

# 2025 - 2026 Calendar of Events

## Greater Bay Area Division



1111 Broadway, Suite 1360, Oakland, CA 94607

Please note that dates are subject to change.



@AHANorthernCA



@AHACalifornia

### JULY 2025

**NEW  
FISCAL YEAR  
BEGINS!**



### AUGUST 2025



**NATIONAL  
WELLNESS MONTH**

### SEPTEMBER 2025

**9.10.25**

Board of Directors Meeting

**9.13.25**

North Bay Heart Walk

**9.18.25**

Leaders of Impact Launches

**9.20.25**

East Bay Heart Walk

**9.25.25**

San Francisco Heart Walk

**HISPANIC HERITAGE MONTH**  
9.15.25 - 10.15.25

**CHOLESTEROL + AFIB  
AWARENESS MONTH**

### OCTOBER 2025

**10.10.25**

World Mental Health Day

**10.15.25**

Hispanic Heritage Month Ends

**10.16.25**

World Restart a Heart Day

**10.29.25**

World Stroke Day

**SUDDEN CARDIAC  
ARREST MONTH**

### NOVEMBER 2025

**11.05.25**

National Stress Awareness Day

Bay Area Annual  
Leadership Celebration  
Leaders of Impact Ends

**11.07.25 - 11.10.25**  
Scientific Sessions

### DECEMBER 2025

**12.02.25**

Giving Tuesday

**12.10.25**

Board of Directors Meeting

**12.16.25**

Go Red for Women & Heart Ball  
Leadership Gathering

**12.31.25**

Year-End Research  
Funding Deadline



**HAPPY HOLIDAYS!**

### JANUARY 2026

*Happy  
New Year*

### FEBRUARY 2026

**2.04.26 - 2.06.26**

International Stroke Conference

**2.06.26**

National Wear Red Day  
Woman & Teen of Impact Starts

**2.07.26 - 2.14.26**

Congenital Heart Defect  
Awareness Week

**2.11.26**

Hard Hats with Heart  
Legacy Circle Event

**2.27.26**

Go Red for Women  
Bay Area Luncheon

**BLACK HISTORY MONTH**  
**AMERICAN  
HEART MONTH**

### MARCH 2026

**3.11.26**

Board of Directors Meeting

**3.20.26**

Research Roundtable

### APRIL 2026

**4.01.26**

National Walking Day

**4.09.26**

Woman & Teen of Impact End

**4.19.26 - 4.25.26**

National Volunteer Week

**4.23.26**

Hard Hats with Heart

**TBD**

High School STEM Event

### MAY 2026

**5.17.26**

World Hypertension Day

**5.29.26**

Heart Ball



**ASIAN AMERICAN, NATIVE  
HAWAIIAN & PACIFIC  
ISLANDER HERITAGE MONTH**  
**AMERICAN  
STROKE MONTH**

### JUNE 2026

**6.01.26 - 6.07.26**

National CPR & AED  
Awareness Week

**6.10.26**

Founders Day  
Board of Directors Meeting

**6.30.26**

End of the Fiscal Year

**PRIDE MONTH**