North Dakota Fact Sheet

Leading Causes of Death in North Dakota in 2015*

- Heart disease: 21.3%
- Cancer: 21.2%
- Stroke: 4.9%
- Accident: 5.9%
- Alzheimer's: 6%
- Chronic Lower Respiratory Disease: 5.6%
- Diabetes: 3.1%
- Influenza: 2.8%
- Nephritis: 1.9%
- Suicide: 2%
- All Others > 25%

North Dakota has the 22nd lowest death rate from cardiovascular disease in the country.**

- Heart disease is the no. 1 killer in ND *
- 1,323 people in ND died of heart disease in 2015*
- Stroke is the no. 6 killer in ND*
- 308 in ND died of stroke in 2015*

Heart Disease and Stroke Risk Factors in ND***

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>ND</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adults who are current smokers</td>
<td>18.7%</td>
<td>17.5%</td>
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<tr>
<td>Adults who participate in 150+ min of aerobic physical activity per week</td>
<td>47%</td>
<td>51%</td>
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<tr>
<td>Adults who are overweight or obese+</td>
<td>67%</td>
<td>65.3%</td>
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<tr>
<td>Adults who have been told that they have had a heart attack</td>
<td>3.9%</td>
<td>4.2%</td>
</tr>
<tr>
<td>Adults who have been told that they have had a stroke</td>
<td>2.5%</td>
<td>2.9%</td>
</tr>
<tr>
<td>Adults who have been told that they have angina or coronary heart disease</td>
<td>3.6%</td>
<td>3.9%</td>
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<tr>
<td>Population of adults (18-64) who have some kind of health care coverage</td>
<td>91.6%</td>
<td>91%</td>
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<tr>
<td>High school Students who are obese++</td>
<td>14%</td>
<td>13.9%</td>
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<tr>
<td>Percentage of population covered by Medicaid/Chip+++</td>
<td>10%</td>
<td>20%</td>
</tr>
</tbody>
</table>

* List includes Puerto Rico and D.C. Based on total number of deaths in 2015. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2015.
* Also known as COPD (Chronic Obstructive Pulmonary Disorder); COPD and allied conditions (including asthma); the term in the ICD/10 is "chronic lower respiratory diseases."
+ Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more
++ Students who were ≥ 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2015
+++ Kaiser Family Foundation US and State Medicaid Fact Sheets, 2015