Heart attack symptoms: Men vs. women

By American Heart Association News

The most common symptom of a heart attack for both men and women is chest pain. But women may experience less obvious warning signs.

**Men**

Squeezing chest pressure or pain
Jaw, neck or back pain
Nausea or vomiting
Shortness of breath

**Women**

Chest pain, but not always
Pain or pressure in the lower chest or upper abdomen
Jaw, neck or upper back pain
Nausea or vomiting
Shortness of breath
Fainting
Indigestion
Extreme fatigue

*Source: American Heart Association’s journal, Circulation*

*Published: April 4, 2019*