South Carolina Fact Sheet

South Carolina has the 15th highest death rate from cardiovascular disease in the country.**

• Heart disease is the no. 1 killer in South Carolina*
• 10,418 people in SC died of heart disease in 2017*

• Stroke is the no. 5 killer in South Carolina*
• 2,691 in South Carolina died of stroke in 2017*

Heart Disease and Stroke Risk Factors in SC***

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>SC</th>
<th>US</th>
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</thead>
<tbody>
<tr>
<td>Adults who are current smokers+</td>
<td>18.8%</td>
<td>17.1%</td>
</tr>
<tr>
<td>Adults who participate in 150+ min of aerobic physical activity per week</td>
<td>48.6%</td>
<td>50.6%</td>
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<tr>
<td>Adults who are overweight or obese++</td>
<td>68.1%</td>
<td>66.6%</td>
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<tr>
<td>Adults who have been told that they have had a heart attack</td>
<td>4.8%</td>
<td>4.2%</td>
</tr>
<tr>
<td>Adults who have been told that they have had a stroke</td>
<td>3.8%</td>
<td>3%</td>
</tr>
<tr>
<td>Adults who have been told that they have angina or coronary heart disease</td>
<td>4.9%</td>
<td>3.9%</td>
</tr>
<tr>
<td>Population of adults (18-64) who have some kind of health care coverage</td>
<td>86%</td>
<td>89.5%</td>
</tr>
<tr>
<td>High school Students who are obese++</td>
<td>17.2%</td>
<td>14.8%</td>
</tr>
<tr>
<td>Percentage of population covered by Medicaid/CHIP++++</td>
<td>19%</td>
<td>19%</td>
</tr>
</tbody>
</table>

* List includes Puerto Rico and D.C. Based on total number of deaths in 2017. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2017

** Also known as COPD (Chronic Obstructive Pulmonary Disorder): COPD and allied conditions (including asthma); the term in the ICD/10 is “chronic lower respiratory diseases.”


+ Includes only cigarette smoking

++ Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.

+++ Students who were ≥ 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention. Youth Risk Behavior Surveillance System, 2017

++++ Kaiser Family Foundation US and State Medicaid Fact Sheets, 2017

Leading Causes of Death in South Carolina in 2017*

- Heart Disease: 21.1%
- Cancer: 20.9%
- Stroke: 5.4%
- Accident: 6.4%
- All Others >26%
- Suicide: 1.7%
- Septicemia: 1.8%
- Nephritis: 1.9%
- Diabetes: 3.1%
- Alzheimer’s: 5.2%
- Chon. Low. Respir. Disease: 6%
- Nephritis: 1.9%
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- Chon. Low. Respir. Disease: 6%
- All Others >26%