

American Heart Association Healthy for Good – Stress Buster Sweepstakes Rules

The American Heart Association Healthy for Good – Stress Buster Sweepstakes (the “Sweepstakes”) is a volunteer-based fundraising program conducted by American Heart Association, Inc. (“AHA”). These Rules apply to all participants. The Sponsor shall make all determinations as to whether the Rules have been complied with, and the decision of the Sponsor as to any issue is final.

Sponsors: AHA is the Sponsor of this Sweepstakes.

Eligibility: No purchase is necessary to participate in the Sweepstakes. Participants must be at least eighteen (18) years of age and residents of the State of Washington as of the date of entry. The Sweepstakes is open to those who have registered for the Sweepstakes and satisfy all of the entry requirements. Employees of AHA and their immediate family are not eligible to win. THIS SWEEPSTAKES IS VOID WHERE PROHIBITED OR RESTRICTED BY LAW.

For this purpose, “immediate family” includes the spouse, parents, grandparents, great-grandparents, brothers, sisters, children, grandchildren, and great-grandchildren of the employee and his/her spouse. This definition also includes a) “step” and adoptive relationships, b) individuals for whom an employee is the current legal guardian and c) individuals who are not legally related but who reside with an employee.

Time: The Sweepstakes starts at 12:01 am on September 18, 2020 (all times Eastern Time) and ends at 11:59 pm on June 18, 2021 (the “Sweepstakes Period”). There are three distinct segments of the Sweepstakes Period: September 18, 2020 through December 18, 2020 (“First Sweepstakes Period”); December 19, 2020 through March 31, 2021 (“Second Sweepstakes Period”); and April 1, 2021 through June 18, 2021 (“Third Sweepstakes Period”). All entries must be received during the Sweepstakes Period, and those that are received will be included in the appropriate segment based on the date it was received.

Entry: Participants may enter the Sweepstakes by completing and submitting a form found at <https://www.heart.org/en/affiliates/from-teachers-for-teachers-share-your-tips-for-beating-stress>, and submitting a tip to deal with stress.

Participants may also enter the Sweepstakes without submitting a stress tip, as described above, by mailing their name, address and email address to AHA at 710 Second Avenue, Suite 900, Seattle, WA 98104. All mail-in entries must be received during the Sweepstakes Period. Limit one entry per outer envelope.

Entries are limited to five per person.

The odds of winning the Sweepstakes depend on the total number of eligible entries. By participating in the Sweepstakes, each participant fully and unconditionally agrees to, and accepts these, Rules and the decisions of the Sponsor, which are final and binding in all matters related to the Sweepstakes.

Determination of Winner: There will be three winners of the Sweepstakes, one for each segment of the Sweepstakes Period (the “Winners,” each a “Winner”). The Winners will be determined by random drawing from those who satisfy the entry requirements above. The first Winner will be selected and announced on January 4, 2021. The second Winner will be selected and announced on April 5, 2021. The third Winner will be selected and announced on June 23, 2021. The Winners will be notified by e-mail

and subsequently announced to the public. The Winners need not be present to win. The determination of the Winners by Sponsor is final and binding on all participants. Each Prize may be forfeited and awarded to an alternative winner if a Winner does not respond within seven (7) days of notification or if two (2) attempts to contact a Winner by phone and/or email are not successful. The alternate winner will be determined by random drawing. The Prizes are not transferable.

Prize: Each Winner will receive a \$25 Amazon gift card ("Prize"). The estimated fair market value of the Prize is \$25.00 each, but the actual value may vary.

Taxes: The Winner is responsible for paying all federal, state, and local income and other applicable taxes due in connection with receipt of the Prize.

Consent to Publicity: Except where prohibited by law, by accepting the Prize, the Winners consent to Sponsor's use of his or her name and/or photograph in any publicity, publications, promotional and marketing material, advertising, and any other print materials, web pages, electronic or other communications published or distributed by Sponsor without compensation and without notice and agrees to sign an agreement to this effect.

Miscellaneous Conditions: In the event that the operation or administration of the Sweepstakes is impaired or prevented in any way for any reason, including, but not limited to fraud, change of condition, or other technical problems, the Sponsor may in their sole discretion, either: (a) terminate the Sweepstakes; (b) suspend the Sweepstakes to address the impairment and then resume the Sweepstakes in a manner that best conforms to the spirit of these Rules; and/or (c) substitute other prizes for any prize set forth in these Rules that becomes unavailable for any reason. The Sponsor reserves the right in its sole discretion to disqualify any individual found to be tampering with the entry process or the operation of the Sweepstakes or acting in violation of these Rules. Sponsor's failure to enforce any term of these Rules shall not constitute a waiver of that or any other provision. Information provided by you for this Sweepstakes is subject to Sponsor's privacy policy.

Sponsor is not responsible for: (i) electronic transmissions that are lost, late, stolen, incomplete, damaged or misdirected; (ii) any problems or technical malfunctions, errors, omissions, deletions, defects, communication failures or (iii) causes beyond the Sponsor's reasonable control that jeopardize the administration, security, fairness, integrity or proper conduct of the Sweepstakes. Sponsor will not be responsible if weather conditions, event cancellations, acts of God or other circumstances beyond their control prevent the Prize or the Sweepstakes from taking place.

Sponsor makes no warranties, and hereby disclaims any and all warranties, express or implied, concerning any prize furnished in connection with the Sweepstakes. WITHOUT LIMITING THE GENERALITY OF THE FOREGOING, PRIZES ARE PROVIDED ON AN "AS IS" WITHOUT WARRANTY OF ANY KIND, EITHER EXPRESS OR IMPLIED, AND SPONSOR HEREBY DISCLAIMS ALL SUCH WARRANTIES, INCLUDING BUT NOT LIMITED TO, THE IMPLIED WARRANTY OF MERCHANTABILITY, FITNESS FOR A PARTICULAR AND/OR NON-INFRINGEMENT. SOME JURISDICTIONS MAY NOT ALLOW LIMITATIONS OR EXCLUSIONS OF IMPLIED WARRANTIES SO SOME OF THE LIMITATIONS OR EXCLUSIONS IN THIS SECTION MAY NOT APPLY IN SUCH JURISDICTIONS.

By participating in the Sweepstakes, participants agree to release, discharge and hold harmless Sponsor and each of their affiliates, directors, officers, employees, and agents from and against any and all

injuries, claims, losses, damages, actions and/or liability arising out of or in connection with, directly or indirectly, participation in and/or entry into the Sweepstakes or acceptance, delivery, possession, use or misuse of any prize received in this Sweepstakes. The determinations of the Sponsor are final and binding with respect to any matter arising out of the interpretation or application of these Rules.

Personal information collected in connection with the Sweepstakes will be used in accordance with AHA's privacy policy, available at http://www.heart.org/HEARTORG/General/Privacy-Policy_UCM_300371_Article.jsp#.WpBI8oPwaUk.

For a list of winners, send a hand-written, self-addressed, stamped envelope to American Heart Association, HFG Stress Buster Sweepstakes, 710 Second Avenue, Suite 900, Seattle, WA 98104.