Alaska has the 10th lowest death rate from cardiovascular disease in the country.**

- Heart disease is the no. 2 killer in Alaska*
- 846 people in Alabama died of heart disease in 2015*
- Stroke is the no. 6 killer in Alaska*
- 182 in Alabama died of stroke in 2015*


++ Students who were ≥ 95th percentile for body mass index, by age and sex. Centers for Disease Control and Prevention, Youth Risk Behavior Surveillance System, 2015
+++ Kaiser Family Foundation US and State Medicaid Fact Sheets, 2015

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### Leading Causes of Death in Alaska in 2015*

- Cancer 22.7%
- Heart Disease 19.6%
- Accident 9%
- Chronic Lower Respiratory Disease 4.7%
- Suicide 4.7%
- Stroke 4.2%
- Diabetes Mellitus 3.3%
- Liver Disease 2.6%
- Alzheimer's 1.6%
- Homicide 1.4%
- All Others >26%

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### Heart Disease and Stroke Risk Factors in Alaska***

<table>
<thead>
<tr>
<th>Risk Factor</th>
<th>Alaska</th>
<th>US</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adults who are current smokers</td>
<td>19.1%</td>
<td>17.5%</td>
</tr>
<tr>
<td>Adults who participate in 150+ min of aerobic physical activity per week</td>
<td>58.3%</td>
<td>51%</td>
</tr>
<tr>
<td>Adults who are overweight or obese+</td>
<td>67.2%</td>
<td>65.3%</td>
</tr>
<tr>
<td>Adults who have been told that they have had a heart attack</td>
<td>2.9%</td>
<td>4.2%</td>
</tr>
<tr>
<td>Adults who have been told that they have had a stroke</td>
<td>2.2%</td>
<td>2.9%</td>
</tr>
<tr>
<td>Adults who have been told that they have angina or coronary heart disease</td>
<td>2.9%</td>
<td>3.9%</td>
</tr>
<tr>
<td>Population of adults (18-64) who have some kind of health care coverage</td>
<td>87%</td>
<td>91%</td>
</tr>
<tr>
<td>High school Students who are obese++</td>
<td>14%</td>
<td>13.9%</td>
</tr>
<tr>
<td>Percentage of population covered by Medicaid/Chip+++</td>
<td>18%</td>
<td>20%</td>
</tr>
</tbody>
</table>

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* List includes Puerto Rico and D.C. Based on total number of deaths in 2015. Centers for Disease Control and Prevention. WISQARS Leading Cause of Death Reports, 2015.
* Also known as COPD (Chronic Obstructive Pulmonary Disorder). COPD and allied conditions (including asthma); the term in the ICD/10 is “chronic lower respiratory diseases.”
++ Overweight is defined as having a body mass index (BMI) of 25.0-29.9. Obese is defined as having a body mass index of 30.0 or more.
+++ Kaiser Family Foundation US and State Medicaid Fact Sheets, 2015