



CELEBRATE WITH US

Join Our Events



Michelle, nurse and single mother of 4, survived a stroke at age 37



Make it your mission to beat heart disease in women.

Twin Cities Go Red for Women: An Evening of Empowerment
February 6, 2020

The Depot, Minneapolis

National Wear Red Day
February 7, 2020

Wear red and spread the word
 GoRedForWomen.org

Go Red Expo at MOA: Fashion Show & Health Fair
February 8, 2020

Mall of America, Bloomington

Duluth Go Red Luncheon
February 12, 2020

DECC, Duluth

Mankato Go Red Luncheon
May 7, 2020

Country Inn & Suites, Mankato

Rochester Go Red Gala
May 28, 2020

Hilton Rochester, Mayo Area



American Heart Association.
Heart Walk.

Join our premiere community event and walk to raise money in honor of all those impacted by heart disease and stroke.

Twin Cities Heart Walk
May 16, 2020

Target Field, Minneapolis

Duluth Heart Walk
September 2020

Leif Erikson Park Lake Walk



American Heart Association.
You're the Cure

Coalition Day at the Capitol: MN's for Smoke-free Generation
March 25, 2020

Minnesota Capitol, St. Paul



American Heart Association.



Teaches kids heart health, service learning and ability to earn local school grants.

Kids Heart Challenge
Throughout School Year

Over 90,000 MN kids participate

SINCE 2014...

AHA granted over \$10.6 million to Minnesota research institutions.

TOGETHER WE...

- Celebrate survivors.
- Remember lost loved ones.
- Honor leaders.
- Advocate for healthy communities.
- Fund research advancement.

NETWORKING

Worksite Wellness Symposium
March 2020

Eagan Community Center

Counsel for a Cause
March 2020

Target Field, Minneapolis



American Heart Association.

Advancing Sciences

Teens and local tech leaders come together to inspire future innovation including a grant challenge for local high schools.

Advancing Sciences STEAM
April 14, 2020

Target Field, Minneapolis



American Heart Association.

Heart Ball

Our annual celebration.

Twin Cities Heart Ball
November 6, 2020

The Depot, Minneapolis



Find more information at Heart.org/Minnesota