



American Heart Association.
Mission:Lifeline®
Stroke

Current MLH Outpatient Multidisciplinary Stroke Clinic Model

- Team includes stroke physician, stroke coordinator/nurse/educator, PT/OT/ST
- Timely outpatient follow up for stroke patients discharged home assures medication knowledge, understanding of disease, level of function, troubleshoots unforeseen issues at home and provides a discharge plan
- 90 day follow up (Modified Rankin Evaluation)
- Outcomes: Decrease readmission rate, improve compliance with plan of care, and increase patient satisfaction

Innovators Grant Proposal – MLH Stroke Clinic Expansion

- Expand existing clinic model to surrounding communities; specifically those with Critical Access Hospitals (CAHs)
- Rural facilities generally lack the resources to provide a comprehensive follow-up for complex patients
- Introduce a telemedicine approach to those who live at a greater distance or for whom travel is difficult to vastly increase contact with those who may need additional services the most
- Utilize the grant funds to purchase basic telemedicine equipment to facilitate follow-up appointments with a stroke neurologist and therapists
- A long-term strategic goal for this project would be to organize multi-disciplinary clinics at every Primary Stroke Center in the state; establishing a consistent approach to outpatient stroke care throughout Nebraska

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