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DISCLOSURES

NONE

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American Stroke Association.  
A division of the American Heart Association.

3

OBJECTIVE

IDENTIFY POTENTIAL RESEARCH OPPORTUNITIES  
FOR YOUR PRACTICE

4



American Stroke Association.  
A division of the American Heart Association.

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## TARGET: STROKE PHASE III

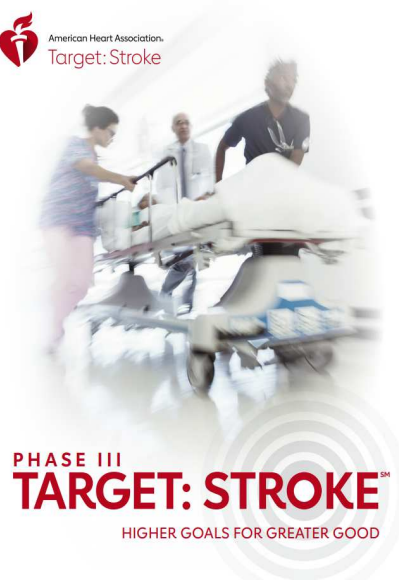
THE PRIMARY GOALS FOR TARGET: STROKE PHASE III ARE:

ACHIEVE DOOR-TO-NEEDLE TIMES WITHIN 60 MINUTES IN 85 PERCENT OR MORE OF ACUTE ISCHEMIC STROKE PATIENTS TREATED WITH IV THROMBOLYTICS.

ACHIEVE DOOR-TO-DEVICE TIMES (ARRIVAL TO FIRST PASS WITH THROMBECTOMY DEVICE) WITHIN 90 MINUTES FOR DIRECT-ARRIVING PATIENTS AND WITHIN 60 MINUTES FOR TRANSFER PATIENTS IN 50 PERCENT OR MORE OF ACUTE ISCHEMIC STROKE PATIENTS TREATED WITH ENDOVASCULAR THERAPY.

STARTING IN 2020, HOSPITALS WILL HAVE THE OPPORTUNITY TO BE RECOGNIZED WITH A NEW TARGET: STROKE HONOR ROLL LEVEL. THE HONOR ROLL LEVELS WILL INCLUDE: TARGET: STROKE HONOR ROLL, TARGET: STROKE HONOR ROLL-ELITE, TARGET: STROKE HONOR ROLL-ELITE PLUS, TARGET: STROKE HONOR ROLL ADVANCE THERAPY.

WEBINAR APRIL 29<sup>TH</sup> 1-2PM



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## TELESTROKE

### PREHOSPITAL ACUTE STROKE CARE



- NEW ERA IN ACUTE STROKE CARE
  - New treatment option
  - Expansion of treatment time window
  - Tissue-based selection
  - New hospital designations
  - New prehospital stroke severity tools
  - MSUs
- INTEGRATION OF THE OLD WITH THE NEW
  - Time is brain
  - IV thrombolysis first if eligible
  - Stroke Survival Chain - EMS are key players



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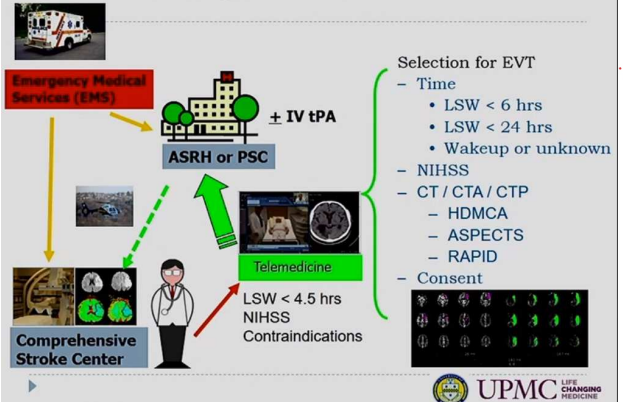
## TELESTROKE

### Telestroke as a tool for Interfacility Endovascular Transfers

Lawrence R. Wechsler, M.D.  
Chairman, Department of Neurology  
University of Pittsburgh Medical School



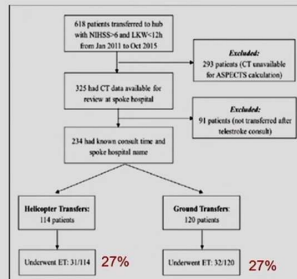
### Telestroke Triage of Acute Stroke



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### Transfers for EVT in Telestroke Network

- Transfers for EVT in an academic telestroke network 2011-2015
- 1 hub, 40 spokes
- Longer transfer times associated with lower probability of EVT
- 27% of eligible transferred pts underwent EVT



Regenhardt et al. Stroke 2018



### Transfers for EVT in UPMC Telestroke Network 2017-2018



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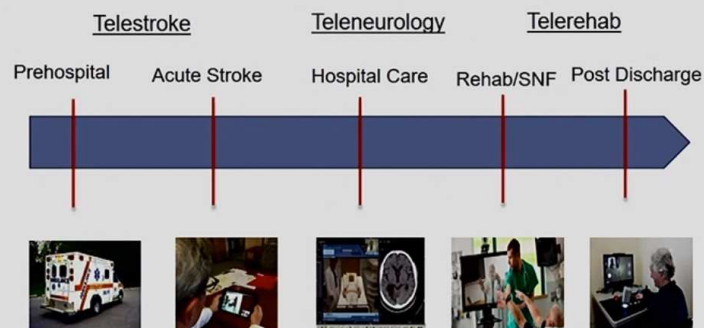


## Telestroke and EVT

- ▶ Thrombectomy volume increasing after positive trials
- ▶ Identification of eligible patients key to appropriate triage
- ▶ Telestroke facilitates triage from PSCs and MSUs



## Telemedicine across the Continuum of Care





## MSU

### Magnitude of Benefit of Prehospital Mobile Stroke Unit vs Conventional ED Thrombolysis: Final Estimate Based on the Berlin Observational Registry Study

May Nour<sup>1</sup>, Jeffrey A. Gornbein<sup>1</sup>, Alexander Kunz<sup>2</sup>, Christian Nolte<sup>3</sup>, Martin Ebinger<sup>4</sup>, Jan F. Scheltz<sup>2</sup>, Heinrich J. Audebert<sup>1</sup>, and Jeffrey L. Saver<sup>1</sup>, Dept. of Neurology and Center for Stroke Research at Charité Universitätsmedizin Berlin<sup>2</sup> and Univ of California, Los Angeles, Los Angeles, CA<sup>1</sup>

### Conclusions

- This observational study, with adjustment for key prognostic features, estimates that out of every 1000 patients treated with MSU rather than conventional ED thrombolysis, 176 will have a less disabled final outcome, including 79 more who would be disability-free

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## Outcomes of Thrombolysis on Mobile Stroke Unit

Daisuke Shimbo, MD<sup>1</sup>, Lila Sheikhi, MD<sup>1</sup>, Deborah Kerrigan, MD<sup>1</sup>, Kerri Maselli<sup>1</sup>, Nicolas R. Thompson, MS<sup>2</sup>, Andrew P. Reimer, RN<sup>2</sup>, Fredric M. Hustey, MD<sup>3</sup>, Jon W. Schrock, MD<sup>3</sup>, Muhammad S. Hussain, MD<sup>1</sup>, Ken Uchino, MD<sup>1</sup>, Andrew N. Russman, DO<sup>1</sup>

on behalf of the Cleveland Pre-Hospital Acute Stroke Treatment Study Group

<sup>1</sup> Cleveland Clinic, Cerebrovascular Center, Cleveland OH, USA.

<sup>2</sup> Cleveland Clinic, Department of Quantitative Health Sciences, Cleveland OH, USA.

<sup>3</sup> Cleveland Clinic, Emergency Services Institute, Cleveland OH, USA.

<sup>4</sup> MetroHealth Medical Center, Department of Emergency Medicine, Cleveland OH, USA



### Conclusions

- Pre-hospital thrombolysis on MSU shortened the time to thrombolytic treatment compared to conventional EMS care
- MSU care was associated with improved functional outcomes in patients with acute ischemic stroke

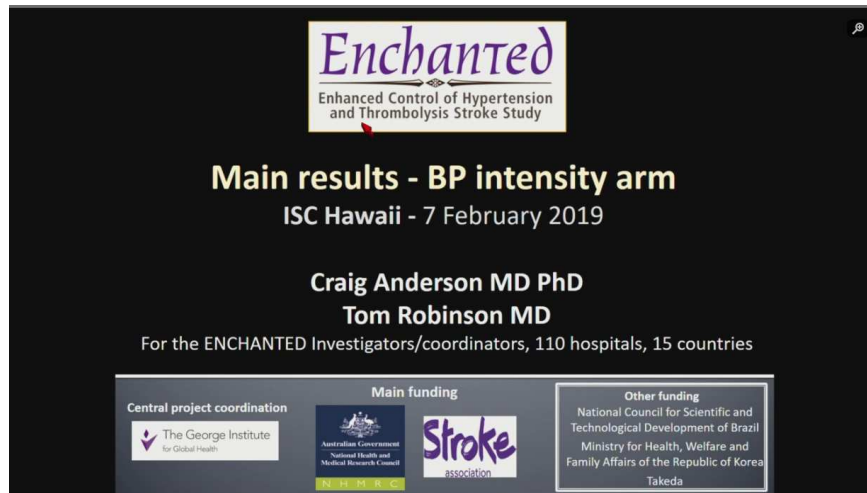
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## ENCHANTED



**Enchanted**  
Enhanced Control of Hypertension and Thrombolysis Stroke Study

**Main results - BP intensity arm**  
ISC Hawaii - 7 February 2019

**Craig Anderson MD PhD**  
**Tom Robinson MD**  
For the ENCHANTED Investigators/coordinators, 110 hospitals, 15 countries

**Central project coordination**  
The George Institute for Global Health

**Main funding**  
Australian Government National Health and Medical Research Council  
Stroke Association

**Other funding**  
National Council for Scientific and Technological Development of Brazil  
Ministry for Health, Welfare and Family Affairs of the Republic of Korea  
Takeda

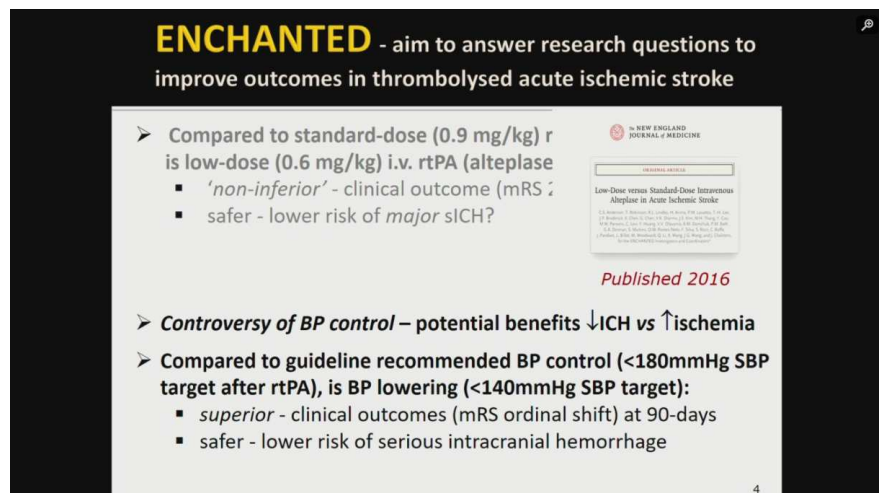
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Anderson C, Huang Y, Lindley RJ et al. **Intensive bp reduction with IV thrombolysis therapy for acute ischaemic stroke (ENCHANTED):** *Lancet*. 2019; [http://dx.doi.org/10.1016/S0140-6736\(19\)30038-8](http://dx.doi.org/10.1016/S0140-6736(19)30038-8)



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## ENCHANTED



**ENCHANTED** - aim to answer research questions to improve outcomes in thrombolysed acute ischemic stroke

- Compared to standard-dose (0.9 mg/kg) r is low-dose (0.6 mg/kg) i.v. rtPA (alteplase)
  - 'non-inferior' - clinical outcome (mRS);
  - safer - lower risk of *major* sICH?
- *Controversy of BP control* – potential benefits ↓ICH vs ↑ischemia
- Compared to guideline recommended BP control (<180mmHg SBP target after rtPA), is BP lowering (<140mmHg SBP target):
  - superior - clinical outcomes (mRS ordinal shift) at 90-days
  - safer - lower risk of serious intracranial hemorrhage

NEW ENGLAND JOURNAL OF MEDICINE  
ORIGINAL ARTICLE  
Low-Dose versus Standard-Dose Intravenous Alteplase in Acute Ischemic Stroke  
Published 2016

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## ENCHANTED

### Study Outline

Protocol & analysis plan – both published in *Int J Stroke*

- **Design:** Prosp. central randomized, open, blinded outcome (PROBE)
- **Patients:** *alteplase-eligible/treated acute ischemic stroke <4.5hr of onset*; SBP  $\geq 150$ mmHg; treatment <6 hrs of stroke onset
- **Intervention - intensive** (SBP <130-140mmHg; <1hr + 72hrs), local agents; *guideline* – (SBP <180mmHg); background best practice + EVT
- **Primary outcome** – shift comparison mRS scores at 90 days
- **Safety outcomes** – any intracranial hemorrhage (key); other outcomes of symptomatic intracerebral hemorrhage (sICH) by standard criteria; all by central blind adjudication
- **Secondary efficacy outcomes** – Good recovery (mRS 0-1), other disability measures, health-related quality of life
- **Subgroups** - including interaction with rtPA dose
- **Quality control:** Central and site monitoring

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## ENCHANTED

### ENCHANTED - major findings

In lysis-eligible patients with acute ischemic stroke, more intensive BP lowering (<140mmHg target):

- **Not shown to be superior** to guideline-recommended BP lowering (<180mmHg) for primary disability outcome
- **Consistency** of neutral findings in all pre-specified subgroups
- **Shown to be safe** with respect to mRS scores and SAEs
- **Evidence** for lower risk of intracranial hemorrhage (including intracerebral hemorrhage)

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## ENCHANTED

### Clinical implications

Role of more intensive BP lowering than recommended in guidelines (systolic <180mmHg) in lysis-eligible AIS patients?

- **No evidence to support a major change in the guidelines**
- Treatment – safe, potential to reduce serious brain haemorrhage
- ENCHANTED not fully resolved uncertainty for optimal level / approach for BP control for recovery, *and...*
  - *Further research* - brain imaging database analyses to understand why reduction in risk of ICH did not translate into improved recovery
  - *Further trial* - BP lowering in LAO/EVT cases (ENCHANTED2 planned)

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### EFFECT OF ALTEPLASE VS ASPIRIN ON FUNCTIONAL OUTCOME FOR PATIENTS WITH ACUTE ISCHEMIC STROKE AND MINOR NONDISABLING NEUROLOGIC DEFICITS: PRISMS TRIAL

313 PATIENTS ENROLLED AT 53 US STROKE CENTERS  
(PLAN WAS TO ENROLL 948)

NIH STROKE SCALE 0-5 WITH ~~NONDISABLING~~ SYMPTOMS

STANDARD DOSE IV ALTEPLASE (0.9 MG/KG) VS ORAL ASPIRIN 325 MG GIVEN WITHIN 3 HOURS OF LAST KNOWN WELL

MEAN AGE 62, 46% WOMEN

MEDIAN TIME TO TREATMENT 2.7 HOURS

MEAN NIH STROKE SCALE AT BASELINE = 2

Khatri P, Kleindorfer DO, Devlin T, et al. Effect of alteplase vs aspirin on functional outcome for patients with acute ischemic stroke and minor nondisabling neurologic deficits: the PRISMS randomized clinical trial. *JAMA*. 2018;320:156-166.



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## PRISM

PRIMARY EFFICACY OUTCOME WAS FAVORABLE  
FUNCTIONAL OUTCOMES DEFINED AS A MODIFIED  
RANKIN 0-1 AT 90 DAYS

### FAVORABLE OUTCOME – NO DIFFERENCE

- 78.2 % in subjects who received IV alteplase
- 81.5 % in subjects who received aspirin
- Adjusted risk difference, -1.1%; 95% CI (not statistically significant)

### SAFETY ENDPOINT: SYMPTOMATIC HEMORRHAGIC CONVERSION WITHIN 36 HOURS OF IV STUDY TREATMENT

- 3.2 % (5 subjects) in IV alteplase arm, 0% in aspirin arm
- Risk difference 3.3%; 95% CI, 0.8% -7.4%

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## PRISM

*"IT'S THE DATA THAT WE'VE GOT, AND IT'S UNDERPOWERED, BUT IT CERTAINLY HAS SWAYED ME TOWARDS TYPICALLY NOT TREATING THESE PATIENTS," DR. KHATRI TOLD TCTMD. IN DISCUSSIONS WITH HER COLLEAGUES, SHE ADDED, IT'S "GENERALLY BEEN THE CONSENSUS THAT WHEN YOU SEE THESE DATA, WHEN YOU SEE THAT THERE'S A REAL HEMORRHAGE RISK AND THERE ISN'T ANY SIGNAL OF BENEFIT, IT'S TOUGH TO JUSTIFY TREATING THEM."*

POOJA KHATRI MD PRINCIPLE INVESTIGATOR UNIVERSITY OF  
CINCINNATI, OH  
<https://www.tctmd.com/news/iv-alteplase-no-help-minor-nondisabling-strokes-prisms-trial>

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## PRISM

*"I'VE AGONIZED OVER THIS AT TIMES, AND I THINK THIS WILL MAKE ME MORE CONFIDENT IN MAKING THE DECISION NOT TO TREAT THESE PATIENTS. FOR THESE PATIENTS, TREATMENT WITH ASPIRIN ALONG WITH CLOSE MONITORING MAY BE AN APPROPRIATE COURSE OF ACTION."*

WILLIAM POWERS UNIVERSITY OF NORTH CAROLINA AT  
CHAPEL HILL

Powers WJ. Intravenous alteplase for mild nondisabling acute ischemic stroke: a bridge too far? *JAMA*.2018;320:141-143.

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## WHAT ABOUT LOW NIHSS BUT DISABLING SYMPTOMS?

THIS STUDY DOES NOT APPLY TO PATIENTS WITH  
DISABLING SYMPTOMS

AUTHORS STATE PATIENTS WITH LARGE VESSEL  
OCCLUSIONS REQUIRE FURTHER STUDY AS THEY  
MAY BE MORE LIKELY TO DETERIORATE



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## EXTEND

EXTEND  

Extending Access to Treatment in Stroke Management Series

### Hypothesis

Ischaemic stroke patients selected with significant **penumbral mismatch** at 4.5 - 9 hours post stroke onset, or following 'Wake Up Stroke', will have improved clinical outcomes when given intravenous tPA compared to placebo



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## EXTEND

EXTEND  

Extending Access to Treatment in Stroke Management Series

### Study Design

Phase III randomised, multicentre, double-blinded, stratified, placebo controlled trial (tPA 0.9mg/kg vs placebo) with imaging selection (CTP or MR Diffusion/Perfusion)

Stratified for time of randomisation after stroke

1. 4.5 – 6 hours
2. >6 – 9 hours
3. Wake Up Stroke

Sample size = 310 patients

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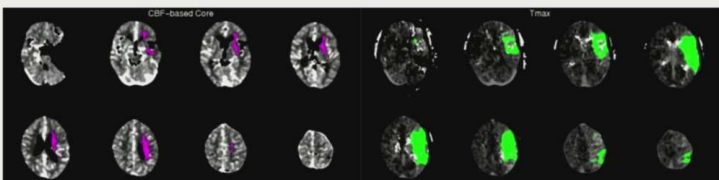


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## EXTEND

**Perfusion Imaging Selection**



The diagram shows two sets of brain scan slices. The left set, labeled 'CBF-based Core', shows slices with a central purple core and a surrounding pink penumbra. The right set, labeled 'Tmax', shows slices with a central green core and a surrounding yellow penumbra.

RAPID\* automated CT perfusion or MR perfusion

- **Penumbral mismatch criteria**
  1. Hypoperfusion to core volume ratio > 1.2
  2. Perfusion lesion - core absolute difference >10 ml
  3. Ischaemic core lesion volume ≤70 ml

\* iSchemaView

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## EXTEND

**Early Cessation of Recruitment**

After the publication of the WAKE UP Study, the Steering committee sought a recommendation from the DSMB and a decision was made to cease recruitment on 6th June 2018.

In total there were **225 patients** recruited.

There were 112 patients received placebo and 113 patients received thrombolysis.

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## EXTEND



Extending the Time Window to Emergency Neurological Services

### Conclusions

tPA treated patients presenting within 9 hours or with wake up stroke selected by automated perfusion imaging achieved a **significantly higher rate of excellent functional outcome** compared to placebo.

Per Protocol Analysis showed a **similar primary outcome** as the **positive** Intention To Treat Analysis result but **under-powered** due to loss of patients.

For secondary and other outcomes in per protocol analysis: there was **superior reperfusion, recanalization and early neurological improvement** compared to placebo

There was an increase in the rate of sICH **consistent with other thrombolytic trials**, but this was not associated with increased mortality and did not negate the positive result of improved rate of excellent functional outcome.

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## EXTEND



Extending the Time Window to Emergency Neurological Services

EXTEND is the **first** positive thrombolysis trial in an extended time window using automated penumbral imaging

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## COLLATERALS!

defuse-3

### Results from the DEFUSE 3 Trial: Good Leptomeningeal Collaterals Are Associated with Reduced Core Infarct Size but Not Improved Neurologic Outcome

Adam de Havenon, Michael Mlynash, May A. Kim-Tenser, Maarten Lansberg, Thalabe Leslie-Mazwi, Soren Christensen, Ryan McTaggart, Matthew Alexander, Greg Albers, Joseph Broderick, Michael Marks, Jeremy J. Heit

On behalf of the DEFUSE 3 Investigators

defuse-3

## Conclusions

- Good collaterals:
  - Smaller baseline core volume, reduced core growth
  - Not associated with neurologic outcome, success of EVT, hemorrhagic complications, or death
- No association between collaterals and many traditional demographic predictors of baseline collateral status
- These unexpected findings require further study

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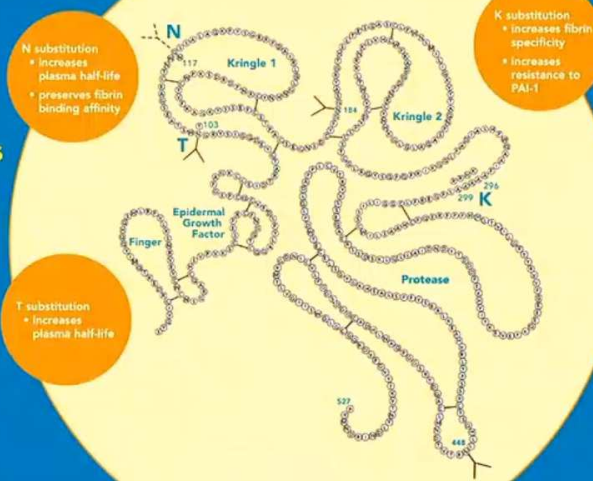
## TENECTEPLASE

Tenecteplase (TNK) – potentially a superior stroke thrombolytic

### TNKase Molecule: Three Targeted Substitutions

Benedict, et al.  
Circulation.  
1995;92:3032.  
Keyt, et al.  
Proc Natl Acad Sci USA.  
1994;91:3670.

**TNKase**  
tenecteplase  
Taking outcomes to heart



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## TENECTEPLASE

### Summary – TNK for stroke

#### We know

- Easier to deliver - "drip and ship".
- Less risk of major brain haemorrhage.
- Prior to thrombectomy, superior to alteplase
- In other lysis eligible patients at least non-inferior to alteplase

#### Current state of play

- In Australia 2 states have replaced alteplase with TNK for pre-thrombectomy lysis
- In India generic TNK is licensed for stroke treatment
- There are at least two generic TNK being trialled in China for stroke

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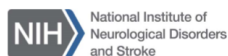
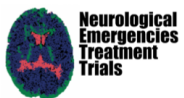
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## SHINE

### The SHINE Trial Intensive versus Standard Treatment of Hyperglycemia in Acute Ischemic Stroke

Karen Johnston, Askiel Bruno, Qi Pauls, Christiana Hall, Kevin Barrett, William Barsan, Amy Fansler, Katrina Van de Bruinhorst, Scott Janis, Valerie Durkalski-Mauldin, for the NETT and

SHINE Investigators



Stroke Hyperglycemia Insulin Network Effort

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## Hypotheses



### Efficacy

- Intensive glucose control to target range of 80-130 mg/dL with IV insulin infusion in hyperglycemic acute ischemic stroke patients within 12 hours of symptom onset will improve favorable outcome by absolute 7% as measured by mRS at 90 days after stroke.

### Safety

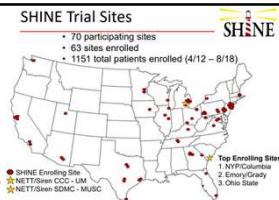
- Intensive glucose control will be safe as measured by <4% increase in severe hypoglycemia (<40 mg/dL) compared to standard control in acute ischemic stroke patients treated up to 72 hours



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## Design



- Prospective, multicenter, randomized, blinded
  - 70 US sites, maximum of 1400 patients
- Randomization balance for NIHSS & tPA
- Single blind treatment
- Double blind outcome assessment
- Treatment (up to 72 hours)
  - Intensive: Insulin drip – target 80-130 mg/dL
  - Standard: SQ insulin q6 hr – target <180 mg/dL
- 4 planned interim analyses (500, 700, 900, 1100)



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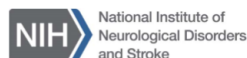
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## Conclusions



- Successful & efficient completion of SHINE Trial
- Answered question of best glucose control for hyperglycemic AIS
- Intensive glucose control (80-130 mg/dL) does not improve 90 day functional outcome and increases risk of severe hypoglycemia
- SQ insulin with target <180 mg/dL is preferred



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## BACK TO BASICS: ADHERENCE WITH GUIDELINES FOR GLUCOSE AND TEMPERATURE CONTROL IN AN AMERICAN COMPREHENSIVE STROKE CENTER SAMPLE

### OBSERVATIONAL STUDY AT 5 CSCS

235 ACUTE STROKE PTS (87% AIS, 13% ICH)

1669 CONSECUTIVE GLUCOSE MEASUREMENTS

3782 CONSECUTIVE TEMPERATURE MEASUREMENTS

**POOR GLUCOSE CONTROL IN 33% OF PATIENTS** (DEFINED AS > 180 MG/DL). MOST FREQUENT METHOD OF CONTROL WAS REGULAR INSULIN SLIDING SCALE WITHOUT BASAL DOSING

**POOR TEMPERATURE CONTROL IN 10 %** (DEFINED AS >38 DEGREES C) AND **39% DID NOT HAVE TEMPERATURE RECORDED IN THE ED**

**LOWER NIHSS AND WELL-CONTROLLED GLUCOSE WERE INDEPENDENT PREDICTORS OF FAVORABLE OUTCOME (MODIFIED RANKIN SCALE SCORE 0-2) IN REPERFUSION**

**PATIENTS** Journal of Neuroscience Nursing: June 2018 - Volume 50 - Issue 3 - p 131-137  
doi: 10.1097/JNN.0000000000000358



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## BACK TO BASICS

***“GLUCOSE AND TEMPERATURE CONTROL MAY BE OVERLOOKED IN THIS ERA OF RAPID STROKE DIAGNOSIS AND TREATMENT. ACUTE STROKE NURSES ARE WELL POSITIONED TO ASSUME LEADERSHIP OF GLUCOSE AND TEMPERATURE MONITORING AND TREATMENT”.***

ANNE ALEXANDROV PHD, RN,-BC CCRN, ANVP NVRN-BC, FAAN



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## TELEREHABILITATION IN THE HOME VS THERAPY IN CLINIC FOR PATIENTS WITH STROKE

**Unmet need: delivery of large doses of rehab therapy**

Motor deficits are a major contributor to post-stroke disability.

Animal studies with favorable plasticity use high rehab doses.  
(600 repetitions of pellet retrieval/day, Nudo 1996)

In humans, higher rehab therapy doses may improve outcomes.

[Steven C Cramer MD ISC 2019 Presentation and ISC Abstract LB23: Cramer SC, Dodakian L, Le V, et al, for the NIH StrokeNet Telerehab Investigators. Telerehabilitation in the home versus therapy in-clinic for patients with stroke.](#)



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## TELEREHABILITATION

### Unmet need: delivery of large doses of rehab therapy

Motor deficits are a major contributor to post-stroke disability.

Animal studies with favorable plasticity use high rehab doses.  
(600 repetitions of pellet retrieval/day, Nudo 1996)

In humans, higher rehab therapy doses may improve outcomes.

Quantity of rehab therapy often low in humans, however:

- (1) financial constraints
- (2) patient can't travel to a rehab therapy provider
- (3) shortage of rehabilitation care in some regions
- (4) poor patient compliance with assignments
- (5) limited dose during stroke rehabilitation  
(mean of 32 arm repetitions/session, Lang 2009)

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## TELEREHABILITATION

### Telerehabilitation in the Home Versus Therapy In-Clinic for Patients With Stroke

124 subjects with stroke 4-36 weeks prior and arm motor deficits

Randomized at 11 US sites to intensive arm motor therapy

- (a) traditional In-Clinic, versus
- (b) in-home Telerehabilitation

Treatment

36 sessions (18 superv'd, 18 unsuperv'd), 70 min, over 6-8 wk  
Intensity, duration, and frequency of therapy matched

Assessor-blind, randomized, non-inferiority design

[clinicaltrials.gov NCT02360488](https://clinicaltrials.gov/NCT02360488)



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## TELEREHABILITATION

Primary outcome measure: change in arm motor Fugl-Meyer score from baseline to 30 days post-therapy

Intent To Treat (all randomized subjects), multiple imputation for missing data

Secondary outcome measures:

- [1] Gains in stroke knowledge
- [2] Change in motivation over time

Analysis: If the non-inferiority margin (30% of  $\Delta FM$  for In-Clinic group) falls outside the 95% CI for the difference in  $\Delta FM$  between groups, then telerehabilitation would be considered non-inferior.

Sample size: Assumed In-Clinic group mean  $\Delta FM$  of 6.85 points and  $SD=3.8$ , study needed 124 subjects for 85% power.



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## TELEREHABILITATION

### In-Clinic Group

- **18 supervised treatment sessions** (70 minutes)
  - At the research center, with a therapist
- **18 unsupervised treatment sessions** (70 minutes)
  - In the home, using an individualized booklet

### Telerehabilitation

- Study team delivered a telerehabilitation system to the home
- **18 supervised treatment sessions** (70 minutes)
  - In the home, 30 min therapist videoconference at start
- **18 unsupervised treatment sessions** (70 minutes)
  - In the home, using telerehab system (no therapist contact)

Games could be adjusted in relation to motor control, e.g., movement speed, timing, planning, range of motion, target size, cognitive demand, hemifield bias, bimanual, sustained, proximal vs. distal, and 1<sup>st</sup> person vs. 3<sup>rd</sup> person perspective



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## TELEREHABILITATION

FDA: non-significant risk device study

clinicaltrials.gov NCT02360488

Telerehab Trial

NIH StrokeNet



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## TELEREHABILITATION

Telerehabilitation

Diet	Stroke Facts	Stroke Risk Factors	Effects of Stroke	Exercise
\$1000	\$1000	\$1000	\$1000	\$1000
\$2000	\$2000	\$2000	\$2000	\$2000
\$3000	\$3000	\$3000	\$3000	\$3000
\$4000	\$4000	\$4000	\$4000	\$4000
\$5000	\$5000	\$5000	\$5000	\$5000

Transfer Object

Grasp and hold object with one hand. Transfer object to other hand. Reverse. Use objects of different shapes, sizes and weight.

In the past week of assessment, how many times have you been doing all part of this research study, how satisfied are you with the therapy?

I find the task/games

Score: 5

Time: 120

Score: 5

Time: 21

Score: 5

Time: 120

Score: 5

Time: 120

Score: 5

Time: 120



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## TELEREHABILITATION

### Conclusions

Arms improved, as Fugl-Meyer score gains (7.86-8.36 points) exceed minimal clinically important difference (4.25-7.25).

These arm motor gains were comparable for home-based telerehab as compared to in-clinic therapy.

Telerehab was also comparably efficacious at patient education.

In future studies, telerehabilitation might be

- paired with a drug (experience-dependent plasticity)
- used to obtain detailed remote measurements
- used to treat other neurological domains (language, leg, etc.)
- studied to improve access and lower cost of post-stroke rehab



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## AHA/ASA CVSN STROKE ARTICLE OF THE YEAR

Gerontologist. 2017 Oct; 57(5): 880-889.

PMCID: PMC5881730

Published online 2016 Nov 5. doi: [10.1093/geront/gnw135](https://doi.org/10.1093/geront/gnw135)

PMID: [27816914](https://pubmed.ncbi.nlm.nih.gov/27816914/)

### Improving Stroke Caregiver Readiness for Transition From Inpatient Rehabilitation to Home



Barbara J Lutz, PhD, RN, CRRN, FAHA, FAAN,<sup>1,2</sup> Mary Ellen Young, PhD,<sup>3</sup> Kerry Rae Creasy, PhD, ARNP,<sup>2</sup> Crystal Martz, MSN, RN,<sup>2</sup> Lydia Eisenbrandt, MA,<sup>1</sup> Jarrett N Brunny, MPH,<sup>3</sup> and Christa Cook, PhD, RN, MPH<sup>2</sup>



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INADEQUATE CARE GIVER PREPARATION CREATES A SECOND CRISIS FOR SURVIVORS AND THEIR FAMILY CAREGIVERS AS THEY TRANSITION HOME

THIS GROUNDED THEORY STUDY ANALYZED 81 INTERVIEWS FROM 40 CAREGIVERS CARING FOR 33 STROKE PATIENTS DURING INPATIENT REHABILITATION AND UP TO 6 MONTHS AFTER DISCHARGE

CAREGIVERS DESCRIBED CRITICAL AREAS WHERE THEY FELT UNPREPARED TO ASSUME THE CAREGIVER ROLE

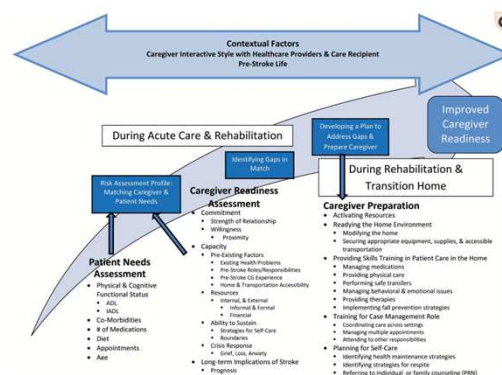
THESE EXPERIENCES ILLUSTRATED THE GAP IN ASSESSING AND ADDRESSING CAREGIVER READINESS TO MEET THE CARE NEEDS OF THE STROKE SURVIVOR AS THEY TRANSITIONED HOME, RESULTING IN ISSUES POST-DISCHARGE

LUTZ AND COLLEAGUES RECOMMEND A 3 STEP PROCESS TO IMPROVE PREPARATION FOR DISCHARGE



### 3 STEP PROCESS FOR ASSESSING AND PREPARING THE FAMILY CAREGIVER FOR ASSUMING THE CARE GIVING ROLE

Figure 1.



CONDUCTING A SYSTEMATIC RISK ASSESSMENT OF THE DYAD, WHICH INCLUDES ASSESSING THE PATIENT'S NEEDS AND THE CAREGIVER'S COMMITMENT AND CAPACITY TO ADDRESS THOSE NEEDS

IDENTIFYING AND PRIORITIZING GAPS BETWEEN THE CARE RECIPIENT'S NEEDS AND CAREGIVER'S READINESS

DEVELOPING A PLAN TO ADDRESS THE GAPS





*"IN ORDER TO MINIMIZE CAREGIVER BURDEN AND IMPROVE OUTCOMES FOR STROKE PATIENTS AND THEIR FAMILY CAREGIVERS, WE MUST CONSIDER THE FAMILY UNIT AND INDIVIDUALIZE CARE PLANS TO ADDRESS THEIR SPECIFIC NEEDS. THE CRITICAL FIRST STEPS IN THIS PROCESS ARE TO CONDUCT A COMPREHENSIVE ASSESSMENT OF THE PATIENT'S NEEDS AND, EQUALLY IMPORTANT, THE CAREGIVER'S READINESS TO ASSUME THE CAREGIVING ROLE. THIS WILL ALLOW US TO IDENTIFY GAPS AND PRIORITIZE INTERVENTIONS THAT ARE APPROPRIATELY TAILORED TO THE NEEDS OF THE FAMILY TO ENSURE APPROPRIATE FAMILY-CENTERED CARE"*

Barbara Lutz

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## NEW TECHNOLOGIES!

### AlphaStroke

- EEG (electroencephalography) based technology
- "Place a few electrodes on easily accessible places on the head"
- About 1 minute of testing
  - Binary decision: stroke or no stroke
- Identifies asymmetry in EEG signals between the two sides of the brain
- Handheld (about the size of a smart phone)

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## NEW TECHNOLOGIES

### BrainPulse

- Developed by Jan Medical Inc., Mountain View, CA
- Multiple indications: stroke, concussion, vasospasm, AVM, aneurysm
- Technology utilizes accelerometers
- About 4 minutes from start to result



Images courtesy of Jan Medical, Inc.



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## NEW TECHNOLOGIES

### BrainPulse

#### Accelerometer Technology:

- Surge of blood enters the brain with each heartbeat
- This blood flow is not symmetric
  - Right ICA closer to left ventricle than left ICA
- Brain in "oscillations" with each heartbeat
- Accelerometers detect these oscillations
- Machine learning
- Patterns recognized, algorithms developed for specific brain pathologies



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## NEW TECHNOLOGIES

A non-invasive wireless  
neurological device

"Rapid assessment may  
lead to early  
intervention, better  
outcomes, and reduced  
hospital costs."



**Cerebrotech  
Visor™**

Focus on triage of stroke  
patients

[www.cerebrotechmedical.com](http://www.cerebrotechmedical.com)

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**American  
Stroke  
Association.**  
A division of the  
American Heart Association.

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## NEW TECHNOLOGIES

### Infrascanner

Left and right frontal,  
temporal, parietal, and  
occipital areas

Absorbance of light at  
selected wavelengths is  
recorded



[www.infrascanner.com](http://www.infrascanner.com)

**Reported applications:** EDs, ICUs, Pre-hospital, Military, Field  
Hospitals, Sports Medicine, Remote Locations



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## NEW TECHNOLOGIES

### Lucid and NeuralBot

Products developed by Neural Analytics, Inc., Los Angeles, CA

Devices utilize **transcranial doppler** (ultrasound) technology

- The Lucid™ Robotic System (Lucid™ M1 Transcranial Doppler Ultrasound System® and NeuralBot™ System)

-Integration of **ultrasound**, **robotics**, and **machine learning**

-Combining transcranial doppler with a headset containing robotics

-Doppler analyzed by Lucid system, visual and numerical output

-Machine learning based on data patterns



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## NEW TECHNOLOGIES



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## NEW TECHNOLOGIES!

### Sense

- Developed by Sense Diagnostics, LLC, Cincinnati, OH
- Low powered electro-magnetic pulse, radiofrequency range
- Detects changes in the signal that may indicate:  
Acute hemorrhage, swelling, or seizure

Device consists of:

- 1) A 9 antenna array (72 data points per scan)
- 2) Driving electronics for the array
- 3) Spectrum analyzer coupled with a computer

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## NEW TECHNOLOGIES!

### Sense

ED, ICU, OR, prehospital

- Continuous monitoring, such as in the ICU
- Information about neurological worsening



Image courtesy of Sense Diagnostics, LLC

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## NEW TECHNOLOGIES!

### Strokefinder

Strokefinder MD100, Medfield Diagnostics, Göteborg, Sweden

-Microwave technology

- Microwaves scatter in the matter
- Antennas surround the brain
- Mathematical processing, generation of diagram/picture

Microwave devices:

- Simpler components
- More complex signal processing

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## NEW TECHNOLOGIES!

### Strokefinder

Applications include:

- Prehospital screening
- Stroke
- Traumatic Brain Injury

Microwave technology potentially  
promising for new, cost effective imaging devices



[www.medfielddiagnostics.com](http://www.medfielddiagnostics.com)

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NEW TECHNOLOGIES!

## Artificial Intelligence in Prehospital Stroke Detection Using Computer Vision Analysis

*Automation In Motion*

Mark McDonald, MD  
AHA/ASA International Stroke Conference  
February 6, 2019



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## THANK YOU

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