Become a Sharper Chef
Participant PRE-Survey

Please answer the questions below before you complete Become a Sharper Chef experience.

1. What is your name? __________________________

2. What is today’s date? _ _ / _ _ / _ _ _ _
   MM     DD     Y Y Y Y

3. Which of the following is a cutting technique? Please circle the one best answer.
   a. Chop  
   b. Dice  
   c. Mince  
   d. Julienne  
   e. All of the above

4. Which of the following should you do when using a kitchen knife? Please circle the one best answer.
   a. Use a dull kitchen knife  
   b. Watch TV while using a kitchen knife  
   c. Always have my parent or guardian present while using a kitchen knife  
   d. Run across the room while using a kitchen knife

5. Please circle the option that best describes if you think you can do each listed activity:

   a. Safely and correctly hold a kitchen knife
      No way I can do this!  
      I might be able to do this  
      I can probably do this  
      I can definitely do this!

   b. Safely and correctly use a kitchen knife to prepare different ingredients for a snack or meal
      No way I can do this!  
      I might be able to do this  
      I can probably do this  
      I can definitely do this!
Become a Sharper Chef
Participant POST-Survey

Please answer the questions below after you complete Become a Sharper Chef experience.

1. What is your name? __________________________

2. What is today’s date? __ / __ / ____________
   MM    DD    YYYY

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5. Please circle the option that best describes if you think you can do each listed activity:

<table>
<thead>
<tr>
<th>Safe and correctly hold a kitchen knife</th>
<th>No way I can do this!</th>
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</tr>
</thead>
<tbody>
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<td>No way I can do this!</td>
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<td>I can definitely do this!</td>
</tr>
</tbody>
</table>

6. Please circle the option that best describes what you thought of today’s educational experience.

   Awful 1
   Not very good 2
   Okay 3
   Really good 4
   Fantastic 5