



**American
Heart
Association.**



PennState Health
Children's Hospital

Penn State Children's Hospital, American Heart Association honor school contest winners

May 21, 2019 — Twelve local students from Dauphin, Lancaster and York county schools were honored for their winning essays and artwork that presented their visions of a healthier community and heart heroes as part of a contest held this year by the American Heart Association and Penn State Children's Hospital. Dr. Thomas Chin, chief of pediatric cardiology at Penn State Children's Hospital, and Dr. Sarah Iriana, interim chair of the Penn State Health Department of Pediatrics, presented the students with their awards at a reception for the students and their families held at Penn State Children's Hospital on May 16.

Students competing in the art contest were challenged to draw their vision of a heart hero. The winning art was created by:

- 1st place – Charity Cochran, Middletown Area Middle School
- 2nd place – Ali'Ania Braswell, STEAM Academy, York
- 3rd place – Shay Eisenberger, Martic Elementary, Penn Manor School District
- 4th place – Airalay Wilson, Sylvan Heights Science Charter School, Harrisburg
- Honorable Mention – Eduardo Perez, Phineas Davis K-8 School, York
- Honorable Mention – Hope Lynn Keller, Letort Elementary, Penn Manor School District
- Honorable Mention – Mia Toribio-Guzman, STEAM Academy, York

Students competing in the essay contest were asked to describe what changes they would make in their community to create longer, healthier lives. The winning essays were written by:

- 1ST place – Nicholas Tome, York County School of Technology
- 2nd place – Domenique Sarmiento, Lancaster County Career & Technology Center
- 3rd place – Tessa Baldwin, Lancaster County Career & Technology Center
- 4th place – Heather Markham, York County School of Technology
- Honorable Mention – TyJyre Stern, William Penn Senior High School, York

The art and essay contests were part of the Penn State Children's Hospital youth health sponsorship with the American Heart Association. In addition to the art and essay contest, more than 45,700 students in Adams, Cumberland, Dauphin, Lancaster, Lebanon, Perry

and York county schools that participate in the American Heart Association's Kids Heart Challenge program received a quarterly newsletter with family heart health tips.

More information about Kids Heart Challenge is available online at heart.org/kidsheartchallenge.

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About the American Heart Association

The American Heart Association is a leading force for a world of longer, healthier lives. With nearly a century of lifesaving work, the Dallas-based association is dedicated to ensuring equitable health for all. We are a trustworthy source empowering people to improve their heart health, brain health and well-being. We collaborate with numerous organizations and millions of volunteers to fund innovative research, advocate for stronger public health policies, and share lifesaving resources and information. Connect with us on heart.org, [Facebook](#), [Twitter](#) or by calling 1-800-AHA-USA1.

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