Oklahoma State Fact Sheet

Oklahoma has the 3rd highest death rate from cardiovascular disease in the country.**

- Heart disease is the no. 1 killer in Oklahoma*
- 10,772 people in Oklahoma died of heart disease in 2017*
- Stroke is the no. 5 killer in Oklahoma*
- 1,947 in Oklahoma died of stroke in 2017*

Leading Causes of Death in Oklahoma in 2017

- Heart Disease 26.6%
- Cancer 20.3%
- All Others >21%
- Influenza 1.5%
- Liver Disease 1.7%
- Suicide 1.9%
- Diabetes 3.5%
- Alzheimer’s 4.3%
- Stroke 4.8%
- Accident 6.3%
- Chronic Lower Respiratory Diseases 7.5%

Heart Disease and Stroke Risk Factors in Oklahoma***

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>Oklahoma</th>
<th>US</th>
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</thead>
<tbody>
<tr>
<td>Adults who are current smokers</td>
<td>20.2%</td>
<td>17.1%</td>
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<tr>
<td>Adults who participate in 150+ min of aerobic physical activity per week</td>
<td>42.5%</td>
<td>50.6%</td>
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<tr>
<td>Adults who are overweight or obese+</td>
<td>70.6%</td>
<td>66.6%</td>
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<tr>
<td>Adults who have been told that they have had a heart attack</td>
<td>5.6%</td>
<td>4.2%</td>
</tr>
<tr>
<td>Adults who have been told that they have had a stroke</td>
<td>4.5%</td>
<td>3%</td>
</tr>
<tr>
<td>Adults who have been told that they have angina or coronary heart disease</td>
<td>5.3%</td>
<td>3.9%</td>
</tr>
<tr>
<td>Population of adults (18-64) who have some kind of health care coverage</td>
<td>85%</td>
<td>89.5%</td>
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<tr>
<td>High school Students who are obese++</td>
<td>17.1%</td>
<td>14.8%</td>
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<tr>
<td>Percentage of population covered by Medicaid/Chip++</td>
<td>18%</td>
<td>19%</td>
</tr>
</tbody>
</table>

* Based on total number of deaths in 2015. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2017.
* Also known as COPD (Chronic Obstructive Pulmonary Disorder): COPD and allied conditions (including asthma); the term in the ICD/10 is “chronic lower respiratory diseases.”
+ Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.
++ Students who were ≥ 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2015
+++ Kaiser Family Foundation US and State Medicaid Fact Sheets, 2016