Make it your mission to beat heart disease in women.

Twin Cities Go Red for Women: An Evening of Empowerment
February 6, 2020
The Depot, Minneapolis

National Wear Red Day
February 7, 2020
Wear red and spread the word GoRedForWomen.org

Go Red Expo at MOA: Fashion Show & Health Fair
February 8, 2020
Mall of America, Bloomington

Duluth Go Red Luncheon
February 12, 2020
DECC, Duluth

Mankato Go Red Luncheon
May 7, 2020
Country Inn & Suites, Mankato

Rochester Go Red Gala
May 28, 2020
Hilton Rochester, Mayo Area

TOGETHER WE...
- Celebrate survivors.
- Remember lost loved ones.
- Honor leaders.
- Advocate for healthy communities.
- Fund research advancement.

NETWORKING
Worksite Wellness Symposium
March 2020
Eagan Community Center

Counsel for a Cause
March 2020
Target Field, Minneapolis

Advancing Sciences STEAM
April 14, 2020
Target Field, Minneapolis

Teaches kids heart health, service learning and ability to earn local school grants.

Kids Heart Challenge
Throughout School Year
Over 90,000 MN kids participate

SINCE 2014...
AHA granted over $10.6 million to Minnesota research institutions.

Find more information at Heart.org/Minnesota