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### **Progress Against Heart Disease and Stroke**

Death rates for heart disease and stroke have maintained a steady decline over the decades for both U.S. men and women, based on an American Cancer Society analysis of trends in mortality. Between 1969 and 2013, overall death rates fell nearly 68 percent for heart disease and 77 percent for stroke.

Age adjusted death rate per 100,000 Americans from 1969 to 2013 (Men)

Age adjusted death rate per 100,000 Americans from 1969 to 2013 (Women)

*Source: Journal of the American Medical Association*