The American Heart Challenge is a service-learning program that gives middle and high school students the opportunity to feel good by doing good. Students will raise funds and awareness for health equity, and make a real difference. Along the way, they’ll meet those that need us most and engage in interactive technology and activities to learn about vaping, mental well-being, physical activity, brain and heart health.
READY TO SAVE LIVES?

1. Sign-up and join schools across the country in the American Heart Challenge!

STUDENT BENEFITS
• Community service hours
• Leadership skills
• Build college resume

EDUCATIONAL RESOURCES
• STEM lesson plans
• Social emotional learning
• Physical activity videos

SCHOOL GIVE-BACKS
• Professional development opportunities
• PE-focused modules
• Teacher incentives

TURNKEY & FLEXIBLE
• Can be completed in 2 or up to 4 weeks
• Easily executed in both in-person and virtual school formats
• All program materials and resources easily accessible in one place

2. An American Heart Association staff partner will work with you to plan your campaign, supporting you every step!

3. Celebrate the difference you and your students have made in your community, and beyond!

SCAN TO SIGN UP HEART.ORG/AHC

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