Utilize the 5 Major Steps to Intervention: the 5 A’s

1. **Ask**—Identify and document tobacco use status for every patient
2. **Advise**—In a clear, strong, and personalized manner, urge every tobacco user to quit
3. **Assess**—Is the tobacco user willing to make a quite attempt at this time?
4. **Assist**—For the patient willing to make a quit attempt, use counseling and pharmacotherapy to help him/her quit.
5. **Arrange**—Schedule follow-up contact, in person or by telephone, preferably within the first week after the quit date