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Join us for a **FREE** session to learn about youth sports safety and physical activity.

**Topics covered** • Concussion awareness

**may include:** • Heat and hydration

• Cardiac arrest and CPR

• Overuse injury prevention

This session is open to all parents and guardians.

**Date:** Click for calendar. **Time:** Click here to enter text.

**Place:** Click here to enter text.

**Address:** Click here to enter text.

RSVP to Click here to enter text by Click for calendar.

Presented by

For questions, please contact:

Click here to enter text.

Click here to enter text.

**Learn how you can help keep sports fun and safe!**

**heart.org/BackToSports**