



## North Carolina

- 100% of school districts are successfully serving healthy meals that meet strong nutrition standards<sup>i</sup>
- 13.5% of 10-17 year olds are overweight or obese<sup>ii</sup>
- 14.2 of 2-4 year olds in WIC are overweight or obese<sup>iii</sup>
- 93% of school districts need at least one piece of equipment to better serve nutritious foods<sup>iv</sup>
- 70% of districts need kitchen infrastructure changes in at least one school<sup>v</sup>
- 837,970 students participated in school lunch program in 2019<sup>vi</sup>
- 476,535 students participated in school breakfast program in 2019<sup>vii</sup>
- In 2017 for 9th through 12th grades, 14.3% did not eat breakfast<sup>viii</sup>
- In 2017 for 9th through 12th grades, 6.8% did not eat vegetables<sup>ix</sup>
- For school year 2018-2019, 68.9% of eligible school districts and 71.6% of eligible schools adopted the Community Eligibility Program<sup>x</sup>
- 62% of school districts are participating in farm-to-school activities<sup>xi</sup>

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<sup>i</sup> [https://fns-prod.azureedge.net/sites/default/files/cn/SFAcert\\_FY16Q4.pdf](https://fns-prod.azureedge.net/sites/default/files/cn/SFAcert_FY16Q4.pdf)

<sup>ii</sup> <https://stateofobesity.org/states/>

<sup>iii</sup> <https://stateofobesity.org/states/>

<sup>iv</sup> <https://www.pewtrusts.org/en/research-and-analysis/reports/2014/03/26/states-need-updated-school-kitchen-equipment-b>

<sup>v</sup> Ibid

<sup>vi</sup> <https://www.fns.usda.gov/pd/child-nutrition-tables>

<sup>vii</sup> Ibid

<sup>viii</sup> <https://nccd.cdc.gov/youthonline/App/QuestionsOrLocations.aspx?CategoryId=C05>

<sup>ix</sup> Ibid

<sup>x</sup> <https://frac.org/wp-content/uploads/community-eligibility-key-to-hunger-free-schools-sy-2018-2019.pdf>

<sup>xi</sup> <https://stateofchildhoodobesity.org/state-policy/policies/farmtoschool/>