



American Heart Association.  
Mission:Lifeline®  
Stroke

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## Creating Connections: Using Student Tele-Teams to Empower Rural Stroke Survivors

### Project Aim:

To address the problem of lack of connection and follow up for stroke survivors in rural Nebraska that may result in social isolation and prevent community participation following discharge from stroke rehabilitation.

### Proposed Solution

- Create “tele-teams” connecting stroke survivors and caregivers with interprofessional groups of students from three University campuses using telehealth technology.
- Tele-teams will explore needs of those living with the effects of stroke, working together to 1) identify ways to minimize barriers and 2) empower community participation. Students will learn team-based telehealth skills as well as insight into the lived experience of stroke.

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