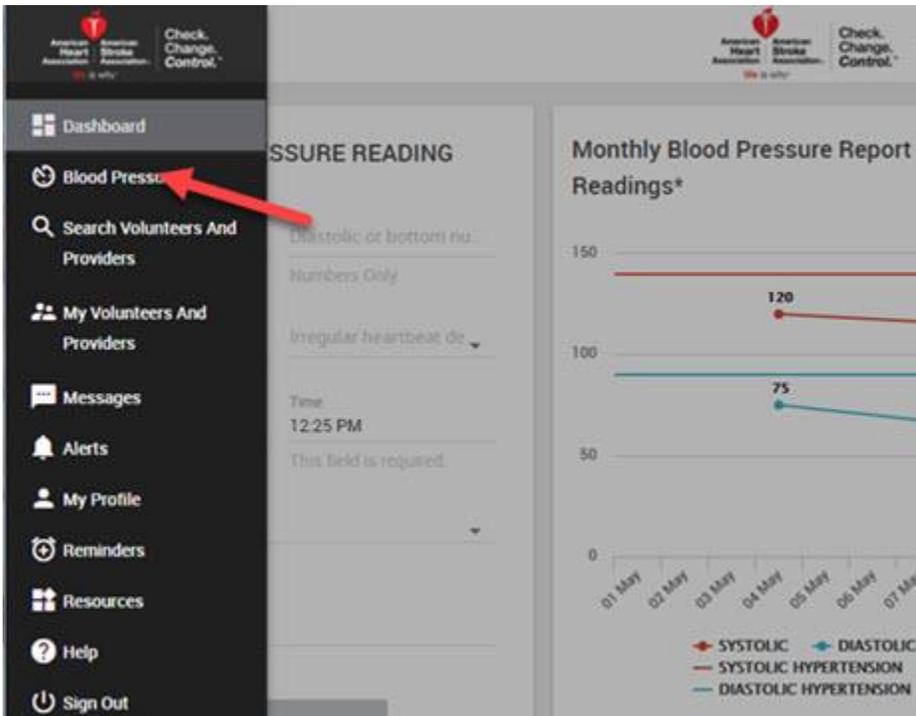


## Participant Blood Pressure Readings PDF Report

To run a PDF report of your blood pressure readings from your CCC Tracker account, click or touch the Blood Pressure option in the black column on the left side of the page:

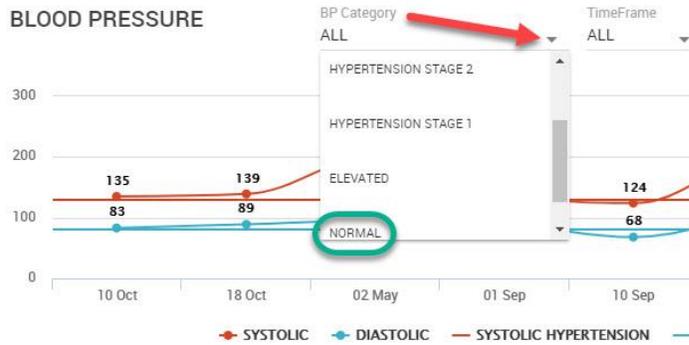


You can run a report based on blood pressure categories (normal, elevated, hypertension stage 1, etc.) and select a time frame. Both these options default to **ALL** and can be found at the top of the page:

### BLOOD PRESSURE



You can select a blood pressure category by clicking on the drop-down arrow at the right with these options: (NORMAL, ELEVATED, HYPERTENSION STAGE 1, HYPERTENSION STAGE 2, HYPERTENSIVE CRISIS)



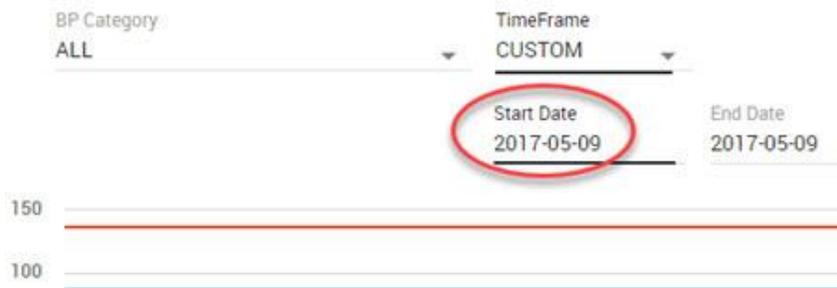
Go to TimeFrame and click on the drop-down arrow to select from these options: (CUSTOM, MONTHLY, WEEKLY)

**BLOOD PRESSURE**



Selecting CUSTOM allows you to choose a specific start and end date for the report. Click on the Start Date and a calendar icon appears (see screenshot on next page).

**BLOOD PRESSURE**



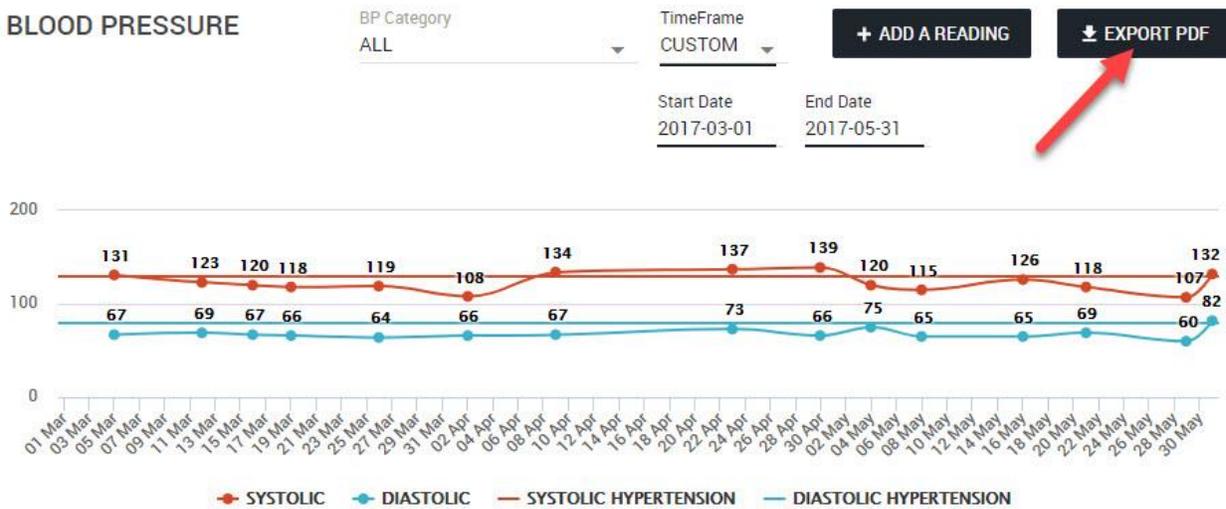
Choose the Start Date and click OK:



Repeat the steps for End Date, click OK:

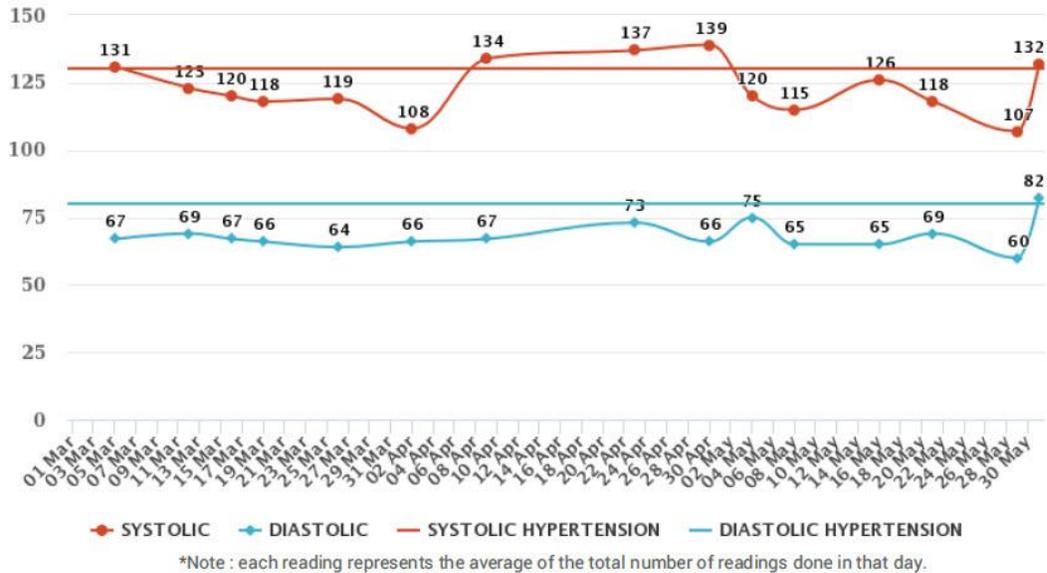


Then click on **EXPORT PDF** button:



A PDF report will be generated and automatically downloaded. The first page shows the graph with all readings plotted with a dot\* for the date each reading was taken:

Blood pressure report for [redacted] between March 01, 2017 to May 31, 2017.



The following pages list each reading in a chart with the most recent reading at the top going back to the earliest entry in the time frame selected. Each reading is color coded to reflect the category it falls under and includes the time the reading was taken, systolic, diastolic reading and other optional information if participant has entered it.

■ Hypertensive Crisis 
 ■ (Hypertension) stage 2 
 ■ (Hypertension) stage 1 
 ■ Elevated 
 ■ Normal

DATE & TIME	SYSTOLIC	DIASTOLIC	HEART RATE	IRREGULAR HEARTBEAT DETECTED	SOURCE	COMMENTS
May 31, 2017. 11:37 AM	132	82	54		Doctor's Office	
May 29, 2017. 09:56 PM	107	60	0		Text (SMS)	
May 21, 2017. 06:15 PM	118	69			Text (SMS)	
May 16, 2017. 06:18 AM	126	65			Text (SMS)	
May 08, 2017. 06:33 AM	115	65			Text (SMS)	
May 04, 2017. 10:25 AM	120	75	0		Home	
Apr 30, 2017. 05:06 PM	139	66			Text (SMS)	
Apr 23, 2017. 04:44 PM	137	73			Text (SMS)	

The last page includes a summary of the options that were used to run the report:

<b>Title</b>	<b>FILTER VALUE ENTERED BY USER</b>
<b>BP Category</b>	ALL
<b>TimeFrame</b>	Custom
<b>Start Date</b>	2017-03-01
<b>End Date</b>	2017-05-31

\*Note: If multiple readings are taken on one day, an average of all systolic readings will be entered in the graph. Same thing applies to the diastolic readings.