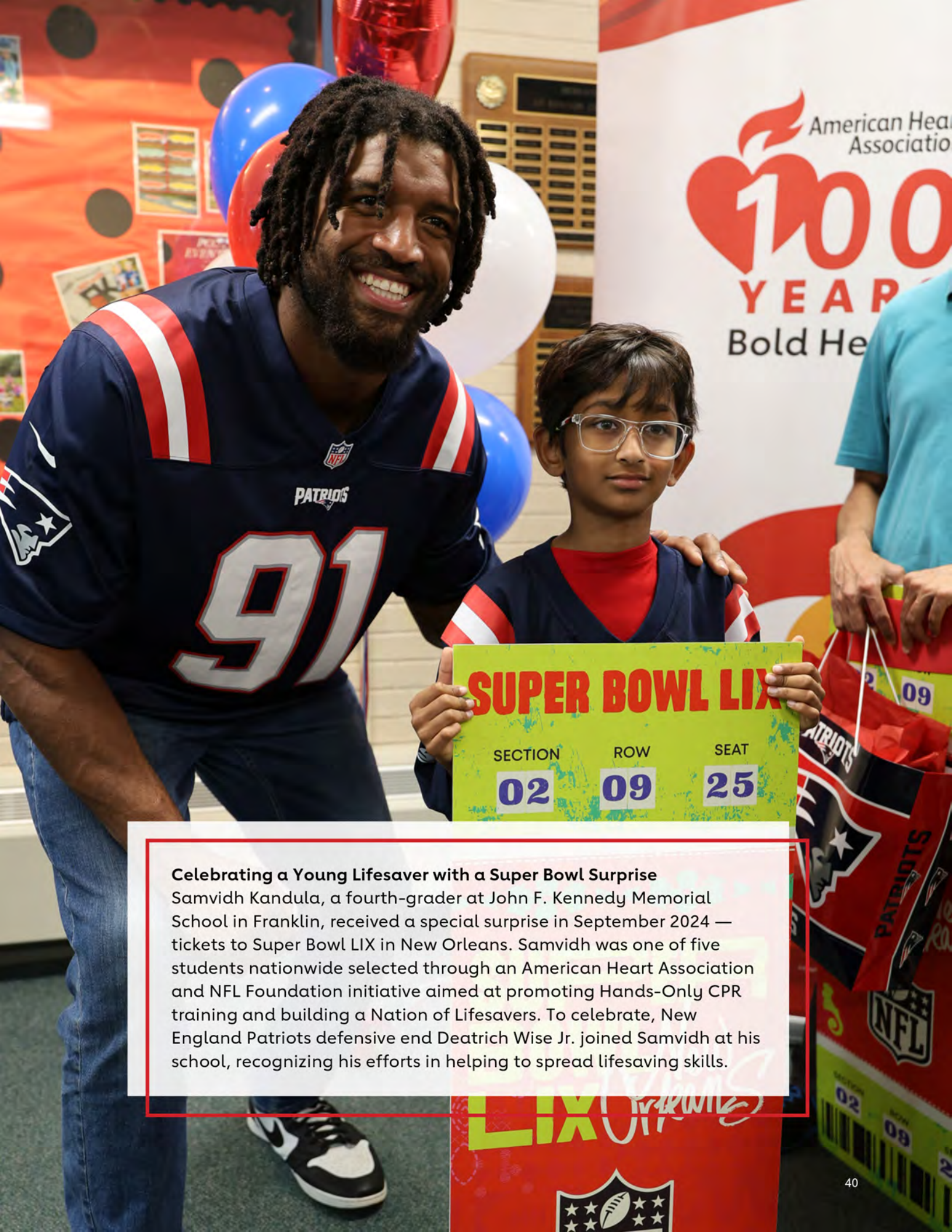
Kids Heart Challenge and American Heart Challenge engages millions of students and their families each year. Schools get resources and a curriculum to help develop healthy children equipped to achieve physical and emotional success.

More than 16,000 schools across the country got hearts pumping in these programs in the 2023-2024 school year. Participating schools leveraged tools and resources to support the mental and physical well-being of students, families and educators.

MASSACHUSETTS IMPACT

Number of participating schools	268
Schools that hosted heart assemblies	77
Total student/family participation	8,330
Total funds raised	\$1M+





Celebrating a Young Lifesaver with a Super Bowl Surprise

Samvidh Kandula, a fourth-grader at John F. Kennedy Memorial School in Franklin, received a special surprise in September 2024 — tickets to Super Bowl LIX in New Orleans. Samvidh was one of five students nationwide selected through an American Heart Association and NFL Foundation initiative aimed at promoting Hands-Only CPR training and building a Nation of Lifesavers. To celebrate, New England Patriots defensive end Deatrich Wise Jr. joined Samvidh at his school, recognizing his efforts in helping to spread lifesaving skills.



New England Patriots mascot Pat Patriot demonstrates how to perform Hands-Only CPR during a free, public CPR training event hosted by the American Heart Association and Tedy's Team at Gillette Stadium.



Dave McGillivray, a marathon runner and longtime race director of the Boston Marathon, who underwent triple bypass surgery in 2019, shares his inspiring story at the American Heart Association's Lawyers Have Heart 5K kickoff in Boston.



Westfield resident Susan Canning, who lost her son Kevin to a heart condition, is interviewed by a reporter during an American Heart Association event at the Massachusetts State House where volunteer advocates urged lawmakers to pass legislation aimed at improving public health.



The American Heart Association and Wegmans teamed up to donate CPR & First Aid in Youth Sports Training Kits to youth sports organizations. As part of the collaboration, 300 training kits were distributed across Massachusetts, Delaware, Maryland, New Jersey, New York, North Carolina, Pennsylvania, Virginia, and Washington, D.C.

Board of Directors

The American Heart Association's Greater Boston Board of Directors is a group of dedicated leaders who bring a wealth of skills, experience, passion and influence to drive our mission forward. Members play a vital role in achieving our revenue and health goals, dedicating their time, talent and resources to improve cardiovascular health in the community.



Chairperson
Thomas Lee

Senior Partner
Zoimus



President
Dr. Jennifer Cluett

Primary Care Physician and
Hypertension Specialist
Beth Israel Deaconess Medical Center

OUR MISSION:
TO BE A
RELENTLESS
FORCE FOR A
WORLD OF
LONGER,
HEALTHIER
LIVES.



Leadership Development Chair
Mark Kane

Senior Vice President
CIBC Atlantic Trust



Chair-elect
Barry Greene

CEO
Sage Therapeutics



Immediate Past President
Dr. Ami Bhatt

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American College of Cardiology



Laura Angelini

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Dr. Emelia Benjamin

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Faculty Development
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*Founder/CEO
Brand 21*



Kerri Cullity

*Partner
IBM Consulting*



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Laura Hamilton

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Traci Hong

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Boston University*



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Public Relations Director
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Olivia Lew

*Chief Operating Officer
Casana*



Dr. Chloe Zera

*Director, Obstetrics Population Health
Beth Israel Deaconess Medical Center*

Cor Vitae Society

The Cor Vitae Society – Latin for 'heart of life' – is the annual philanthropic giving society of the American Heart Association. The following Massachusetts members are making a lifesaving impact in Greater Boston and in communities across the country.

Heart and Torch Circle

Stephanie Spina and David Spina

1924 Circle

Anonymous

Heidi Bruschi and Tedy Bruschi

Paul Dudley White Legacy Circle

Sushil Bhatia

Reverend Louis H. Bier and Helene Bier

Jay Blackwell

Joan Branton

Peter Brown

Dianne S. Fanjoy

Dr. Ralph Galvin

Eva Karger

Stanley Martini

Sara McMullen

Katherine A. Morello

Judy Player

Karen Whitefield

President's Circle

Natalie Greene and Barry Greene

Mary Beth Gordon and Chris Gordon

Dorene McCourt and Thomas McCourt

Katherine A. Morello

Pacesetter's Circle

Jessica Green and Eric Green

Peter Lawrence and Pam Warren

Susan Marandett and Eric Marandett

John D. Sparham

Pulse Circle

Anonymous

Dr. Joseph Loscalzo and Anita Loscalzo

Dr. Gerald Marx and Jayne Marx

Kristin Patel and Sanj Patel

Champion's Circle

Anonymous

Melissa Adams

Dr. Dale Adler and Nancy Adler

Laura B. Angelini and John Heller

Rayce Anselmo

Tracy J. Banks

Ashley Benecchi and Christopher Benecchi

Dr. Emelia Benjamin and David Pollak

Dr. Ami Bhatt and Neil Maniar

Dr. Kurt Bloch

Michael Bunis

Jaime Butler

Jane Clair

Wendy Cohen and Richard Cohen

Stephanie Connaughton and John Connaughton

John J. Curran Jr. and Curran Family

Nithya Desikan

Martin DiBello

Joanne Donovan and Robert Hallett

Michael Duffy

Denise Earl

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Kristin Simon and Tom Simon

Mona Singh

John Sweet

Michael Tarnoff

Denise Wall and William Wall

Brian Williamson



Raising Awareness Through Stories of Survival

In 2021, Ron Gilberto collapsed at his Sudbury home from a sudden cardiac arrest. Thankfully, his daughter Claire, along with her mom and brother, were there and immediately sprang into action, performing CPR and calling 911. Their quick response saved Ron's life. Through the American Heart Association's work with dedicated volunteers, we share inspiring stories of survival like Ron's to raise awareness and encourage others to learn what to do in a cardiac emergency. Together, we're building a Nation of Lifesavers.



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