**New Mexico Fact Sheet**

### Leading Causes of Death in Mexico in 2017

- **Heart Disease**: 20.9%
- **Cancer**: 19.4%
- **Suicide**: 7.8%
- **All Others**: 26.8%
- **Influenza**: 1.8%
- **Alzheimer's**: 3.1%
- **Liver Disease**: 3.2%
- **Diabetes**: 3.6%
- **Stroke**: 4.7%
- **Chronic Lower Respiratory Disease**: 6.1%
- **Influenza**: 1.8%

### New Mexico has the 12th lowest death rate from cardiovascular disease in the country.**

- Heart disease is the no. 1 killer in New Mexico*
- 3,896 people in New Mexico died of heart disease in 2017*

- Stroke is the no. 5 killer in New Mexico*
- 878 in New Mexico died of stroke in 2017*

### Heart Disease and Stroke Risk Factors in New Mexico***

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>NM</th>
<th>US</th>
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</thead>
<tbody>
<tr>
<td>Adults who are current smokers</td>
<td>17.5%</td>
<td>17.1%</td>
</tr>
<tr>
<td>Adults who participate in 150+ min of aerobic physical activity per week</td>
<td>54%</td>
<td>50.6%</td>
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<tr>
<td>Adults who are overweight or obese+</td>
<td>65.2%</td>
<td>66.6%</td>
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<tr>
<td>Adults who have been told that they have had a heart attack</td>
<td>4.1%</td>
<td>4.2%</td>
</tr>
<tr>
<td>Adults who have been told that they have had a stroke</td>
<td>2.7%</td>
<td>3%</td>
</tr>
<tr>
<td>Adults who have been told that they have angina or coronary heart disease</td>
<td>3.1%</td>
<td>3.9%</td>
</tr>
<tr>
<td>Population of adults (18-64) who have some kind of health care coverage</td>
<td>88.2%</td>
<td>89.5%</td>
</tr>
<tr>
<td>High school Students who are obese++</td>
<td>15.3%</td>
<td>14.8%</td>
</tr>
<tr>
<td>Percentage of population covered by Medicaid/Chip+++</td>
<td>31%</td>
<td>19%</td>
</tr>
</tbody>
</table>

* Based on total number of deaths in 2017. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports. 2017.

* Also known as COPD (Chronic Obstructive Pulmonary Disorder): COPD and allied conditions (including asthma); the term in the ICD/10 is “chronic lower respiratory diseases.”


++ Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.

++ Students who were ≥ 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2017

+++ Kaiser Family Foundation US and State Medicaid Fact Sheets, 2016