

Hard numbers

By AMERICAN HEART ASSOCIATION NEWS

A sampling of U.S. data from the American Heart Association's 2018 heart disease and stroke statistics report.

1 million

People who will have a heart attack or die from coronary heart disease this year

16.5 million

Americans age 20 and older who are living with coronary heart disease

795,000

People who will have a stroke this year

356,000

Cardiac arrests that occur outside a hospital each year

103 million

Adults with high blood pressure

6.5 million

Americans age 20 and older who are living with heart failure

38 percent

Rise in the number of high blood pressure deaths between 2005 and 2015

23 million

Adults with Type 2 diabetes

15 percent

Adults who smoked in 2015

56 million

People 40 and older who are eligible for cholesterol-lowering statins

38 percent

Adults who were obese as of 2014

Source: "Heart Disease and Stroke Statistics—2018 Update: A Report from the American Heart Association," Circulation (numbers rounded)

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