Maine has the 13th lowest death rate from cardiovascular disease in the country.**

- Heart disease is the no. 2 killer in Maine*
- 3,009 people in Maine died of heart disease in 2015*

- Stroke is the no. 5 killer in Maine*
- 616 in Maine died of stroke in 2015*

Heart Disease and Stroke Risk Factors in Maine***

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>Maine</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adults who are current smokers</td>
<td>19.5%</td>
<td>17.5%</td>
</tr>
<tr>
<td>Adults who participate in 150+ min of aerobic physical activity per week</td>
<td>53.9%</td>
<td>51%</td>
</tr>
<tr>
<td>Adults who are overweight or obese+</td>
<td>66.5%</td>
<td>65.3%</td>
</tr>
<tr>
<td>Adults who have been told that they have had a heart attack</td>
<td>5.5%</td>
<td>4.2%</td>
</tr>
<tr>
<td>Adults who have been told that they have had a stroke</td>
<td>3.2%</td>
<td>2.9%</td>
</tr>
<tr>
<td>Adults who have been told that they have angina or coronary heart disease</td>
<td>5.3%</td>
<td>3.9%</td>
</tr>
<tr>
<td>Population of adults (18-64) who have some kind of health care coverage</td>
<td>90.3%</td>
<td>91%</td>
</tr>
<tr>
<td>High school Students who are obese++</td>
<td>13.3%</td>
<td>13.9%</td>
</tr>
<tr>
<td>Percentage of population covered by Medicaid/Chip+++</td>
<td>23%</td>
<td>20%</td>
</tr>
</tbody>
</table>