Utah Fact Sheet

**Leading Causes of Death in Utah in 2015***

- Heart disease: 20.8%
- Cancer: 17.8%
- Stroke: 5.1%
- Chronic Lower Respiratory Disease: 4.7%
- Nephritis: 3.5%
- Diabetes: 2.1%
- Influenza: 2.1%
- Suicide: 3.6%
- Alzheimer’s: 5.2%
- Accident: 7.1%
- All Others >28%

Utah has the 15th lowest death rate from cardiovascular disease in the country.**

- Heart disease is the no. 1 killer in Utah*
- 3,598 people in Utah died of heart disease in 2015*
- Stroke is the no. 5 killer in Utah*
- 888 in Utah died of stroke in 2015*

**Heart Disease and Stroke Risk Factors in Utah***

<table>
<thead>
<tr>
<th>Factor</th>
<th>Utah</th>
<th>US</th>
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</thead>
<tbody>
<tr>
<td>Adults who are current smokers</td>
<td>9.1%</td>
<td>17.5%</td>
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<tr>
<td>Adults who participate in 150+ min of aerobic physical activity per week</td>
<td>55.3%</td>
<td>51%</td>
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<tr>
<td>Adults who are overweight or obese+</td>
<td>59.7%</td>
<td>65.3%</td>
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<tr>
<td>Adults who have been told that they have had a heart attack</td>
<td>2.9%</td>
<td>4.2%</td>
</tr>
<tr>
<td>Adults who have been told that they have had a stroke</td>
<td>2.2%</td>
<td>2.9%</td>
</tr>
<tr>
<td>Adults who have been told that they have angina or coronary heart disease</td>
<td>2.3%</td>
<td>3.9%</td>
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<tr>
<td>Population of adults (18-64) who have some kind of health care coverage</td>
<td>88.4%</td>
<td>91%</td>
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<tr>
<td>High school Students who are obese++</td>
<td>6.4%</td>
<td>13.9%</td>
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<tr>
<td>Percentage of population covered by Medicaid/Chip++</td>
<td>12%</td>
<td>20%</td>
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</tbody>
</table>

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* List includes Puerto Rico and D.C. Based on total number of deaths in 2015. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2015.
** Also known as COPD (Chronic Obstructive Pulmonary Disorder); COPD and allied conditions (including asthma); the term in the ICD/10 is "chronic lower respiratory disease."*
++ Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.
++ Students who were ≥95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2013
+++ Kaiser Family Foundation US and State Medicaid Fact Sheets, 2015