Arizona State Fact Sheet

**Leading Causes of Death in Arizona in 2015***

- Cancer 21.7%
- Heart Disease 21.1%
- Chronic Lower Respiratory Disease 6.8%
- Stroke 4.6%
- Accident 6.5%
- All Others >23%
- Liver Disease 2.1%
- Alzheimer's Disease 5.4%
- Suicide 2.3%
- Diabetes Mellitus 3.8%
- Hypertension 1.8%
- Accident 6.5%

**Arizona has the 7th lowest death rate from cardiovascular disease in the country.**

- Heart disease is the no. 2 killer in Arizona*
- 11,458 people in Arizona died of heart disease in 2015*

- Stroke is the no. 6 killer in Arizona*
- 2,522 in Arizona died of stroke in 2015*

**Heart Disease and Stroke Risk Factors in Arizona***

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>Arizona</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adults who are current smokers</td>
<td>14%</td>
<td>17.5%</td>
</tr>
<tr>
<td>Adults who participate in 150+ min of aerobic physical activity per week</td>
<td>53.8%</td>
<td>51%</td>
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<tr>
<td>Adults who are overweight or obese+</td>
<td>65.3%</td>
<td>65.3%</td>
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<tr>
<td>Adults who have been told that they have had a heart attack</td>
<td>4.3%</td>
<td>4.2%</td>
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<tr>
<td>Adults who have been told that they have had a stroke</td>
<td>2.9%</td>
<td>2.9%</td>
</tr>
<tr>
<td>Adults who have been told that they have angina or coronary heart disease</td>
<td>3.8%</td>
<td>3.9%</td>
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<tr>
<td>Population of adults (18-64) who have some kind of health care coverage</td>
<td>85.9%</td>
<td>89.2%</td>
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<tr>
<td>High school Students who are obese++</td>
<td>10.9%</td>
<td>13.9%</td>
</tr>
</tbody>
</table>

* List includes Puerto Rico and D.C. Based on total number of deaths in 2015. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2015.

^ Also known as COPD (Chronic Obstructive Pulmonary Disorder): COPD and allied conditions (including asthma); the term in the ICD/10 is “chronic lower respiratory diseases.”


+ Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.

++ Students who were a 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2015.