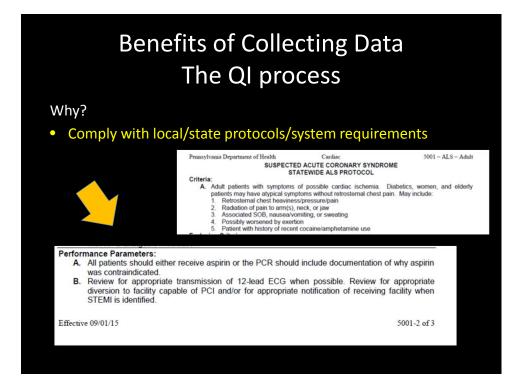
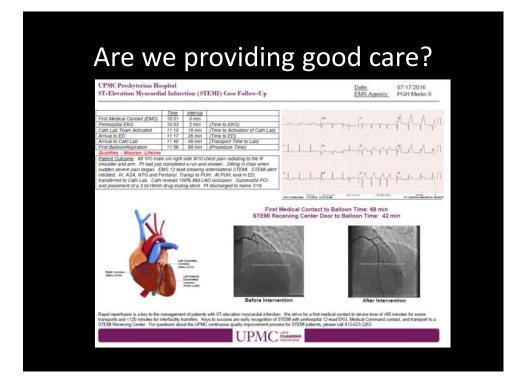
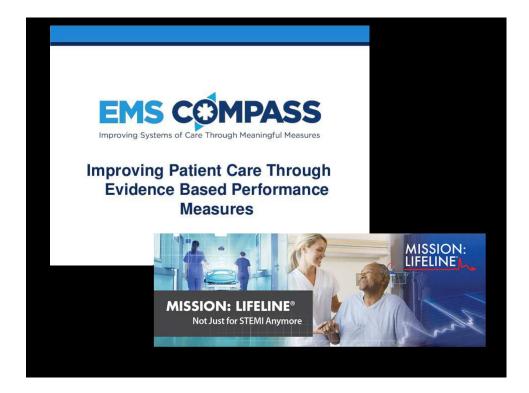
Prehospital Quality Metrics for STEMI

Mark E. Pinchalk, MS, EMT-P Division Chief City of Pittsburgh EMS









Using the QI process to Develop Systems of Care

AHA Conference Proceedings

Development of Systems of Care for ST-Elevation **Myocardial Infarction Patients**

The Emergency Medical Services and Emergency Department Perspective Peter Moyer, MD, Co-Chair, Joseph P. Omato, MD, FAHA, Co-Chair, William J. Brady, Jr, MD; Leslie L. Davis, MSN, RN, ANP-C; Chris A. Ghaemmaghami, MD; W. Brian Gibler, MD; Greg Mears, MD; Vincent N. Mosesso, Jr, MD; Richard D. Zane, MD

and

Central to the development of systems and centers of care for ST-elevation myocardial infarction (STEMI) patients will be the key role played by emergency modical services (EMS) at entry into the system and within the system when emergency interhospital transport is required.

Current System of Care

Current System of Care Emergency Medical Services System Design Personalial EMS system have 3 major components emergency medical diapatek, public safety (fire and law enforcement) first response, and EMS ambulance response. Each of these openies within a broader emergency care system, which includes acute care facilities and regionalized healthcare services. In most status, an IMS regulatory entity within the state government overseen the emergency care system. Many states have regional EMS councils and advisory boards that function with varying levels of authority.

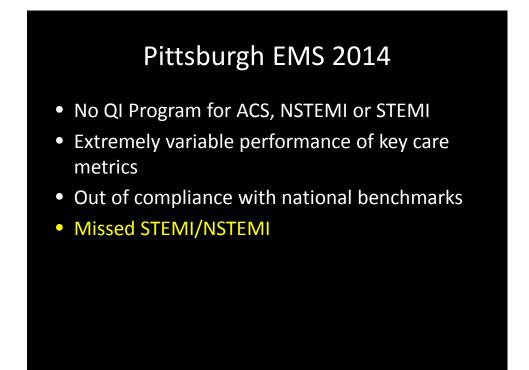
fixed location, new technology exists that allows triangula

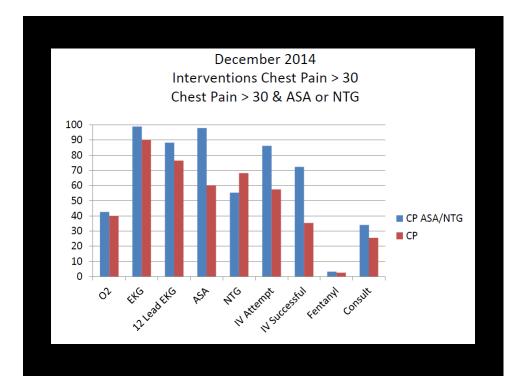
ACCF/AHA Guideline

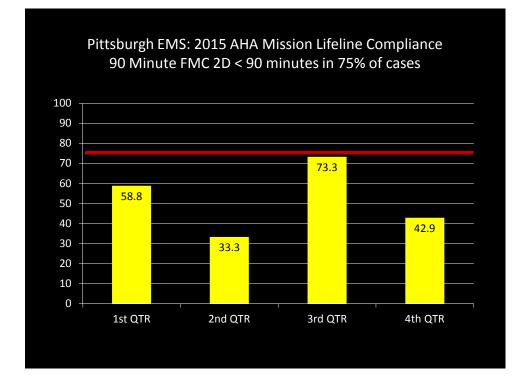
tion bein Ir offic in m are Disg med occu med 2013 ACCF/AHA Guideline for the Management of ST-Elevation Myocardial Infarction: Executive Summary A Report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines prot or n

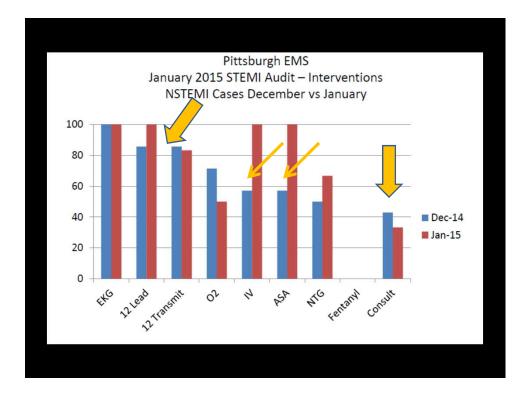
Developed in Collaboration With the American College of Emergency Physicians and Society for Cardiovascular Angiography and Interventions

arrival instructions that are given to cardiac true for the pro





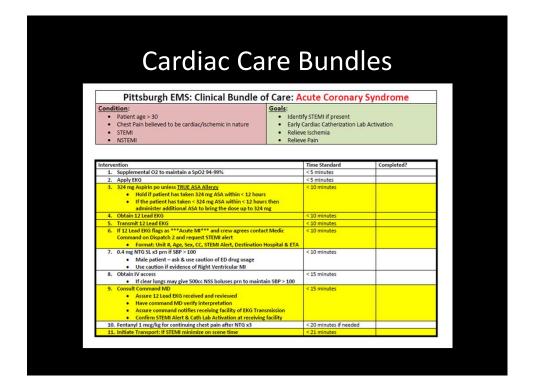


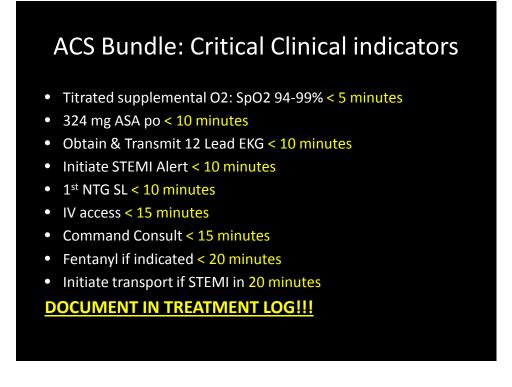


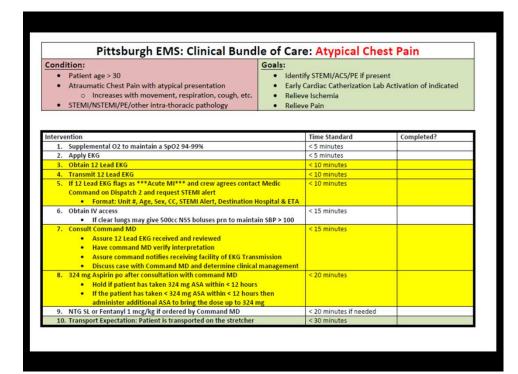
Cardiac Care Identified Issues

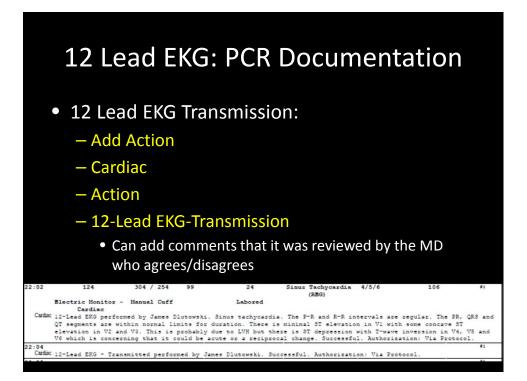
- Inconsistency of care
- Atypical Chest Pain
- EKG Acquisition
- EKG Interpretation
- STEMI Alert Activation
- Documentation
- Medical Command Issues
- Hospital Issues off hour activations

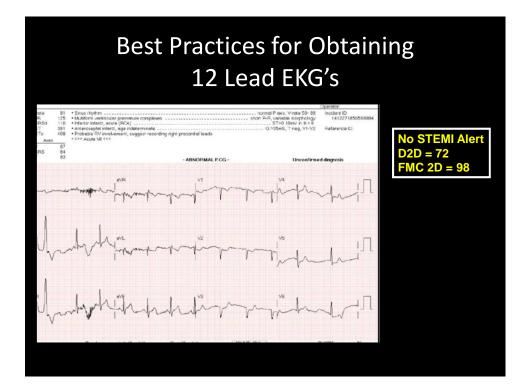
Pittsburgh EMS Chest Pain & Acute Coronary Syndrome Quality Improvement Project 2015



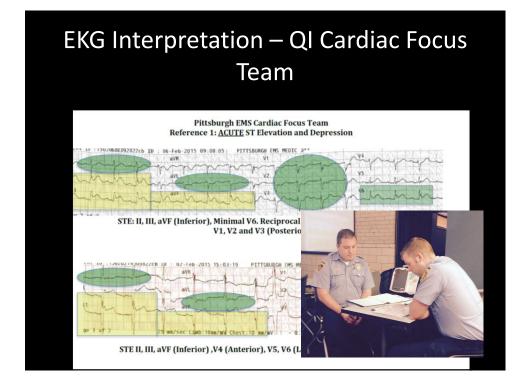


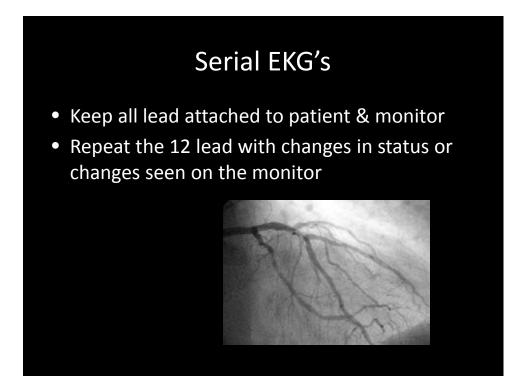




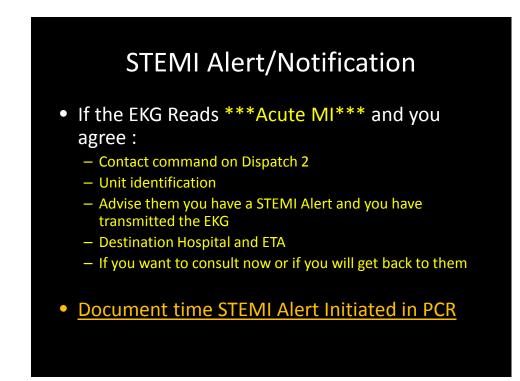


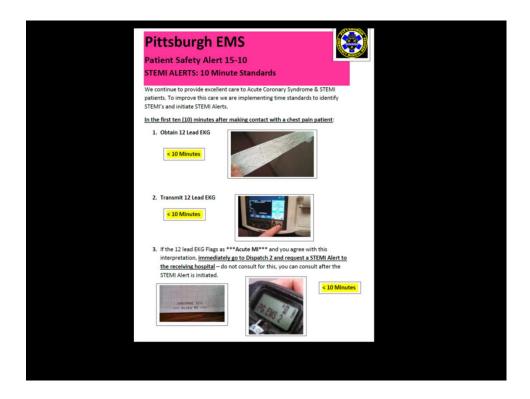
I Lateral aVR II Inferior aVL Lateral	V1 Septal V4 An	
III Inferior aVF Inferior		teral
Right Ventricular MI • RV MI is always a possibility in patients presenting with inferior wall MIs. • In all patients with ST elevation in the inferior leads, the V4 lead should be moved to the citled acfibe thetot.	v) to 11 • Ex- as no tion p initial	Can make u 1% of all Mi asy to miss o ST eleva- present on al 12-lead. V1, V2, V3
 (same location as left, mirror image) If ST elevation present in V4R lead, RV MI is present Caution with NTG in these pa- 	VI wave press uprig Press VI VS, V	have tall R es, ST de- sion and ght T wave Verform V7 /9 by plac- round the
	 RV MI is always a possibility in patients presenting with inferrior wall MIs. In all patients with ST elevation in the inferior leads, the V4 lead should be moved to the right side of the chest (same location as left, mirror image) If ST elevation present in V4R lead, RV MI is present 	 RV MI is always a possibility in patients presenting with inferior wall MIs. In all patients with ST elevation in the inferior leads, the V4 lead should be moved to the right side of the chest (same location as left, mirror limage) If ST elevation present in V4R lead, RV MI is present Caution with NTG in these patients with ST elevation present in V4R lead, RV MI is present

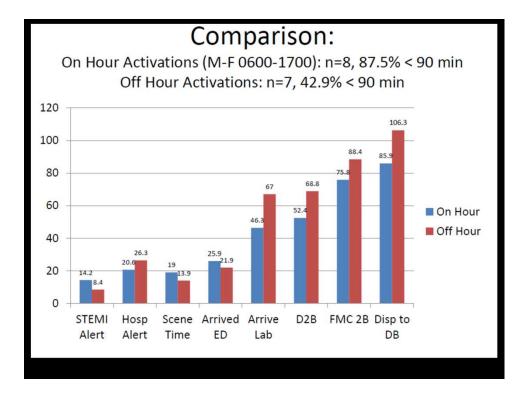












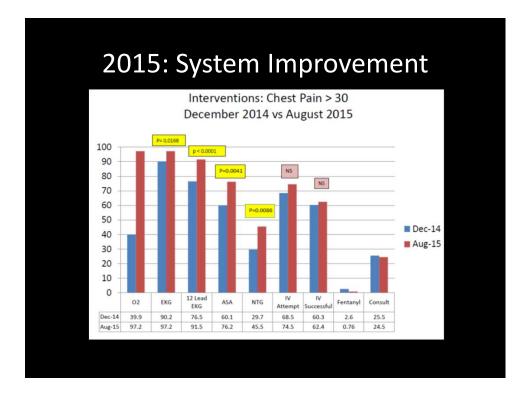
QI Cardiac Focus Team Field Training

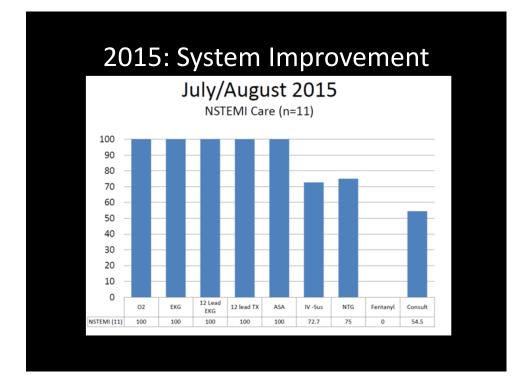
- Care Bundles
- Time Standards
- EKG interpretation
- STEMI Alert process



QI Feedback – (Case A	Audits			
Pittsburgh EMS: Clinical Bundle of Care: Acute Coronary Syndrome Condition: Goals: • Patient age > 30 • Identify STEMI if present • Chest Pain believed to be cardiac/ischemic in nature • Identify STEMI if present • STEMI • Relieve Ischemia • NSTEMI • Relieve Pain					
PRID: Unit: 5107 Date: 21 June 2015 Crew; Comments: 83 y/o female chest pain – good management of this case - consider consultance of the consultance of the case - consider consultance of the case - co		w. Thanks.			
Intervention	Time Standard	Completed/Time			
1. Supplemental O2 to maintain a SpO2 94-99%	< 5 minutes	NO - 5pO2 = 98%			
2. Apply EKG	< 5 minutes	YES - 5 minutes			
S24 mg Aspirin po unless <u>TRUE ASA Allerry</u> Hold if patient has taken 324 mg ASA within < 12 hours If the patient has taken < 824 mg ASA within < 12 hours then administer additional ASA to bring the does up to 324 mg	< 10 minutes	YES – 10 minutes			
4. Obtain 12 Lead EKG	< 10 minutes	YES - 7 minutes			
5. Transmit 12 Lead EKG	< 10 minutes	YES - 7 minutes			
 If 12 Lead EKG flags as ***Acute MI*** and crew agrees contact Medic Command on Dispatch 2 and request STEMI slert Format: Unit 8, Age, Sax, CC, STEMI Allert, Destination Hospital & ETA 	< 10 minutes	N/A			
 0.4 mg NTG SL x3 prn if 5BP > 100 Male patient = sak & use caution of ED drug usage Use caution if evidence of Right Ventricular MI 	< 10 minutes	YES – <mark>17 minutes</mark>			
 Obtain IV access If clear lungs may give 500cc NSS boluses prn to maintain SBP > 100 	< 15 minutes	YES - 19 minutes			
9. Consult Command MD • Assure 12 Lead EKG received and reviewed • Have command MD verify interpretation • Assure command notifies receiving facility of EKG Transmission • Confirm STEM Aller & Cosh lab Activation at receiving facility	< 15 minutes	NO			
10. Fentanyl 1 mcg/kg for continuing chest pain after NTG x3	< 20 minutes if needed	Not administered			
11. Initiate Transport: If STEMI minimize on scene time	< 21 minutes	29 minutes			

Hospital: Status (Status) Status) Status Status) Status Sta						
Date:::Misp 10, 2015: PRD::: PRD::: PRD:::<	P	ittsburgh EM	S STEMI Care Bundle	e Audit		
Date: May 10, 2015 PRD: Crow: Abspiral: Interpretention 2010 Performed Special: Interpretention 2010 Performed Special: Special: Interpretention 2010 Performed Special: Special: Interpretention 2010 Performed Special: Special: Sp	Unit: Medic			A1990		
PRID: Crew: Hospital: Image: Standard Image: Standard		6				
Crea: Bogin: Company: Compa		0				
Nopitel: Televantian Performed Time Standard Your Time Supplementation 0.16 YES 4.5 minutes Immunes Apply EGO YES 4.0 minutes Immunes Chan 21 Lased EGO YES 4.0 minutes ID minutes Insures STEM Alert YES 4.0 minutes ID minutes Apply EGO YES 4.0 minutes ID minutes Insures STEM Alert YES 4.0 minutes ID minutes Apply EGO YES 4.0 minutes ID minutes Missis contrandication YES 4.0 minutes ID minutes NTS Administered YES 4.0 minutes ID minutes Vi Access Obtained YES 4.0 minutes ID minutes Vi						Date
$\frac{ \operatorname{here} \operatorname{restriction}}{ \operatorname{performed} } \frac{ \operatorname{Performed} }{ \operatorname{15} } \leq 3 \operatorname{minutes} \\ \frac{ \operatorname{here} \operatorname{restriction}}{ \operatorname{15} } \leq 4 \operatorname{minutes} \\ \frac{ \operatorname{here} \operatorname{restriction}}{ \operatorname{15} } \leq 3 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{15} } \leq 4 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{15} } \leq 4 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{15} } \leq 4 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{performed} \operatorname{15} } \leq 4 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } \leq 4 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 4 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ \operatorname{minutes} \operatorname{15} } = 1 \operatorname{minutes} \\ \frac{ \operatorname{performed} \operatorname{15} }{ } = 1 \operatorname{minutes} \\ \operatorname{per$					ST-Elevation Myocardial Infarction (STEMI) Case Follow-Up	EMS Agency.
Intervention Performed Thes Standard You Three maintain 502 USL use 10 13 < 3 minutes					Time Internal	
Instantia SQL SHI, are / VES 4 Smithules Obtain 12 Lead EKG VES 4 D minutes Obtain 12 Lead EKG VES 4 D minutes Trainmit 12 Lead EKG VES 4 D minutes Instates STEMI Alert VES 4 D minutes Miles Contradicated VES	Intervention	Performed	Time Standard	Your Time	First Medical Contact (EMS) 07:34 0 min Pretospolal ENG 07:44 10 min (Time to ENG)	mmm
Market Market Market Market Delan 12 Leed K0 15 < 10 minutes			< 5 minutes	3 minutes	Cath Lab Team Activated 07:55 21 min (Time to Activation of Cath Lat) Amina to ED 00.04 30 min (Time to ED)	
Obtain 12 Lead IX0 YS < 10 minutes P minutes Transmit 12 Lead IX0 YS < 10 minutes			< 5 minutes	3 minutes	First Baloov/Agoration 08:52 78 min (Procedure Time)	- upppp
Octamin 12 Level EXO 13 Administer Administer	Obtain 13 Lond Fre		110 minute		pain for 4 days. Pt recently had stents placed at SHY. States that pain is different	
Trendmit 12 Lead ECG 13 < 10 minutes Initiate STEMA Hart 155 < 10 minutes	Ubtain 12 Lead EKG	105	< 10 minutes	o minutes	from past episodes requiring treatment. Staff gave pt. NTGx2 prior to EMS annual. Field 12 lead indicates interior STEM. STEM alert initiated. EMS gave 321 ASA	HAMPH
Again Administeed 115 < 10 minutes Innutes Innutes Innutes Innutes Contrandicated 117 < 10 minutes Innutes Innutes Contrandicated 117 < 10 minutes Innutes Innutes Innutes Contrandicated 117 < 10 minutes Innutes Inn	Transmit 12 Lead EKG	YES	< 10 minutes	10 minutes	PO. Transport to SHY. To Cath lab. Cath shows 75% in shert resterious to mid	
Apprin Administered VES < 10 minutes I minutes NTG Administered VES < 10 minutes I minutes NTG Administered VES < 10 minutes I minut	Initiate STEMI Alert	YES	< 10 minutes	10 minutes		
ATQ A forminatered 45 < 10 minutes Wess contrained 500 < 13 minutes Command Cosult 95 < 13 minutes Pertany identification Fertany identification Pertany identifi		YES	< 10 minutes	3 minutes	STEMI Receiving Center Do	oor to Balloon Time: 48 n
unless contraindicated NO < <15 minutes Command Consult Partoned Partoned NO < 20 minutes NA After Inter- NA After Inter- NA Af		VER	< 10 minutes	2 million days	- the second	1
Command Cossult VES < 13 minutes 10 minutes 10 minutes performed for continuing pain article of 20 minutes N/A < 20 minutes N/A Feature Control of the Control of th			< 10 minutes	- Handes		- ton ton
performed Perfor	IV Access Obtained	NO	< 15 minutes		A Street	al at
Fentany I definition of the second se		YES	< 15 minutes	10 minutes	Market Linear Line	No. Inc.
after ITG unless Before Intervention After Inter- contraindicated		NO	< 20 minutes	N/A	and a second sec	and the second
	after NTG unless				Before Intervention	After Interve
Un scene time < 21 IE2 < 21 minutes to interfacility transfers. Kny to success are early recognition of STEM with prehopolar 12-lead EVC. Medical Command e		YES	< 21 minutes	18 minutes	Rapid reperfusion to a key to the management of patients with ST-blevelow myscardial infanction. We strive for a first me transports and +150 minutes for interfacility transfers. Keys to success are easy recognition of STEMI with prehospital 12	Liead EKG. Medical Command cor
minutes STEM Receiving Center. For guestions about the UPAIC continuous guelty improvement process for STEM patients, please call 412-625-2263.					STEM Receiving Center. For questions about the UPMC continuous quality improvement process for STEM patients, pl	wase call 412-625-2263.
Feld Time < 31 minutes VES < 31 minutes 20 minutes UPPMC ***********************************	Field Time < 31 minutes	11.5	< 31 minutes	20 minutes	UPMC	





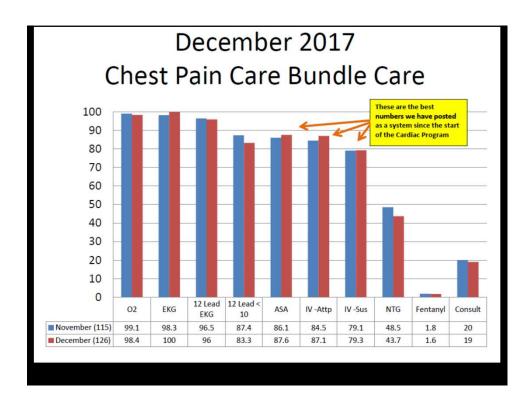
	ricobulgi Livis. Acute	Coronary Syndrome Risk Factor Pa	thways
	STEMI Alert Pathway	Chest Pain Alert Pathway	Non-Diagnostic Pathway
EKG Findings	EKG Flagging >>>ACUTE MI<<<	Paramedic disagrees with presence of the	Typical or Atypical Chest Pain with no
	and paramedic agrees with	computer >>>ACUTE MI<<< flag.	significant ST segment changes noted on computer interpretation of
Patient Presentation	computer interpretation	No >>>ACUTE MI<<< flag but paramedic	the EKG and paramedic agrees
	Typical Chest Pain for ACS	believes that clinically significant ST	
	or	elevation or depressions are present	
	Two (2) of the following Present:	>>>ACUTE MI<<< flag present with	
	Syncope, dyspnea, nausea or	atypical symptoms/patient presentation	
	diaphoresis		
Communications by EMS	Immediately (< 10 minutes)	Immediately (< 10 minutes) Transmit 12	Immediately (< 10 minutes) Transmit
	Transmit 12 lead EKG	lead EKG	12 lead EKG
	Immediately (< 10 minutes)	Immediately (< 10 minutes) Consult	Consult Command MD or ALS Notify
	initiate STEMI Alert on	Command MD to review EKG/patient	as needed
	Dispatch 2	presentation - Decision making to	
Fase Core Culdellas		appropriate pathway for the patient	
EMS Care Guidelines	Acute Coronary Syndrome Care Bundle	Acute Coronary Syndrome Care Bundle Repeat EKGs	Acute Coronary Syndrome or Atypical Chest Pain Care Bundle
Expectations at ED	Direct or Urgent Transfer to	Urgent Evaluation by ED Physician on	Standard ED Evaluation
	Cath Lab	Arrival	
		Urgent repeat EKG in ED	
		Troponin & other labs drawn	
		Risk Stratification/Decision Making in ED	

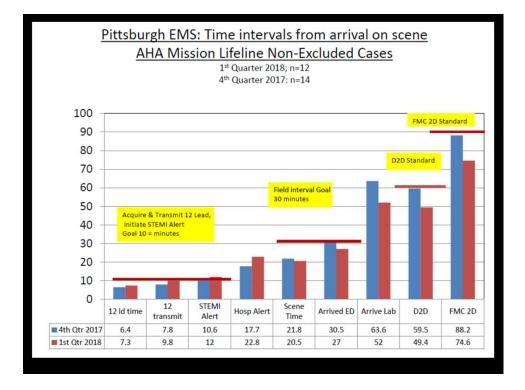
Module 2 Practical Skills

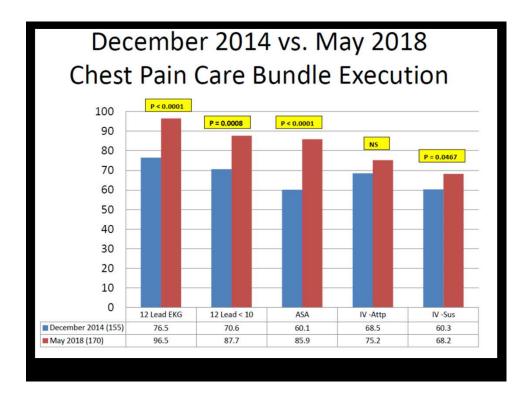
Purpose: To practice and review procedures to activate the Cath Lab on appropriate cases while integrating the new Medical Alert system for UPMC. These practical skills are focused on making the appropriate decision as to whether the hospital receives a Cardiac Cath Lab Activation, a High-Risk Medical Alert or a general notification in the presence of cardiac symptoms. Module 2 is the second building block of the cardiac training and continuing education and quality assurance program, so it is important to integrate skills and lessons from Module 1 to keep a firm foundation.

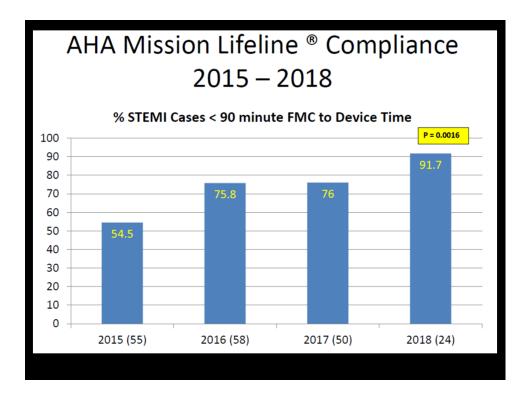
Case 1	INFERIOR WALL STEMI
Scenario	67 YOF slept on the couch last night, woke up this morning with a retrosternal chest pressure radiating to the right arm.
History	No medical history reported, On no medications. No medication allergies.
Vital Signs	HR 47, BP 112/70, SPO2 97%, RR 16, Skin Cool and Clammy, Chest Pain 5/10
EKG Finding	InferoPosterior STEMI: STE > 1 mm II, III, aVF; STD Lead I, V4; Profound STD with T-Wave Inversion aVL, V1, V2, V3
Treatment	 Automatic Cath Lab Activation Oxygen as Needed Aspirin 324 mg No Nitro: Right Ventricular/Posterior Involvement IV Access Transport to Limit Field Interval to an Interventional Cath Capable Facility Consider Fentanyl Consult Medical Command
Alert Type	Automatic Cardiac Cath Lab Activation



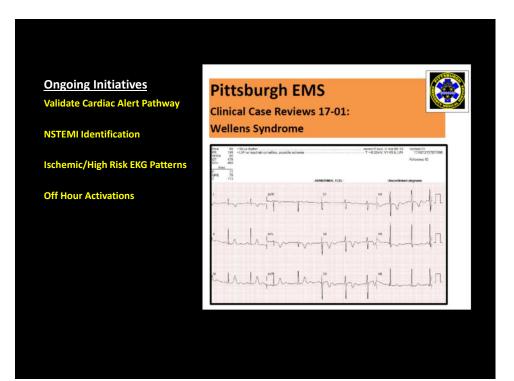












Questions?

Mark E Pinchalk, MS, EMT-P Division Chief City of Pittsburgh EMS Mark.pinchalk@pittsburghpa.gov 412-622-6930

